

THE LEARNING TIMES

PUBLICATION OF LEARNING IN RETIREMENT, INC.

July - December 2009 NEWSLETTER

Summer Luncheon Membership Meeting Friday, July 24, 2009

11:30 a.m. check-in and exhibits

Lunch at noon

Community Room, Capital Mall (J C Penney wing) 3600 Country Club Drive, Jefferson City

Entertainment: MADOK's Magic

Our Summer Membership Meeting will be held on Friday, July 24th, in the Community Room at the Capital Mall. (The closest parking and entrance to the Community Room is near Wilson's Fitness Center.) Check-in and exhibits begin at 11:30 with lunch at noon. Ozark Catering will serve a generous buffet that will include choices of meat, vegetables and dessert.

President Barb Swanson will conduct a brief business meeting followed by descriptions of upcoming trips, courses and clubs. Special guests will be LU student scholarship winners and presenters of LIR courses during the past year. A magic show by MADOK and his assistant Hanna "will round out a fun afternoon."

Be sure to invite a friend who can be registered with you on the registration form found in this newsletter. The cost for the lunch is \$9.00 for members and \$14.00 for non-members.

Door prizes for free courses will also be given. Hope to see you there!

President's Note by Barbara Swanson



Through the course of this year I have appreciated experiencing "up close" the dedicated workings of our volunteer leadership. Members of the Board of Directors and committee chairs assume key leadership roles in meeting the major responsibilities of our organization and report "behind the scenes" work at monthly Board meetings. Members of the Board completing terms this year are Mary Lou Gillilan, Mary Kay Linsenbardt, and Hal Hebert. I lead the entire membership in saying a sincere, "Thank You." New Board members to be voted on at summer meeting are Mike Forck, Harry Spray, and Judy Alexiou.

My goals for LIR this year have been:

1) continuing to build membership numbers and involvement. We have 237 members presently. Join me in issuing invitations to friends to attend our summer meeting on July 24. Inform them they can become members at the half-year new member rate of \$25.

2) strengthening our relationship with Lincoln University. We provide scholarships to two LU students, enjoy the entertainment by the students at our meetings and on campus, and utilize LU facilities and website. LU is a great partner!

We welcome back our office manager, Sharon Nelson, from her four month injury-related absence. And we extend our deepest gratitude to Marilyn Graham, sub office manager, who kept the office running smoothly through the busiest time in the LIR year.

Watch the January newsletter for details on the LIR sponsored Health Conference in the spring of 2010. A strong planning committee is led by co-chairmen Rosemarie Turner and Kathy Pabst.

Your participation in LIR exemplifies the words of Abraham Lincoln. "It's not the years in your life that count; it's the life in your years."

Barb

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MEMBERSHIP SOCIAL

December 13, 2009 Scruggs Student Center 3:00 - 5:00

Mark your calendars now for a December social event! Invitations will be mailed to members prior to the event asking for RSVP's and a nominal fee to cover the cost of "drinks" and light refreshments. Plan to enjoy this holiday event with LIR friends!

MID-YEAR MEMBERSHIP DUES

A **new** member who joins after June 30, in a given year pays a membership fee of \$25.00 for the remainder of the calendar year. Mid-year membership applies to a person who has never belonged to LIR or has not been a member for at least a year. A membership registration form is enclosed.



Lincoln University Senior Citizen Program

Lincoln University provides the opportunity for persons age 65 or older to take undergraduate courses, on an audit basis only, at a cost of \$25 per semester up to 12 hours. Registration begins on the first day of the semester on a space available basis. Fall semester registration is August 24 and 25. The University also waives all maintenance, student activity and lab fees, and provides free parking.

You may complete a Lincoln University application (one time) and register on the same day. There is a one-time application fee of \$20. Applications may be obtained by contacting the Division of Continuing Education, 812 East Dunklin, 110 Martin Luther King Hall, Jefferson City, Missouri 65101. Seniors may call Diana Otto, Administrative Assistant in the Division of Continuing Education Office at (573) 681-5206 for assistance.

WANT TO KNOW MORE ABOUT UPCOMING TRIPS?

