

The Learning Times

A Publication of Learning in Retirement, Inc.

From the President

WINTER MEMBERSHIP MEETING

Wednesday, January 24, 2024

1:00 p.m. – 3:00 p.m.

Wardsville Lions Club

3505 Route MO-M Jefferson City, MO. 65101

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Historical Plaques

LIR will soon have two plaques to honor our own history. One plaque will list members of the founding committee; the other will contain the names of the first board of directors (both in 1992). Seven of the 13 founding committee members went on to serve (with others) on the first board.

Welcome LIR members to 2024! The New Year will bring a new semester of LIR classes, travel trips, and opportunities to participate in various clubs. Thanks to our curriculum, travel, and club committee members for all the effort it takes to help make LIR such a great learning organization! Sheila Scott (curriculum), Wendy Hansen (travel), and Sue Hilkemeyer (clubs) have provided the leadership to make all of these learning opportunities available for our membership.

Please plan to attend the annual membership meeting on January 24, 2024, at the Wardsville Lions Club Hall. Our Membership and Marketing Committee, led by Kay Martellaro, and our Hospitality Committee, led by Kay Freidinger, have planned another great opportunity for all of us to get together. We will also have an opportunity to view a plaque honoring LIR's founders and first board members. LIR current board members, John Gulick and Mentha Bolton-Bakari, led a committee to honor the individuals who started LIR.

We are welcoming Linda Amick as our newly-elected LIR board member. She will replace Bill Gerling, who has done a great job as a board member for the past six years. Also leaving the board as an ex-officio member is Past President Steve Buchholz. We are all indebted to Steve for serving three years as President and providing the leadership to get LIR through the problems related to COVID.

Our membership continues to recover from the COVID experience. Before COVID, we had approximately 420 members. Last year, at this time, we had around 320 members. Currently, we have about 370 members.

This is the final newsletter written as your current President. Cindy Stephens becomes President as of January 1, 2024, and Steve Newman becomes our Vice-President. Barb Maxwell, our current secretary, and Terry Rackers, our current treasurer will continue in their roles. What a wonderful team of officers!!

Thanks to all of our board members for their support this past year. I know everyone joins me in also thanking our great office leaders, Cheri Landers and Marla Buechter, for all of their hard work to make LIR a great organization! Also, thanks to Tom Piper for developing our fantastic website, and assisting presenters with their programs. Thanks also to Cecil Caulkins for developing our newsletters.

I appreciate the opportunity to have served as your President in 2023!

Sincerely, Chris Straub

LIR Winter Membership Meeting January 24, 2024

LOCATION:

Wardsville Lions Club 3505 Route MO-M Jefferson City, MO. 65101

Doors will open at 1:00 p.m. for the LIR Winter Membership Meeting on January 24, 2024. This is your opportunity to visit with your fellow LIR members and register for clubs, classes and trips. A brief business meeting will begin at 1:30 p.m., with introductions of the board members, committee chairpersons, office staff and the Lincoln University liaison. Cookies, fruit, punch, and coffee will be served following the meeting.

Winter Membership Meeting registration forms are due to the LIR office by January 16, 2024.

Directions: At the intersection of Routes MO-B and MO-M in Wardsville, take Route MO-M toward Taos. Go 1.9 miles—the Wardsville Lions Club is next to the ballfields.

Our Wonderful Website

Our enterprising webmaster, Tom Piper, provides a lot of content on our website at liric.org. Among other things, Tom has made video recordings of a number of courses LIR has presented in the last few years. They aren't all there, but you can find a real bounty of course videos for programs you may have missed. Best of all, this is free to you. Just click the "courses" link on the website, then scroll down to the bottom, where you will find links to all these courses:

Lincoln University - On The Go,

video courtesy of Dr. John Moseley;

Cultivate Positive Culture,

video courtesy of Gary Wilbers;

Cowboy and Indians, Part II,

video courtesy of Dr. Bruce Scovill;

Famous Missourians (part 3),

slideshow courtesy of LIR presenters;

iPad Best Apps and iPad Basics,

slideshows courtesy of Tom Piper;

Streaming Apps and Streaming Services.

slideshows courtesy of Tom Piper;

12 Days in Egypt,

slideshow courtesy of Jenny and Tony Smith;

Travelogue (Gardens of England and Mystical Wales) Parts 1 and 2,

slideshows courtesy of Alice Longfellow

Travelogue (Italy),

slideshow courtesy of Paula and Bill Gerling;

Board of Directors - 2024

Elected Members

Cindy Stephens, President Steve Newman, Vice-President Barb Maxwell, Secretary Terry Rackers, Treasurer Linda Amick Mentha Bolton-Bakari Lela Bunch (Sunshine Chair) Lorraine Brooks (Historian) John Gulick Wendy Hansen (Travel Chair) Sheila Scott (Curriculum Chair) Jenny Smith Chris Straub, Past President

Ex Officio Members

Cecil Caulkins, Newsletter Editor
Sue Hilkemeyer, Clubs Chair
Cheri Landers, Office Manager
Marla Buechter, Office Manager
Kay Martellaro, Membership & Marketing Chair
Tom Piper, Web Administrator
Lisa Stock, Lincoln University Liaison

LIR Office Closings

The LIR Office will be closed on the following holidays:

January 15, 2024 (Martin Luther King Jr Day) February 19, 2024 (Presidents Day) May 27, 2024 (Memorial Day) June 19, 2024 (Juneteenth Day) July 4, 2024 (Independence Day)

LU / LIR Parking Permits for 2023-2024

Lincoln University parking permits for LIR members will be available at the membership meeting on January 24, or during regular hours at the LIR Office. Parking permits are good only for parking on the Soldiers Hall lot. Permits are valid from September 1, 2023, through August 31, 2024.

