

The Learning Times

A Publication of Learning in Retirement, Inc.

From the President

Winter Membership Meeting

Wednesday,
January 19, 2022

1:00 p.m. – 3:00 p.m.

St. Martins Knights
of Columbus Hall

537 State Highway T

St. Martins, MO

Welcome LIR Members to 2022!

As we look back on 2021, it certainly has been a year of fluctuations with ups and downs for many of our activities affected by the pandemic. As we move into the new year we look forward to a resumption of a more “normal” way of operating for our organization.

You will notice with a full slate of courses, educational travel opportunities, and club offerings — on the registration forms — we are moving forward into pre-pandemic levels of operation. Please look over all the opportunities and enjoy the offerings as a part of your LIR membership.

Speaking of membership, since we are moving into a normal phase of operations, we are moving our dues structure back to a pre-pandemic level, with each individual membership returning to \$40. The membership packet includes the registration form for membership in 2022.

At the beginning of a new programmatic year, we have several retiring board members, and we want to acknowledge each of them for their wonderful service to LIR during their terms. Those whose terms expire are Marge Kudrna, Cathy Middleton, Barb Barnard, and Don Newman. Each of these individuals served in various capacities on the board during their tenure: Marge, chair of the Travel Committee; Cathy, chair of the Sunshine Committee; Barb, chair of clubs; and Don as past president. The new board members include Lorraine Brooks, Barb Maxwell, Sheila Scott, and Cindy Stephens, and we look forward to their service!

We also are considering an additional committee in 2022, which would be a service/social outreach committee. The idea would be to give LIR members an opportunity to get involved in volunteering for various benevolent causes in our community. Examples might be ringing bells for Salvation Army, working with Relay for Life, helping with Building Community Bridges or Samaritan Center, just to name a few. Your thoughts on this as LIR members will be greatly appreciated.

One additional item is to build back our membership numbers to the pre-COVID-19 number and beyond. Before the pandemic, we had 400 plus members – today we have around 340. As more and more people are entering retirement age – and you know many of them – encourage them to join LIR and take advantage of the wonderful opportunities we offer. Also, encourage members who dropped out because of COVID-19, or any other reason, to return. We are bouncing back from the challenges of the pandemic, but we still need to work hard to re-build our membership. Thanks for your help — I know we can!

I look forward to seeing you at our Winter Membership Meeting at St. Martinss Knights of Columbus on January 19, 2022. Thank you for your participation in LIR!

May you have a blessed new year!

Respectfully,
Stephen H. Buchholz, President

What's Inside?

Page 2

Membership Meeting
Office Closings
Parking Permit Info
Board of Directors
Weather Cancellations

Page 3

Travel Trip Reminders

Pages 4—8

Trips

Page 9

Course Information

Pages 10—14

Courses/Classes

Page 15

Club News

Book List

Photos

Page 16

Clubs

Member Benefits

**LIR Winter Membership Meeting
January 19, 2022
St. Martins Knights of Columbus Hall**

Doors will open at 1:00 p.m. for the LIR Winter Membership Meeting January 19, 2022. This is your opportunity to visit with your fellow LIR members and register for clubs, classes, and trips, as well as enter the raffle for door prizes.

A brief business meeting will begin at 1:45 p.m. with introductions of the board members, committee chairpersons, office staff, and the Lincoln University liaison. Cookies, fruit, punch, and coffee will be served following the meeting.

Winter Meeting Registration Forms (enclosed with this newsletter) are due to the LIR office by January 12, 2022.

Kay Martellaro, Membership & Marketing Chair

LIR Office Closings

The LIR Office will be closed on the following holidays:

- January 17, 2022 (Martin Luther King Jr Day)
- February 21, 2022 (Washington's Birthday)
- May 30, 2022 (Memorial Day)
- June 20, 2022 (Juneteenth Day)
- July 4, 2022 (Independence Day)

**LU / LIR Parking Permits
for 2021-2022**

Lincoln University parking permits for LIR members will be available at the membership meeting on January 19th or during regular hours at the LIR Office. Parking permits are good only for parking on the Soldiers Hall lot. Permits are valid from September 1, 2021, through August 31, 2022.

To obtain the permit, you will need the following information: vehicle make, model, color, license plate number; and your driver's license number. Cost of the permit is \$10.00.

Board of Directors - 2022

Elected Members

- Steve Buchholz, President
- Rita Grace, Vice-President (Clubs Chair)
- Inge Gauck, Secretary
- Terry Rackers, Treasurer
- Lela Bunch (Sunshine Chair)
- Lorraine Brooks
- Kay Freidinger
- Bill Gerling
- Wendy Hansen (Travel Chair)
- Barb Maxwell (Newsletter Editor)
- Sheila Scott (Curriculum Chair)
- Cindy Stephens
- Chris Straub

Ex Officio Members

- Kathel Cooper, Historian
- Nicholas Jackson, Lincoln University Liaison
- Cheri Landers, Office Manager
- Kay Martellaro, Membership & Marketing Chair
- Tom Piper, Web Administrator

Cancellations – Inclement Weather Policy

LIR membership meetings, classes, and clubs may be cancelled due to inclement weather if the Jefferson City Public Schools are not in session (weather related). Local radio and television stations that allow community cancellations will be notified along with one or more of the following: the LIR website, an "ALERT" group email to members, and/or a call tree.

Educational travel cancellations occur ONLY when the contracted coach company cancels due to its determination of highway safety. Travelers are contacted individually if a cancellation occurs.

The Winter (January) General Membership Meeting is scheduled with a make-up date, typically the same day/time/location in the following week. Length and content of this meeting will be adjusted to accommodate the make-up situation. Should a second weather-related cancellation occur for the membership meeting, a business meeting ONLY will be held within one week of the cancelled meeting. The place and time of this meeting will be determined.