The Travel Committee will host a "preview" of coming travel events on Wednesday, July 8th at 1:30 p.m. in Soldiers Hall, Room 204 on the Lincoln University campus. Evaluations from our travelers indicate they are interested in more specific details that we do not have space to provide in the newsletter. Come with your questions and enthusiasm to learn more about what's going on! Refreshments will be served so visit with us on the 8th.

*Gentle Reminder—Coach departure time is set with the day's activities carefully planned. A minimum arrival of ten minutes prior to departure would be greatly appreciated! All coaches leave from the parking lot near the ATM at the original west-end Wal-Mart unless otherwise indicated.

*We are offering 'triple occupancy' room rates on both overnight trips this fall. Those sharing a single room (triple occupancy) MUST list their roommates. *NOTE: Cancellation policy for triple occupancy- in the event one traveler cancels and a substitute is not available, the two remaining occupants must share the additional cost of a double occupancy room.* We will continue to find a roommate for you if needed for double occupancy rooms.

*We offer the opportunity to place your name on the 'Wait List". You will be called closer to the time of the event and before final commitments are made when there are openings. No deposit is necessary to be placed on the list. Members from the wait list are <u>frequently</u> called to replace someone who had to cancel.

*Need additional trip information? - Call the trip escorts or Rosemarie Turner, Travel Chair (635-3175); browse the General Membership meeting Travel Displays; check updates on the LIR website; and/or attend the Trip Preview meeting on July 8th!

*Should you need physical assistance on LIR trips, please arrange for a companion to assist you prior to the date of the trip. On occasion you may need special considerations (equipment/service) on a given trip; if so please call the escort listed or the Travel Chair. (635-3175)

*If you are interested in Travel Insurance for extended trips, information is available from Rosemarie Turner, 635-3175.



TRIPS AUGUST - DECEMBER 2009

Meramec Music Theatre and Onondaga State Park Cave

Saturday, August 15, 2009

How long has it been since you heard your favorite "Golden Oldie" or went for a guided tour through a cave? Travel with us to Meramec Music Theatre and the Onondaga Cave State Park.

Our first destination is Onondaga State Park that features the cave and an interpretive center with gift shop that showcases "The Cave State" and explains the significance of Onondaga Cave. Since the tour of the cave is optional, this should prove interesting for those not touring the cave.

The cave tour is an additional \$5.00. This is a guided one mile, one hour twenty minute walk on a paved surface with handrails, no steps, but some slopes. The cave temperature is 57° winter or summer so a light wrap should be considered.

We recommend, for safety reasons, you wear shoes with good traction, as there is the possibility of wet spots on the paved surfaces.

After leaving the Park, we go to Golden Oldies in Steelville for a buffet lunch of meatloaf, ham, vegetables and dessert. After lunch there may be time to wander through specialty shops on Steelville's Main Street that has been restored to its 1900's appearance.

Next is the Meramec Music Theatre which features many types of music, but for this day it will focus on "Golden Oldies", comedy and family entertainment.

Activity level - minimal; except for the cave tour (see above)

Departure time: 7:00 a.m.; Wal-Mart parking lot

Return time (estimate): 6:15 p.m.

Total cost of trip: with cave is \$60; without cave is \$55. Payment: Full amount due with registration.

Trip Escorts: Henry Dahl 635-2139 Don Calvert 636-3826

Mailing address for all LIR correspondence:

Learning in Retirement, Inc.

P.O. Box 105166

Jefferson City MO 65110

St. Louis Landmarks

Friday, September 18, 2009

Put on your walking shoes and join us for a tour of these "Old" & "New" St Louis Landmarks.

Our first tour will be at the Old Courthouse, where half of the group will learn about the history associated with the Old Courthouse. The other half will go to the three story Eugene Field house a few blocks away. *The Field home is not handicapped accessible*. We will then switch groups so everyone will have the opportunity for a docent led tour of both places and learn the connection between these two historic landmarks.

The Old Spaghetti Factory, on The Landing, will prepare our lunch. You will be contacted for your meal choice.

After lunch be prepared for plenty of walking as we tour the "NEW" Busch Stadium before we return home. A good day to get your exercise and learn more about St. Louis landmarks!

Cost of trip covers all entrance fees, transportation, gratuities and lunch.

Activity level: moderate

Departure time: 6:30 a.m.; Wal-Mart parking lot

Return time (estimate): 6:30 p.m.

Total cost of trip is \$52 payable at registration by Aug. 15.

Trip Escorts: JoClare Meyer 636-5762 Vera Rust 893-2507

Float Trip on the Gasconade River

Friday, September 25, 2009

We will gather at Runge Nature Center on September 25th at 7:45 a.m. to car pool to Hilkemeyers in Freeburg where we will then be transported to the "put in" site on the Gasconade River.

Please bring a sack lunch and a bottle of water. The Conservation Department will provide snacks, extra water and cooler space for your lunch. *It is important to be able to easily step in to and out of a canoe*. Our friends at Runge will make this a delightful and educational day.

Trip is limited to 15 participants.

We plan to return to Runge Nature Center at 5:00 p.m.

Total cost of trip is \$23 payable at registration by Aug. 31.

Trip Escorts: Rosemarie Turner 635-3175 Vera Rust 893-2507



TRIPS

AUGUST - DECEMBER 2009

A Green Energy Adventure

Monday - Wednesday, October 12 - 14, 2009

On this learning and exploring trip to Northwest Missouri, we will visit several wind farms, stay at a resort that uses biomass technology for their energy needs, visit an ethanol facility and explore other "green" facets of modern-day living.

After leaving Jefferson City at 7:00 a.m. on Monday, October 12, we stop enroute for a quick lunch on your own, before arriving in Rockport, MO. Rockport is the first community in Missouri to have all their energy needs generated by wind power. The gentleman who was largely responsible for this accomplishment will be our guide.

Traveling on past the lovely Loess Hills of NW Missouri and SW Iowa, we will pause at an ethanol facility before arriving in Nebraska City, NE, where we will spend the night at the Lied Lodge and Conference Center at Arbor Day Farm. An orientation will explain the sustainable solutions and green lodging practices of the Lodge, including a tour of their biomass plant. After checking in, take a walk on the paths past the hazelnut lawn and onto the Arbor Day Farm established by J. Sterling Morton. In fall, the hazelnuts and trees should be at their peak colors. That evening, enjoy a delicious Lodge buffet dinner (included), and then perhaps visit the fitness center or swim in the beautiful indoor pool, complete with a large hot spa.

Breakfast of your choice is included the next morning at the Lodge before we board the coach to visit the nearby Tree Adventure on Arbor Day Farm. Tree-interactive games, a room with changing weather conditions and a tree-ring floor are just some of the indoor adventures. Outside are walking trails, a 5-story tree house, and the Arbor Day Greenhouses. Next you have a choice: take a Discovery Ride around the Arbor Day Farm or tour Mr. Morton's 52 room mansion.

Before leaving Nebraska City, we will visit the Lewis and Clark Interpretive Center. There one can explore a 55 foot long, authentic replica of a keelboat, go into a 48 foot diameter Plains Indian Earth Lodge and see other interactive exhibits. We have lunch planned (included) in a quaint MO River town enroute to our next stop, Squaw Creek National Wildlife Refuge.

In October, Squaw Creek is a stop-over for thousands of migrating waterfowl traveling the Missouri River flyway. We will take in the sights and sounds as we learn more about these beautiful birds and their bi-annual journey.

Next stop, the Drury Inn in St. Joseph, where we plan to arrive in time for the Manager's evening reception. Dinner is on your own at one of several nearby restaurants.

continued in next column



On Wednesday, after breakfast at our hotel (included), we leave for a tour of wind farms at King City and Conception Junction. In King City we will get up close and personal with a windmill and learn more about power generation and distribution. At Conception Junction we will tour the Abbey and enjoy a buffet lunch.

Our next stop is a rare treat. One of only three remaining round "squirrel cage" jails is in Gallatin, MO. We will have a private tour of this historical building. We plan on arriving back in Jefferson City around 7 p.m. after a stop for dinner on your own.

Cost includes all admissions and activities listed in the itinerary, tour related taxes and gratuities, two nights lodging, 2 breakfasts, 2 lunches, 1 dinner.