TRAVEL TIP REMINDERS

January-July, 2022

****General****

- **LIR Coach trips depart from and return to Walmart Super Center, 724 W. Stadium Blvd. (near the Central Bank ATM). Coaches most often arrive 30 minutes prior to departure time.**
- Put escort names and phone numbers in your cell phone when you are confirmed on a trip. If they need to call you with important information about the trip, you will have them in your contact list and know who is calling.
- LIR trips visit both public and government sponsored sites. It is the responsibility of the traveler to follow the guidelines as dictated by the venues visited.
- Tips are included in the cost of the trip for the coach driver, for all included meals, step-on guides, and donations for charitable venues. Meals on your own and hotel housekeeping tips are at your discretion.
- **Please wear your name badge—it really helps everyone!**

****Health & Safety****

- COVID-19 precautions follow LIR guidelines (based on CDC recommendations) which, at this time, include wearing a mask at all indoor activities and use of hand sanitizer. If the LIR Board changes these guidelines, you'll be notified when we send out reminder letters.
- If someone on a trip later tests positive for the virus, you will be contacted as soon as possible.
- Travelers should carry medication lists with them **AT ALL TIMES**. Your name badge is a handy storage place. **AND**, don't forget all your medications.
- LIR travel requires walking and the physical capability to tour the site. If you have concerns regarding the described activities, please call an escort to discuss the degree of difficulty of the trip's venues.
- Comfort stops are planned for the comfort and well-being of travelers when travel time is between 2 and 2-1/2 hours. Passengers are encouraged to leave the coach for a short walk for their health.
- Water is provided for travelers on all coach trips.
- Travelers with special dietary needs should contact **an escort PRIOR to the trip** to express their required dietary accommodation.

****Registration****

- Submit separate checks for each trip (if possible). Couples may combine payments on one check.
- Checks for multiple trips will be deposited even when placed on a wait list for some trips. Refunds will be made after the date of the trip.
- When registering with a friend for trips, you are strongly encouraged to mail or drop off registrations together as registrations are recorded as received.
- Refunds for trip cancellations depend on the ability to fill the vacancy and/or the recovery of expenses already paid.
- **NO** deposit is necessary to be placed on a wait list.
- Registrants for a trip are automatically added to a wait list if the maximum number of travelers has already been confirmed.

TRIPS: JANUARY — JULY 2022

Auschwitz. Not long ago. Not far away.

The Exhibition at Kansas City Union Station
Tuesday, January 11

Please Note: This trip and registration were offered through the Special Edition of LIR's "The Learning Times" in October. At this time, we have a full enrollment but a fairly short waitlist. We are accepting registrations for the waitlist ONLY at this time with **NO payment.**

This is the most comprehensive exhibition dedicated to the history of Auschwitz and its role in the Holocaust ever presented in North America and an unparalleled opportunity to confront the singular face of human evil—one that arose not long ago and not far away.

The exhibition explores the dual identity of the camp as a physical location—the largest documented mass murder site in human history—and as a symbol of the borderless manifestation of hatred and human barbarity.

Featuring more than 700 original objects and 400 photographs, the exhibition allows visitors to experience artifacts from the Auschwitz-Birkenau State Museum, including hundreds of personal items—such as suitcases, eyeglasses, and shoes—that belonged to survivors and victims of Auschwitz.

Other artifacts include concrete posts that were part of the fence of the Auschwitz camp, fragments of an original barrack for prisoners from the Auschwitz III-Monowitz camp, a desk and other possessions of the first and the longest serving Auschwitz commandant Rudolf Hoss, a gas mask used by the SS, Picasso's Lithograph of Prisoner, and an original German-made Model 2 freight train car used for the deportation of Jews to the ghettos and extermination camps in occupied Poland.

Depart: 9:30 a.m.
Return: 9:30 p.m.

Escorts: Vicki Ford 573-694-0014
Lee Bunch 573-797-3271

Send NO money at this time-- this registration is for the waitlist only. If you are called later to fill a cancellation and can go, cost would be \$66 and you would pay at that time. Cost would include coach fees, driver's tip, exhibit tickets, and water/snacks on coach.

All meals are on your own.

ELVIS: THE MUSICAL

Capital City Productions
Jefferson City

Saturday, February 19

Join us for an unforgettable afternoon of music when Capital City Productions presents **ELVIS: THE MUSICAL.**

This official Elvis Presley bio-musical takes a closer look at the rock star and cultural icon whose impact shaped the history of music and culture. This new musical explores the pivotal moments in Elvis's life through the perspectives of those who knew him best.

Using different lenses to dig deeper into fact vs. fiction, **ELVIS: THE MUSICAL** spans from his impoverished childhood in Tupelo, Mississippi, to his triumphant 1968 "Comeback Special," and his ascent to be "The King."

It features more than 40 Elvis hits and iconic songs including, "That's All Right," "Blue Moon of Kentucky," "All Shook Up," "Heartbreak Hotel," "Burning Love," "Good Rockin' Tonight," "Earth Angel," "Hound Dog," "Don't Be Cruel," "Jailhouse Rock," "Are You Lonesome Tonight," and "Blue Suede Shoes."

You will enjoy a dinner buffet in The Hawthorn Banquet Room by the award winning Argyle Catering.

Time: 11:30 a.m. Doors Open
Noon Buffet Served
1:00 p.m. Performance

Escorts: Martha Kleindienst 573-353-7582
Carol Bowdoin 706-338-5726

Cost: \$42 Total due with registration



Show-Me Columbia

Two Inspirational Sites in Columbia, MO

Tuesday, March 22

Join us for two gem locations in Columbia, Missouri, on Tuesday, March 22. We will depart from the Walmart parking lot on Stadium at 8:15 a.m. and head north. Our first stop will be the new State Historical Society of Missouri (SHSMO).

At this state-of-the-art facility constructed with Missouri woods and stone, we will be welcomed by Dr. Gary Kremer, Executive Director. SHSMO houses thousands of manuscript collections, maps, rolls of newspapers on microfilm, oral history interviews, original photographs, postcards and other graphic materials, a growing collection of Civil War diaries, political papers, genealogy records, and rare books on state and local history.

We'll also discover the state's history through the art gallery, which boasts the nation's best collection of Missouri regional and westward expansion art, including Thomas Hart Benton's *Year of Peril* series, Fred Geary's regionalist woodcuts, and one of the largest collections of paintings by George Caleb Bingham. The art will transport you through the eras that shaped Missouri's history. You will have an hour in each area with time to browse the gift shop.

After lunch at the Olive Garden (included in cost of trip), we will visit Mobility Worldwide. Mobility Worldwide is a nonprofit organization that makes three-wheeled, hand-cranked carts for victims of polio and landmines in underdeveloped countries. The carts are made by volunteers with terrain-mobility steering, a hand crank, a front-wheel brake, and a simple parking brake. This facility constructs, assembles, and ships carts to underdeveloped nations.