Activity level: moderate

Departure time: 7:00 a.m. (Oct. 12); Wal-Mart parking lot

Return time (estimate): 7:00 p.m. (Oct. 14)

Total Tour Cost - Double - \$295 Single - \$400 **Triple - \$260**

Note: If you are interested in triple occupancy please see the information on page 2 - Trip Tips.

Registration with deposit of \$125 is required. Final payment due by September 4, 2009.

Trip escorts: Bill / Becky Washburn 635-3194 Rosemarie Turner 635-3175 Henry Dahl 635-2139

CLUBS

Book Club: Meets on the 4th Monday at 1:00 p.m. Facilitator: Carolyn Lott, 635-2967

Bridge Club: Meets the 2nd Monday, 1:00 p.m. Facilitator: Marilyn Graham, 634-7918

Creative Writers' Society: Meets the 2nd Thurs.9:30 a.m. Facilitators: Richard Sandler, 759-7475, and June Glaser, 635-4254

Hiking Club: Each Thursday at 10:00 a.m. Hikes will start on the "Greenway" at the east end of Schnucks unless notified otherwise by email.. Facilitator: Bill Wolkoff, 636-3088 or bnb@socket.net

As a current LIR member you are invited to join, at no cost, any of our LIR clubs by calling June Glaser, LIR Club Coordinator at 635-4254 or the club facilitator. Information / interest in additional clubs, i.e. pinochle, crafts, music, investments may be directed to June. You may also sign up for a club at the membership meeting on July 24th.



TRIPS

AUGUST - DECEMBER 2009

Branson Holiday

Wednesday - Friday, December 2 - 4, 2009

Celebrate the season with an exciting holiday event in the live entertainment capital of the world located in our very own state, at Branson, Missouri. There's no better way to begin the holiday season than a visit to the state-of-the-art Sight and Sound Theatre with its new show, "The Miracle of Christmas". With a 300 foot wrap around stage, live animal nativity scenes, beautiful music, and spectacular staging, the show will come alive before our very eyes! Other performances we will experience include the "Buck Trent Breakfast Show", (two time CMA Instrumentalist of the year); "Kirby and Bambi's Christmas Spectacular", a wonderful magic show with astonishing disappearing acts, huge illusions, and exotic animals. Also included is a magical mystery backstage tour. For those who have not visited the Roy Rogers-Dale Evans Happy Trails Theater and Museum (where you can learn all about the King of the Cowboys and the Queen of the West), reservations will be made to see this fabulous display and entertainment at an additional cost. Those not attending will have the opportunity to spend time at the Branson Landing, located within walking distance of the hotel, where you can relax and enjoy the beautiful landscaping, atmosphere, and fountains, or shop at the many specialty and unusual stores.

A trip to Branson during the Christmas season without a stop at Silver Dollar City would be unthinkable. We will enjoy an 'Old Time Christmas' as we spend an evening enjoying the charm of the theme park wrapped in millions of holiday lights and decorations. There will be live shows of Christmas plays and the awesome 'Gifts of Christmas Holiday Lights Parade'.

Also included on this trip is a tour of the fabulous "Titanic" and a visit to the College of the Ozarks. Here we will tour the grounds on our motor coach with a step on guide (three campus stops) and have lunch on campus at the Keeter Center in the Dobyns Dining Room.

continued in next column

Other favorite stops include Hemingway's at Bass Pro, Springfield, and McFarlain's Family Restaurant in Branson.

Cost includes two nights lodging at the Hilton Promenade on Branson Landing, three shows (four if you choose the additional Roy Rogers show, additional cost), four meals, and other activities as listed in the itinerary making this a Christmas event to remember. Come join the fun and create memories of the '09 holidays with your LIR friends!

Activity level: moderate

Departure time: 7:00 a.m (Dec. 2); Wal-Mart parking lot

Return time (estimate): 10:00 p.m. (Dec. 4)

Total Tour Cost* - Double - \$413

Single - \$518

Triple - \$390



*Roy Rogers-Dale Evans Attraction - *additional cost* of \$32 per person

Note: If you are interested in triple occupancy please see the information on page 2 - Trip Tips.

Registration with deposit of \$125 is required. Final payment due by November 1, 2009.