We will be able to watch the construction and assembly, and you can even try out the carts yourself! This is a great resource for providing much needed mobility in underdeveloped countries. Mobility Worldwide offers other needed resources to the countries, which we will have an opportunity to learn about and participate in.

After our day of exploring these two exceptional venues, we'll head home, arriving back in Jefferson City at approximately 4:45 p.m.

Depart: 8:15 a.m.
Return: 4:45 p.m.

Escorts: Paula Hilkemeyer 816-518-9039
Marge Kudrna 573-694-8550

Cost: \$60 Total due with registration



From Fish to Wine

Exploring St. James in Springtime

Thursday, April 21

Join us as we celebrate spring!

Departing from the Walmart parking lot on Stadium Blvd., we will head for Maramec Spring Park, just outside of St. James. Our day will begin there with a guided tour of the Park and Ironworks with their naturalist, Kendra Swee. She will accompany us as we walk around the spring. **Please note:** Although this is a short walk, we will be going over some uneven terrain and different surface types. We will also visit the Rainbow Trout Fish Hatchery managed by the Missouri Department of Conservation, the Maramec Museum, and the Agricultural Museum.

From the park, it is just a short coach ride back into St. James. There we will spend a delightful afternoon at the St. James Winery and Public House Taproom. Our hosts will tell us about the area and their companies as well as fill us in on the wine- and beer-making processes before we tour both the winery and brewery. At the conclusion of each tour, you will have an opportunity to taste some of the wines and beers they produce.

Lunch (included in cost of the trip) will be hosted at the Public House Brewing Company Garden. There will be a selection of wood-fired pizzas, spring green salad, and your choice of soft drink, tea, or coffee.

With any remaining time before we head back to Jefferson City, you can visit the winery gift shop or sit and enjoy the spring day with a glass of wine or beer. If you are so inclined, you can walk across the parking lot to a second winery and sample their wines as well.

So, come join us for a great spring day in St. James!

Depart: 7:30 a.m.
Return: 5:30 p.m.

Escorts: Carole Spencer 573-694-5776
Wendy Hansen 573-645-2031

Cost: \$55 Total due with registration

Osage County Ambulances, Farms, & Flowers Wednesday, May 4

Join us as we explore our neighbor, Osage County. We'll depart Walmart parking lot on Stadium Blvd., Jefferson City at 8:30 a.m. on May 4. After we stop for a brief restroom break at the Osage County Community Center, a step-on guide will join us for the day.

Then it's on to Osage Industries, where we'll have a tour of the factory, which has been in operation for 35 years. They began by building personal-use conversion vans. As they moved into the production of emergency vehicles, they began to create high-quality custom ambulances for communities across America.

Not too far away is our next stop, which will be a visit to Linn's St. George Catholic Church, started in 1866. The present building was dedicated in May of 1976, but recently the entire sanctuary was renovated. A member of the parish will be greeting us and be available to answer any questions about the church and school.

A homemade lunch of German pot roast, mashed potatoes, cabbage slaw, and a vegetable will then be served right at the church by the St. Ann's Sodality. Very important--we'll be treated to some yummy homemade desserts!

After lunch, we return to the coach and, after a short drive, will be at the Seven Thunder Bison Farm where we'll be joined by Steve Smyth. He will share the history of the operation, and you will have a close-up view of the bison without getting off the coach.

Next, we'll visit one of the largest farming operations in the Chamois river bottoms, the Paulsmeyer Family Farms. They are a sixth-generation farm and, besides raising corn and soybeans, they grow sweet corn, melons, and pumpkins. They will be sharing their story about the 2019 floods as well as showing and demonstrating some of the equipment that they use in their operation.

To end our tour of Osage County, we head to Countryside Gardens in its picturesque location near Frankenstein. They will visit with us about their operation before turning us loose in their large array of plants, trees, and other garden accessories that we can purchase. Heads up: this is the Wednesday before Mother's Day so, guys, this is a great opportunity to find something for that special woman in your life. And, ladies, it's okay to treat yourselves, too!

We'll load up once more and, after a brief comfort stop at McDonald's near Linn, head back to Jefferson City, returning at approximately 5:00 p.m.

Depart: 8:30 a.m.
Return: 5:00 p.m.

Escorts: John Gulick 573-690-1076
Wendy Hansen 573-645-2031

Cost: \$60 Total due with registration



HAMILTON, THE MUSICAL St. Louis Fox Theater Thursday, May 12

Lin-Manuel Miranda's Pulitzer prize-winning transformation of Ron Chernow's biography, *Hamilton*, into a hip-hop musical took the world by storm. At the center of this groundbreaking multi-award-winning musical is the story of founding father, Alexander Hamilton, whose ambition drove him from the position of Caribbean outsider and bastard child to American war hero and George Washington's right-hand man. In the process, Alexander Hamilton powerfully shaped America as we have come to know it -- and gave us all a template for what it means to pull ourselves up by our bootstraps and realize the American Dream.

This exploration of *Hamilton* is being called "the most exciting and significant musical of the decade." David Brooks, of the *New York Times*, declared *Hamilton* to be "one of the most exhilarating experiences I've had in theatre." With heart, humor, and respect, Lin-Manuel Miranda's musical breathes vibrant, colorful life into this story of America's founding fathers.

For those of you who haven't seen it, you might want to listen to the CD (or watch some YouTube videos). There is so much happening on the stage that it's hard to watch and listen at the same time! Don't be put-off by the label "hip-hop!" Granted, it is not a musical in the *MY FAIR LADY* or *WICKED* tradition, but a blend of styles. The choreography is unbelievable. For those who have seen it, just sit back and enjoy it once more!

Our seats are on the main floor in Orchestra Four, rows V, W, X. We have the entire three rows from aisle four to aisle five, 20 rows from the stage! We are VERY EXCITED about our seats—and excited you won't have to mortgage the farm to pay for your ticket!

After the 1 p.m. matinee, we will have an early dinner at Zia's Restaurant on The Hill. The meal is included with registration. After dinner, we will travel back to Jefferson City—making one comfort stop, if necessary. More information will be included in your notification letter in April.

Please NOTE: COVID-19 protocols (proof of vaccination and masks worn inside theater) are currently in effect at the Fox Theater through January 4th. We will keep you advised as to what protocols are required in our April reminder letter.

Departure time: 9:15 a.m.
Return: 8:30 p.m.