Trip Escorts: Henry Dahl 635-2139

Bill / Becky Washburn 635-3194 Rosemarie Turner 635-3175

"One is not born into the world to do everything but to do something."

by Henry David Thoreau

FAST FORWARD TO A NEW YEAR



Already the Travel Committee is planning for 2010, searching for exciting and educational places for you to visit and enjoy! The extended trips that have been chosen include the Amana Colonies, Iowa, for our Spring adventure, probably in April, and for the Fall (October) we will return to the city so many have requested--CHICAGO!

Day Trips are still in the planning stage as it is difficult to discover the various venues available this far in advance. We are certainly planning another Jefferson City Tour as well as theatre and musical performances. Historical tours are always in demand so we will keep that in mind as we plan. Remember, we want/need your input—feel free to call any of the Travel Committee members with your ideas. Our goal is to provide you with educational tours and great experiences and to foster friendships on all trips.



COURSES

SEPTEMBER 2009, SESSION I

Bridge - No Trump: Bids, Leads, Plays

Mondays, September 14, 21, and 28; 1:30 - 4:00 p.m.

(Note: No session on September 7th.)

Location: Rm. 7, Soldiers Hall, Lincoln University

Instructor: Jim Nelson, retired librarian, bridge teacher

and bridge player

Class limit: 14 participants



This course is designed for those individuals who have a fundamental knowledge of bridge basics but want to know more about "no trump". Participants will have hands-on experience and instruction.

Facilitator: Marilyn Graham, 634-7918

The Path of Western Music Development from 12,000 B.C. to the Present

Tuesdays, September 8, 15, 22, and 29; 1:30 - 3:30 p.m. Location: Music Room, Central United Church of Christ (UCC) at 118 W. Ashley

Presenter: Dr. Steven Houser is a Professor Emeritus in Music from Lincoln University having taught in the department for 30 years. He was a Fulbright Scholar to Egypt and has performed in Austria, Hungary, Switzerland, Italy and Eqypt. He currently serves as the conductor of the Jefferson City Symphony Orchestra and plays bassoon in the Columbia Civic Orchestra.

Course Description: The instructor will present the development of Western Music through slides, music instruments and music. The path will begin in Egypt and travel through Italy, France, Austria, Hungary and Switzerland. The music that will be played for the class will represent the major composers of the listed countries. There will also be a video presentation of musicians from Egypt and Sudan. The slides will present significant pictures of the countries' religious areas, art, archeology, and examples of city and country living.

Facilitator: Warren Solomon, 893-4407

Exceptional Films with Exceptional Casts

Wednesdays, September 9, 16, 23, and 30; 1:30 - 3:30 p.m.

Location: Meeting Rm., Missouri River Regional

Library

Host: George Dillard, MRRL staff

This course focuses on four "classic" films where the actors give the performance of their careers. Two win best actor; two are ignored, but all star in the best film of their career (critics award). What makes two earn an Academy Award and the other two not?

September 9: ALL THE KING'S MEN: Broderick Crawford stars in a film based on Robert Penn Warren's novel. Award for best picture, best actor, and best actress for Mercedes McCambridge.

September 16: MARTY: Ernest Borgnine, as a Bronx butcher looking for love, wins best actor, and the film wins best picture.

September 23: OF MICE AND MEN: Lon Chaney Jr. gives the performance of his career as Lennie in this adaption of John Steinbeck's novel. It wins strong critical acclaim, but no recognition from the Academy.

September 30: PATHS OF GLORY: Kirk Douglas stars in this acclaimed film which traces the "insanity of war." Rated as one of the strongest films ever produced in Hollywood by film critics, no recognition of the film is granted by the Academy.

Facilitator: Jim Nelson, 635-2662

Our DNR: Power Production and Pollution Prevention

Thursdays, September 3, 10, 17, and 24; 1:30 - 3:30 p.m.

Location: Rm.8, Soldiers Hall, Lincoln University

Department of Natural Resources specialists will cover a variety of environmental quality topics that impact everyone who lives in our state. (Course presenter is listed following the title of each week's topic.)

Sept. 3 - *DNR History and Water Quality*; Tim Rielly

Sept. 10 - Biofuels; Roger Korenberg

Sept. 17 - Wind Power; Charles Pappas

Sept. 24 -Air Quality, Especially Ozone; Jeffrey Bennett

Facilitator: Dr. David Scherr, 635-1217



COURSES

OCTOBER 2009, SESSION II

Life and Ministry Teachings of Jesus Christ

Mondays, October 5, 19, 26 and November 2; 1:30 - 3:30 p.m.

(Note: No session on Oct. 12th and course continues into Nov.)

Location: Rm. 8, Soldiers Hall, Lincoln University **Presenter:** W. B. Tichener, lawyer and Baptist minister

This course begins with the historical description of the place and time of Christ and proceeds through Christ's ministry as found in the four New Testament Gospels.

Participants are asked to bring a Bible.

Facilitators: Dr. Jim and Gloria Leslie, 635-5254

The Plantagenet Kings of England

Tuesdays, October 6, 20, and 27 and November 3; 10:00 - 12:00 noon

(Note: No session on Oct. 13th and course continues into Nov.)

Location: Rm. 8, Soldiers Hall, Lincoln University

Presenter: Connie Reichart, retired teacher

The lives and governments of the Plantagenet Kings include Henry II and Eleanor of Aquitaine (their story was told in the movie *Lion in Winter*); Richard the Lionhearted; King John of Magna Carta fame; and Richard III, who Shakespeare had saying, "a horse, a horse, my kingdom for a horse".

Facilitator: June Glaser, 635-4254

Course Information

- Courses are offered four times during the year and divided into Sessions I and II in the spring with III and IV in the fall.
- Registration forms are provided in the LIR newsletter or on the LIR web site. There is a \$12.00 fee for each course unless otherwise noted.
- Location of courses varies depending on topic and size of class. If a course is located on the Lincoln University Campus, a parking tag is required. Parking permits may be acquired through the LIR Office located in Soldiers Hall or call 681-6152 to request the form.

Cultural Regions of Missouri

Wednesdays, October 7, 21, 28. November 4; 1:30 - 3:30 p.m.

(Note: No session on Oct. 14th and course continues into Nov.)

Location: Fellowship Hall, Faith Lutheran Church, 2027 Industrial Drive

Presenter: Dr. Walter Schroeder, Professor Emeritus of Geography at the University of Missouri. His primary interests are in environmental geography and Missouri geography. He is a native of Jefferson City.

Lying where westward migration routes converged, Missouri experienced one of the most complex and fascinating histories of settlement in the United States. You will learn about the major cultural groups that settled the state, from native Indians to 20th century immigrants. The presenter will identify observable features in the landscape that distinguish the individual cultural regions.

Facilitator: Dr. David Linsenbardt, 636-3727

Poetry by William and Dorothy Wordsworth

Thursdays, October 1, 8, 15, and 22; 1:30 - 3:30 p.m.

Location: Central United Church of Christ (UCC) at 118 W. Ashley

Presenter: Dr. Linda Wyman

By popular request, Dr. Wyman will again teach an LIR poetry course focusing on the writings of Dorothy Wordsworth, who was often over-shadowed by her brother, William Wordsworth, and his romantic poetry. Dorothy preferred to collaborate with William rather than publish her own works. This course will examine her writings as well as her brother's.

Facilitator: Phyllis Von Der Bruegge, 893-3868



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LEARNING IN RETIREMENT, INC. MEMBERSHIP BENEFITS

| EDUCATION | .Short courses planned for LIR members interests |
|-----------------|---|
| TRAVEL | Educational trips with old and new friends |
| CLUBS | Book, Bridge, Writing, Hiking; others pending |
| GATHERINGS | .Business / social meeting twice annually |
| COMMUNICATION | Semi-annual newsletter, web site |
| LIBRARY ACCESS | Access to library cards for L. U. s Page Library and Missouri State Library |
| PARKING | .Tag for L.U. campus provided |
| CONTACT INFO | (573)681-6152; <u>lir@lincolnu.edu</u> |
| | Web site - (www.lincolnu.edu/pages/799.asp) |
| | Office hours: Hours – 10-12 noon, Mon Thurs. |
| OFFICE LOCATION | .903 Lafayette Street, Soldiers Hall - Rm. 7, L.U. campus |

Mark your calendars for the Winter Membership Meeting to be held on Friday, January 22, 2010. Time and place to be announced at a later date.