Escorts: Vicki Ford 573-694-0014
Martha Kleindienst 573-353-7582

Cost: \$190 \$100 due with registration
\$ 90 final payment due March 30

Where the Wild Things Are Wednesday, May 25

We hope you will join us for a trip on the wild side. This one-day adventure along the I-44 corridor focuses on animals: rescuing horses, saving endangered wolves, and preserving and protecting birds around the world. These are mostly outdoor venues with walking on paved and natural paths. Benches are provided along the way for anyone wanting to rest.

We depart from the Walmart parking lot on Stadium Boulevard at 7:15 a.m. on Wednesday morning. We will go directly to the Longmeadow Rescue Ranch near Union, arriving at approximately 9:00 a.m. and will take a brief comfort break before beginning our tour.

The ranch was established in 1988 by George Packwood, Jr. specifically for the care of ranch animals. Initially known as the Packwood Longmeadow Farm, it was later renamed the Longmeadow Rescue Ranch. The ranch focuses on rescuing and training horses but is also home to some other farm animals affectionately referred to as barn buddies. We will spend two hours learning about the ranch, enjoying a wagon ride around the grounds, taking a short walk through the stables, and exploring the gift shop.

At 11:15 a.m., we will board the coach for a delicious buffet lunch at the Pacific Brew Haus. The three-story building was built from remaining material and ornaments of the 1904 St. Louis World's Fair. Lunch will be served on the third floor, which is accessible by stairs or elevator. The "Opera House of Pacific" still houses a complete 1904 World's Fair stage. Additional World's Fair memorabilia is available for your viewing.

At 1:15 p.m., we will board the coach for the Endangered Wolf Center. For more than four decades the Center, founded by Marlon Perkins, has been recognized for its achievements and leadership role in the recovery of the endangered species in its care. Its mission is to preserve and protect Mexican wolves, red wolves, and other wild canid species through carefully managed breeding, reintroduction into their native habitat, and inspiring educational programs. It is approximately a one and a half-mile walk to view five different endangered wolf breeds and learn about each from our guides. Benches and shade are along the route, and a golf cart is available for anyone who would be more comfortable riding instead of walking. They have an extensive gift shop with wolf displays and benches if you prefer to spend time there.

At 3:00 p.m., we will head for the World Bird Sanctuary. Established in 1977, the Sanctuary works to preserve and protect bird species around the world against endangerment and extinction. More than 200 non-releasable birds are in its care, and 500 birds are receiving medical care in its rehabilitation hospital. Our one-hour tour will be led by guides as we walk along the enclosures and learn about the various species. If you need to rest a bit, benches are provided along the paved walkway. You can also relax at the tables and chairs near the gift shop.

(Continued in next column)

At 4:30 p.m., after a day with the wild things, we will board the coach for home, stopping at the Union McDonald's for a 30-minute comfort and food break. We will depart at 5:30 p.m. with an estimated 7:00 p.m. arrival time at the Jefferson City Walmart.

Depart: 7:15 a.m.
Return: 7:00 p.m.

Escorts: Kay Martellaro 573-680-6058
Kay Freidinger 573-645-3116

Cost: \$100 Total due with registration



Rollin' with the Rivers Great Rivers Road Trip Wednesday-Thursday, June 29-30

Rivers are such an important part of our country's story, and on this trip, we're going to explore and experience two of the major arteries that make up the Midwest's history: the Mississippi and Illinois Rivers.

We leave early Wednesday morning, June 29, from the Walmart Parking lot on Stadium Blvd., and, after a comfort stop at Warrenton, head for the Lewis & Clark State Historic Trail Site in Hartford, Illinois, which commemorates Camp River Dubois. This is the camp where Meriwether Lewis and William Clark planned their journey to explore the western U.S. with the Corps of Discovery from December 1803 to May 1804. We'll watch the film "At Journey's Edge" and while wandering through five exhibit rooms, view a 55-foot full scale "cutaway" keelboat as well as other interesting exhibits. A replica of Camp River Dubois is located outside of the Interpretive Center.

Next, we'll enjoy a picnic lunch at the covered pavilion at the Lewis & Clark Site before heading to the National Great Rivers Museum & the Melvin Price Locks & Dam. Our group will rotate between a guided tour of the lock structure, a movie, and museum. The Locks and Dam help control the flow of the Mississippi and are the means by which barges are able to navigate the river. Constructed between 1978 and 1994, it is one of the largest lock structures on the river.

(Continued on next page)

As we leave the Locks & Dam, we begin our drive along the Great River Road (recognized as one of the most scenic river drives in the country) to the Grafton SkyTour at Aerie's Resort. By now, we've had a lot of educational input, so this will be our time to relax a bit while actually experiencing the river in a unique way! The winery/resort is located atop the bluffs of the majestic Mississippi with breathtaking views of the confluence of the Illinois and Mississippi Rivers. To get to those views, we'll soar over the treetops in an aerial-lift (either open chair or enclosed gondola!). We will arrive and depart to the winery this way. (If you choose not to ride on the aerial, we'll also have a shuttle bus option, as the coach cannot maneuver the steep road.) While at the winery, you may enjoy a glass of wine, other beverage of your choice, or a snack (on your own).

Leaving the winery, we'll travel about ten minutes up the road to Pere Marquette Lodge in Pere Marquette State Park where we'll have dinner and spend the night. The main part of the Lodge was built by the Civilian Conservation Corps during the Great Depression of the '30s. It was constructed of limestone and massive timbers and is nestled in a very scenic area with a terrace and walking areas that you can enjoy. It features a 700-ton stone fireplace in the Great Room, life-size chess set, indoor pool, and an on-site winery.

After we get settled in and freshened up, we'll be treated to a fried chicken dinner with all the fixings (that the Lodge is widely known for). They will be able to accommodate dietary needs if we let them know in advance. The rest of the evening is yours for relaxation of your choice.

The next morning we'll begin with a buffet breakfast at the Lodge and then head out at 9:30 a.m. for the Grafton Harbor, where we'll board the Hakuna Matata (no worries!) for a boat cruise of the Mississippi and/or Illinois Rivers. This is another way to experience the river. Some drinks/snacks will be available for you to purchase.

We will then travel south to Collinsville, Illinois, where we'll have a tour, tasting, and lunch at Old Herald Brewery & Distillery. This former site of the Collinsville Herald newspaper has been transformed into a full-service restaurant, production brewery, and craft distillery. Craft beers such as Proofreader Pale and Printer's Ink harken back to the site's printing history. The buffet lunch and tasting are included in the cost of the trip.

After lunch, we have about a ten-minute drive to Cahokia Mounds State Historic Site. Here we explore the remains of the most sophisticated Indian civilization north of Mexico from about 700 A.D. to 1300. The site was once home to nearly 20,000 Native American Indians who thrived amid more than 120 mounds. The 2,200-acre tract is also designated as one of 24 World Heritage Sites in the U.S. We'll all view the wonderful "City of the Sun" video followed by self-guided viewing of the interpretive center inside or hiking the interpretive trails outside. The largest mound, Monks Mound, has 147 steps to the top and affords a great view of the region,

(Continued in next column)

including downtown St. Louis and the Gateway Arch (on a clear day). The climb is purely optional, and we'll decide at the time if there is interest for **some** to do that.

As we leave Cahokia Mounds, we'll cross the Mississippi once more and head for home with a comfort stop in Warrenton. We will arrive back at Walmart in Jefferson City by approximately 6:40 p.m. We hope you will have gained a new appreciation for the power, usefulness, and beauty of one of our most precious resources -- the river.

Depart: 7:30 a.m., Wednesday, June 29
Return: 6:40 p.m., Thursday, June 30

Escorts: Wendy Hansen 573-645-2031
Julie Cook 573-230-4914

Cost: Single: \$320 \$180 due with registration
\$140 final payment due by May 18

Double: \$260 \$150 due with registration
\$110 final payment due by May 18

FREAKY FRIDAY

The New Theatre, Overland Park, KS
Saturday, July 30

Freaky Friday is a new musical adaptation of the beloved novel and the hit Disney film of the same name. It's a heartfelt, comedic, and unexpectedly emotional update on the American classic. When an overworked mother and her teenage daughter magically swap bodies, they have just one day to put things right again. By spending a day in each other's shoes, Katherine and Ellie come to appreciate one another's struggles, learn self-acceptance, and realize the immeasurable love and mutual respect that bond a mother and daughter.

To begin our journey, we will meet the coach near the Central Bank ATM on the Walmart parking lot, 724 Stadium West Boulevard, Jefferson City. We will depart at 7:45 a.m. with a comfort stop at McDonald's in Sedalia, arriving at the New Theater in Overland Park, Kansas, at 11:15 a.m.

In addition to the laughs, travelers will also enjoy the wonderful New Theatre lunch buffet prior to the matinee. At 3:30 p.m., we will depart from the New Theatre with another comfort stop at McDonald's in Sedalia. We should arrive back at the Walmart Parking Lot by 7:00 p.m.

Depart: 7:45 a.m.
Return: 7:00 p.m.

Escorts: Martha Kleindienst 573-353-7582
Ed Zagorac 573-230-4840

Cost: \$80 Total due with registration

Courses February through May 2022

MISCELLANEOUS COURSE INFORMATION

Registration forms are provided in the LIR newsletter or on the LIR web site.

At the September Learning In Retirement Board meeting, it was decided that there will now be a \$3 fee for each session of a course, i.e., \$12 for a four-week course; \$9 for a three-week course; \$6 for a two-week course; and \$3 for a single course.

Registration is required for all courses so that adequate seating is available and presenters know how many handouts or other course materials are needed.

Registration should be mailed to the LIR office.

Location of courses varies, depending on the topic and class size. Specific locations for each class are named in this newsletter **or** will be announced in the notification letter you receive. Location changes will also be indicated in the notification letter. Cancellations and other changes can also be found on the LIR website: <https://lincolnu.edu/web/learning-in-retirement> on the Announcement tab and the Calendar tab.

You will receive a copy of your registration form in the mail for your records. This will also inform you if you are on the WAIT List.

Your reminder notification will be **emailed** unless circumstances require USPS mailing.

Please contact the course coordinator or LIR office if you cannot attend **any** session.

If you must cancel a course for which you have enrolled, the registration fee may be refunded if the LIR office (681-6152) receives notice one week prior to the start date of the first class.

Refunds are processed **at the end of the semester** and will be considered on a case-by-case basis by the curriculum chair and the office manager.

After the deadline, should an emergency occur that prevents you from attending the course, the LIR office should be notified as soon as possible.

COVID-19 Adjustments for Courses

We want you to feel safe while attending our courses. The Learning in Retirement Board has instructed that masks will be required at all LIR activities.

We will also follow any social distancing guidelines that are in effect. Because of this, class sizes will be limited based on the guidelines of the venue.

It is more important than ever to inform the LIR office or a course coordinator if you are unable to attend. We will then be better able to accommodate members who are on a Wait List.

Your board continues to monitor these guidelines, which were implemented for your health and safety. If any changes to the above policies are made, you will be notified in your notification letter.

A SPECIAL THANKS TO SCOTT SELLNER

As I noted recognitions for board members whose terms are expiring at the end of 2021 in my president's article – there is one board member pro tem I also want to recognize. Though Scott Sellner was not an official board member for the past couple of years, he served just as faithfully as an "official member" of the board, attending every meeting.

Scott has served for the past several years as the chair of our curriculum committee, which is a huge job providing leadership for the committee. Curriculum envisions, plans, and presents all the courses that are offered each semester. They also must find venues for the classes, secure presenters, and provide coordinators along with proper audio/visual equipment.

Scott not only chaired the committee meetings but attended every class to make sure the doors of the venues were unlocked, lights turned on, and folks could find a parking spot. (Even on rainy days, he was there with an umbrella.)

As we all know, Scott went over and beyond what is required of a committee chair – he was deeply conscientious and thorough – and we are so appreciative!

Thank you, Scott, for all you have done to lead our curriculum committee during your tenure as chair and chair pro tem – you will be missed!

With gratitude,
Stephen Buchholz, President

Courses February through May 2022

FOUR-WEEK COURSES

Getting to Know Lincoln University

Time: 1:30 p.m.-3:30 p.m.
Dates: Tuesdays, February 1, 8, 15, and 22
Place: Presidential Room at the LINC

Presentations by key Lincoln University leaders will focus on the successes achieved by Lincoln and the challenges and opportunities Lincoln faces in the future. LIR members will also learn how to audit certain Lincoln University classes.

Presenters: Dr. John Mosley, Interim President; Terry Rackers, member of Board of Curators; Gary Hill, Police Academy; Dr. Majed Dweik, Agricultural Research and Extension; and Nicholas Jackson; Auditing Lincoln U. classes by LIR members.
Class size limit: 40

Coordinators: Becky Buchholz, 573-690-6579
Chris Straub, 573-636-7195

Cost: \$12

Potpourri of Missouri History

Time: 1:30 p.m.-3:30 p.m.
Dates: Tuesdays, March 8, 15, 22, and 29
Place: Clydesdale Room, Scheppers Distributing

This potpourri of history classes will feature some of our favorite local historians discussing local history topics.

March 8 -- The Building of the First Bridge Across the Missouri River in Jefferson City - Wayne Johnson will give a history of the building of Jefferson City's first bridge across the Missouri River with vintage photographs and how the bridge secured Jefferson City's site as the state's seat of government.

March 15 -- The Influence of the German Progressives - The German Progressives were a group of prominent immigrants that supported Radical Republicanism in post-Civil War Jefferson City. Dr. Walter Schroeder will discuss their influence in area politics.

March 22 -- Convict Labor - Mark Schreiber will discuss the impact of convict labor, not only in the prison, but in the community, with many local business leaders becoming successful through the use of convict labor. (This is the class originally set for last November.)

(Continued in next column)

March 29 -- An Historian's Perspective on Missouri's Bicentennial - Gary Kremer will discuss his newest book, *This Place of Promise* and an historian's perspective of the last 200 years of Missouri's statehood.

Coordinators: Carol Ellinger, 573-893-2331 or 573-230-4006
Jenny Smith, 573-230-8245
Karen Sander, 573-680-9045

Cost: \$12

March Movies: "All the News and More"

Time: 1:30 p.m.-3:30 p.m.
Dates: Wednesdays, March 9, 16, 23, and 30
Place: MRRL, 214 Adams Street 2nd floor

March 9: His Girl Friday is a 1940 American screwball comedy starring Cary Grant and Rosalind Russell. The plot centers on a newspaper editor, Walter Burns, who is about to lose his ace reporter and ex-wife, newly engaged to another man. They cover one more story together, getting themselves entangled in the case of murderer Earl Williams, as Burns desperately tries to win back his wife.

March 16: All the President's Men is a 1976 American political biographical drama about the Watergate scandal. Washington Post reporter Bob Woodward covers what seems to be a minor break-in at the Democratic Party National headquarters. He is surprised to find top lawyers already on the defense case, and the discovery of names and addresses of Republican fund organizers on the accused list further arouses his suspicions. The editor of the Post is prepared to run with the story and assigns Woodward and Carl Bernstein to it. They find the trail leading higher and higher in the Republican Party, and eventually into the White House itself.

March 23: Absence of Malice is a 1981 American drama thriller. Mike Gallagher is a Miami liquor wholesaler whose deceased father was a local mobster. The FBI organized crime task force have no evidence that he's involved with the mob but decide to pressure him into perhaps revealing something - anything - about a murder they're sure was a mob hit. They let Megan Carter, a naive but wellmeaning journalist, know he is being investigated and Gallagher's name is soon all over the newspaper.

(Continued on next page)

Courses February through May 2022

Gallagher has an iron-clad alibi for when the murder occurred but won't reveal it to protect his fragile friend Teresa. When Carter publishes her story, tragedy ensues. Needing to make amends, Carter tells Gallagher the source of the first story about him, and he sets out to teach the FBI and the Federal Attorney a lesson.

March 30: Good Night and Good Luck is a 2005 historical drama. In the early 1950s, the threat of Communism created an air of paranoia in the United States and exploiting those fears was Senator Joseph McCarthy of Wisconsin. However, CBS reporter Edward R. Murrow and his producer Fred W. Friendly decided to take a stand and challenge McCarthy and expose him. However, their actions took a great personal toll on both men, but they stood by their convictions and helped to bring down one of the most controversial senators in American history.

Coordinators: Karen Sander, 680-9045
Lai Lin Wilson, 690-7874

Cost: \$12

Hispanic Awareness

Time: 10:00 a.m. to noon
Dates: Wednesdays, April 6, 13, 20, and 27
Place: Alphonse J. Schwartze Memorial Catholic Center,
2207 W. Main Street

Deacon Enrique Castro is back by popular demand to share with us his expert account of the fastest growing population in Jefferson City. The Hispanic journey is a story told with historical facts and a pinch of humor adding to his passion.

Deacon Castro is joined by a team of women from El Puentes who will share with us the diverse cultural nuances of Central and South America. The food, the language, and the music speak clearly to this diversity. Come share in this informative presentation.

Presenters: Deacon Enrique Castro & El Puente staff

Coordinators: Mentha Bolton-Bakari, 414-736-4555
Bill Gerling, 573-220-4319
Carol Ellinger, 573-893-2331
or 573-230-4006

Cost: \$12



U.S. Post-Civil War Reconstruction

Time: 1:30 p.m.-3:30 p.m.
Dates: Thursdays, April 7, 14, 21, and 28
Place: Masonic Lodge, 3211 Masonic Ct

As the southern War of Rebellion faltered and the U.S. army occupied southern states, the federal government began to organize new state governments in the South.

Congressional leaders rejected the state governments organized under presidential supervision. Congressional leaders then took over the task. Former leaders in the South resisted these efforts and gradually developed methods of what they called Redemption, the return of control to leaders of the old South, long considered a failure, since the 1940s historians have reassessed the Reconstruction era.

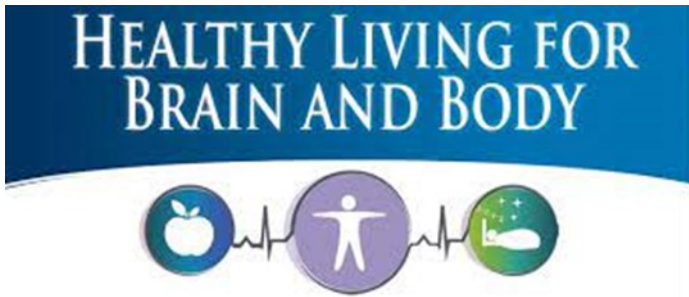
Presenter: Dan Hermann

Coordinators: Bill Gerling, 573-220-4319
Carol Ellinger, 573-893-2331
or 573-230-4006
Karen Sander, 573-680-9045

Cost: \$12

Courses February through May 2022

THREE-WEEK COURSE



Healthy Living for Brain and Body

Time: 10:00 a.m. to noon
Dates: Thursdays, February 10, 17, and 24
Place: Masonic Lodge, 3211 Masonic Ct

For centuries, we've known that the health of the brain and the body are connected. Science is now able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy.

One out of four older people falls each year, causing more than \$50 billion in medical costs.

Join us to learn about healthy choices in the areas of diet and nutrition, exercise, cognitive activity, and social engagement. We will also learn about early warning signs for Alzheimer's and dementia, as well as current treatments and new research.

Presenters: Greater Missouri Chapter of Alzheimer's Association, Ben Fury with Stop Falling NOW!

Coordinators: Janice Orr, 573-291-7628
Bill Gerling, 573-220-4319
Karen Sander, 573-680-9045

Cost: \$9

These two ladies, Marla Buechter and Cheri Landers, are who keeps Learning in Retirement running smoothly. They answer the phone and answer your questions. They do whatever work the Board of Directors needs done, and they do it with a smile.

Stop in the office and tell them how much their work is appreciated.

TWO-WEEK COURSE

Native American Sacred Mounds

Time: 10:00 a.m. to noon
Dates: Wednesdays, May 11 and 18
Place: Clydesdale Room, Scheppers Distributing

May 11: Clark's Hill/Norton State Historic Site: Located east of Jefferson City and bordered by two great rivers, this small site encompasses a rich and varied history. It was twice visited by the Lewis and Clark Expedition and later, by members of the expedition. Also at that time, it was part of the territory of the Osage Nation and held remembrances of the Late Woodland people. Linda Vogt is the presenter.

May 18: Native Culture Sacred Mounds: Why are the burial grounds sacred? What does this mean to the indigenous peoples and to their culture? These and other questions will be answered by a Native-American Elder who organized a marathon to save the sacred grounds. The run started in Wisconsin and quickly expanded to the nation, and then responses came from around the world.

Ben Yahola is the Southeast Regional Director for the Preservation of Sacred Grounds and is looking to expand his territory.

Presenters: Linda Vogt and Ben Yahola (via ZOOM)

Coordinators: Jenny Smith, 573-230-8245
Mentha Bolton-Bakari, 414-736-4555

Cost: \$6



Courses February through May 2022

ONE-WEEK COURSES



“Never Again...” Children of the Survivors of the Jewish Holocaust Speak

Time: 1:30 p.m.-3:30p.m.
Date: Wednesday February 9, 2022
Place: Clydesdale Room, Scheppers Distributing

A brief history of the Jewish Holocaust will be presented, after which the children of the survivors of the Jewish Holocaust share experiences passed down to them.

As each generation hands on the stories of the horrific experiences, they embrace the legacies that will ensure “Never Again,” because the lessons learned will be before them as a learning tool.

Come and empathically experience history!

Presenters: Ms. Shelly Cline, Historian, and Children of Survivors
Coordinators: Mentha Bolton-Bakari, 414-736-4555
Becky Buchholz, 573-690-6579

Cost: \$3



Three Exciting Trips

Time: 10:00 a.m. to noon
Date: Friday, March 4
Place: Clydesdale Room, Scheppers Distributing

Presenter Lois Bax, who has led trips to all corners of the world, will make a presentation about three of the most exciting locations she has visited.

Enjoy the trips through the eyes of a well-travelled leader and imagine being there with her, as she presents about India, Kenya, and the Galapagos Islands.

Presenter: Lois Bax

Coordinators: Chris Straub, 573-636-7195
Eunice Straub, 573-230-6707

Cost: \$3



Technology Serving Seniors: Focus on iPhone

Time: 1:30 p.m.-3:30 p.m.
Date: Thursday, March 10
Place: Clydesdale Room, Scheppers Distributing

This course is a detailed presentation about major and minor features of the Apple iPhone, plus descriptions of how to get the most out of the essential apps in the iOS operating system, culminated with problem-solving responses to questions.

Presenter: Tom Piper

Coordinators: Eunice Straub, 573-636-7195
Pamela Kormann, 573-680-0106

Cost: \$3

ONE-WEEK COURSES

Astronomy: Early Spring Sky Spectacular

Time: 1:30 p.m. -3:30 p.m.

Date: Thursday, March 17

Place: Clydesdale Room, Scheppers Distributing

Have you ever wanted to know more about the stars and planets as you observe the night sky? Well, we have an excellent course offering and presenter to help you understand more!

Valentine H. Germann, an authority on Astronomy, is an observing assistant at the University of Missouri Columbia Laws Observatory.

Spring is a great time to offer this course as Mr. Germann tells us the most brilliant constellations of our Milky Way Galaxy are most observable in the south and west in this season.

You will also discover the beautiful Seven Sisters star cluster, along with the Belt of Orion and brilliant Sirius, known as the “Dog Star” to the Egyptians some 5000 years ago.

We will also supply you with a star chart to assist star gazing as you step outside and locate these sky spectaculars!

Presenter: Mr. Valentine H. Germann

Coordinators: Becky Buchholz 573-690-6579
Jenny Smith 573-230-8245

Cost: \$3

Technology Serving Seniors: Focus on iPad

Time: 1:30 p.m.-3:30 p.m.

Date: Thursday, March 24

Place: Clydesdale Room, Scheppers Distributing

A detailed presentation about major and minor features of the Apple iPad, plus descriptions of how to get the most out of the essential apps in the iPadOS operating system, culminated with problem-solving responses to questions.

Presenter: Tom Piper

Coordinators: Eunice Straub, 573-636-7195
Pamela Kormann, 573-680-0106

Cost: \$3

JC Area Chamber of Commerce and JC Convention and Visitors Bureau of Development

Time: 10:00 a.m. to noon

Date: Monday, April 18

Place: Clydesdale Room, Scheppers Distributing

Gary Plummer and Diane Gillespie, the leaders of these two important organizations, will discuss important developments affecting Jefferson City and its future.

The Chamber presentation will focus on its mission, vision, strategic plan, board structure, staffing, major events, and how to become involved.

The CVB presentation will feature 2022 marketing efforts and events being hosted in Jefferson City.

In addition, the staff and board members will be highlighted, as well as a report on the impact of the Missouri State Penitentiary on Jefferson City and future developments.

Presenters: Gary Plummer and Diane Gillespie

Coordinators: Becky Buchholz, 573-690-6579
Chris Straub, 573-636-7195

Cost: \$3



Senior Citizen Program at Lincoln University

The Senior Citizen Program at Lincoln University allows people 65 and older to take classes for \$25 per semester — audit only — after regular registration. Participants must be admitted to the university and pay an initial one-time \$20 application fee.

Interested individuals should contact the Division of Educational Innovation and Extended Studies at 573-681-5206.

CLUB NEWS

Two new clubs were formed this year and have several active members.

Mah Jongg meets from 1:30-4:30 p.m. on the first and third Tuesdays.

Hand and Foot cards meets from 1:30-4:00 p.m. on the third Thursday of the month.

New members are welcome in both clubs, as they are in all of the Learning in Retirement clubs. Facilitators are listed on the back page of this newsletter, or you can call the LIR office at 573-681-6152.

Book Club

For those of you who like to read along with the Learning in Retirement book club, the books chosen for the first six months of 2022 are listed below:

January – *The Keeper of Lost Things* by Ruth Hogan

February – *The Weight of Blood* by Laura McHugh

March – *Rebecca* by Daphne Du Maurier

April – *Moloka'i* by Alan Brennert

May – *A Song for the Road* by Kathleen Basi

June – *The Life We Bury* by Allen Eskens

LIR Activities

You never know where you may find LIR members or what they will be doing. Below are pictures from the last few months.



LIR members approach the entrance to Lyceum Theater at Arrowrock on one of the many LIR trips.



LIR members enjoy lunch at Tin Mill Restaurant and Brewery in Hermann, Missouri, while on a tour of stained glass windows in area churches.



Cindy Rackers takes a swing while on an LIR visit to Turkey Creek Golf Center.

CLUBS

Bocce Ball: Mondays, April-June & Sept-Nov

Morning Session at 9:00 a.m.

Facilitator: Barb Wolkoff 636-3088 or bnbwolkoff@mediacombb.net

Afternoon Session at 12:15 p.m.

Facilitator: Lorraine Brooks 636-6829 or loribrooks100@gmail.com

Location: Prison Brews, Ash St.

Book Club: 4th Monday, 1:30-3 p.m.

Facilitator: Barb Maxwell 619-5921 or barbmax44@yahoo.com

Location: LIR Classroom 8

Caller: Theresa Sullivan 635-6404

Bridge Club I: 2nd Monday, 1 p.m.

Facilitator: Helen Wilken 635-0584 or hwilken01@gmail.com

Location: LIR Classroom 8

Bridge Club II: 1st Monday, 1 p.m.

Facilitator: Sue Goedde 619-4376 or joe.suegoedde@gmail.com

Location: LIR Classroom 8

Canasta: 2nd Tuesday, 10 a.m.–Noon

Facilitator: Barb Barnard 896-9485 or sunfairebarb@gmail.com

Location: LIR Classroom 8

Dominoes: 1st & 3rd Monday, 10 a.m.–Noon

Facilitator: Stephanie Robey 314-221-2168 or stephdrobey@gmail.com

Location: LIR Classroom 8

Hand and Foot: 3rd Thursday, 1:30 p.m.

Facilitator: Debbie Cramer 694-1650 or debraellencramer@outlook.com

Location: LIR Classroom 8

Jammers: 1st & 3rd Monday, 10 a.m.–Noon – **SUSPENDED UNTIL FURTHER NOTICE**

Facilitators: Barb Odneal 634-2306 or tabar@mediacombb.net & Jenny Smith 230-8245 or tpsmithster@centurylink.net

Location: St. Joseph Chapel

Mah Jongg: 1st & 3rd Tuesday, 1:30-4:30 p.m.

Facilitators: Louise Hune, 291-4492 or Lhune@gmail.com & Rose Dey, 230-5553 or rosie.dey@gmail.com

Location: LIR Classroom 8

Pinochle: 2nd & 4th Wednesday, 10 a.m.

Facilitator: Linda Amick 782-3566 or porchview17@gmail.com

Location: LIR Classroom 8

Pitch: 1st Wednesday, 1-3 p.m.

Facilitator: Denise Kliethermes 395-4662 or kliethermes@embarqmail.com

Location: LIR Classroom 8

Scrabble: 1st Thursday, 1-3 p.m.

Facilitator: Theresa Sullivan 635-6404 or sullitherm1@embarqmail.com

Location: LIR Classroom 8

Sketchers: 4th Tuesday, 10 a.m.

Facilitator: Rita Schaefer 690-0922 or schaebc5@gmail.com

Location: LIR Classroom 8

Thread Heads: 1st Wednesday, 9:30-11:30 a.m.

Facilitator: Julie Cook 634-2665 or julieret@yahoo.com

Location: LIR Classroom 8

Walking/Hiking: Thursdays, 8:30 a.m. Summer,

9:30 a.m. Winter

Facilitators: John & Ellen Richardson 893-4909 or johnellen@mchsi.com

Location: Varies

Writers: 2nd Thursday, 10 a.m.–Noon

Facilitator: Barb Maxwell 619-5921 or barbmax44@yahoo.com

Location: LIR Classroom 8

LEARNING IN RETIREMENT, INC.

MEMBERSHIP BENEFITS

- EDUCATION.....Short courses planned for LIR members' interests
- TRAVEL.....Educational trips with old and new friends
- CLUBS.....Book, Bridge, Dominoes, Bocce Ball, Music, Scrabble, Canasta, Pinochle, Hiking/Walking & more
- GATHERINGS.....Membership Meetings twice annually, Holiday Social
- COMMUNICATION.....Semi-annual newsletter, LIR web site, periodic emails, Spring & Fall newsletter updates
- LIBRARY ACCESS.....Access to library cards for L.U.'s Page Library
- PARKING.....Tag required for L.U. campus
- CONTACT INFO.....573-681-6152, or www.lincolnu.edu/web/learning-in-retirement
- EMAIL.....lirlearning@outlook.com
- OFFICE HOURS:10 a.m. - 1 p.m., Mon. - Thurs.
- OFFICE LOCATION.....903 Lafayette Street, Soldiers Hall - Rm. 7, L.U. campus
- MAILING ADDRESS.....Learning in Retirement, Inc., PO Box 105166, Jefferson City, MO 65110