To obtain the permit, you will need the following information: vehicle make, model, color, license plate number, and your driver's license number. Cost of the permit is \$10.00.

.TRAVEL TIP REMINDERS

January-July 2024

General

- LIR coach trips depart from and return to Walmart Supercenter, 724 West Stadium Boulevard (near the Central Bank ATM). Coaches most often arrive 30 minutes prior to departure time.
- Seating: When you arrive at the coach, board and choose a seat; it remains yours for the rest of the trip. The front seats on
 either side of the aisle are reserved for the escorts.
- Please put escort names and phone numbers in your cell phone when you are confirmed on a trip. If they need to call you with important information about the trip, you will have them in your contact list and know who is calling.
- LIR trips visit both public and government sponsored sites. It is the responsibility of the traveler to follow the guidelines as dictated by the venues visited.
- Tips are included in the cost of the trip for the coach driver, for all included meals, step-on guides, and donations for charitable venues. Meals on your own and hotel housekeeping tips are at your discretion.
- Please wear your name badge—it really helps everyone!

Health & Safety

- Travelers should carry medication lists with them AT ALL TIMES. Your name badge is a handy storage place. AND don't
 forget to bring all your medications on trips.
- LIR travel requires walking and the physical capability to tour the site. If you have concerns regarding the described activities, please call an escort to discuss the degree of difficulty of the trip's venues.
- Comfort stops are planned for the comfort and well-being of travelers when travel time is between two and two and a half hours. Passengers are encouraged to leave the coach for a short walk for their health.
- Water is provided for travelers on all coach trips.
- Travelers with special dietary needs should contact an escort PRIOR to the trip to express their required dietary accommodation.
- While COVID is still with us, masking and other safeguards are up to the discretion of each traveler or particular venue. You will be notified in your reminder letter if a venue has any requirements.

Registration

- Submit separate checks for each trip if possible. Couples may combine payments on one check.
- Checks for multiple trips will be deposited even when placed on a wait list for some trips. Refunds will be made after the date of the trip.
- When registering with a friend for trips, you are strongly encouraged to mail or drop off registrations together as registrations are recorded as received.
- Refunds for trip cancellations depend on the ability to fill the vacancy and/or the recovery of expenses already paid.
- NO deposit is necessary to be placed on a wait list.
- Registrants for a trip are automatically added to a wait list if the maximum number of travelers has already been confirmed.

TRIPS: JANUARY-JULY 2024

GILLIGAN'S ISLAND

Capital City Productions Saturday, February 17

Just sit right back and you'll hear a tale... Join us for this nostalgic, comedic, musical adventure and its seven iconic castaways. *Gilligan's Island*, the musical production, is a hilarious, fun-filled, larger-than-life production that will appeal to all ages. Based on the American sitcom, the musical follows passengers of the SS Minnow as they attempt to be rescued or rescue themselves from the island where they were shipwrecked after their sightseeing boat was destroyed during a storm.

It's hard to believe that the series, produced by Sherwood Schwartz, aired from 1964 to 1967—only three short years. Like the musical, the iconic characters of Gilligan, the Skipper, the Professor, Ginger, and Mary Ann attempt to be rescued. Their efforts are continuously thwarted by Gilligan, the boat's first mate. According to the series' producer, the underlying concept was that of seven very different people forced to get along and cooperate with one other in order to survive. Character differences created many moments of hilarity for television viewers.

In the musical version, crew rescue attempts are thwarted, not just by Gilligan, but by quicksand, hurricanes...even aliens! Will the castaways finally be rescued? Join us for a fun-filled afternoon of theater and a catered dinner buffet in the Hawthorne Dining Room to find out!

Time: 11:30 a.m. Doors Open Noon Buffet Served 1:00 p.m. Performance

Escorts: Kristin Eddy 571-217-9365 Jane Rosell 253-921-2380

Cost: \$50 Total due with registration



TRUMAN, BINGHAM, and HAPPY TRAILS

Independence Tuesday, March 19

This adventure takes us to the Harry S. Truman Presidential Library and Museum with a comfort stop along the way. Harry Truman was our 33rd President and a native Missourian from Independence. The library has been renovated since our last visit in 2018. Here is an opportunity to learn more about Truman during possibly one of the most crucial times in world history. You will be more aware of what Truman faced and the burden of his decisions. These decisions had long-term significance around the world and continue to affect our lives today. Harry's place in history is both praised and criticized.

Next, we head over to the Bingham-Waggoner Estate in downtown Independence to tour the former home of the famous artist George Caleb Bingham and, later, of the Waggoner family. After we tour the Bingham home and enjoy Bingham's renowned artistry, we will be served a catered meal on-site. The highlight of our meal is being treated to a performance by a Truman impersonator. This should be quite entertaining as Harry was known for being outspoken and colorful.

The next part of our adventure is to take a ride on a Missouri mule-drawn, covered wagon. Reminder: Bring a comfortable jacket appropriate for that day's March weather. We will ride through Independence Square, see three historic "westward ho" trails, the jail built by slaves that held Frank James, and many other historical sites. We will wrap up our day at the National Frontier Trails Museum, where we will learn about the rich history of the pioneers and their journey to the west via the trails out of Independence, including the Santa Fe, California, Oregon, and Mormon Trails.

Our trip to Independence will be a great way to welcome spring, learn more about history and enjoy some socializing with LIR friends after a Missouri winter!

On our way home, we will have a comfort/food stop. There will be time for you to pick up a bite to eat if you like.

Depart: 7:00 a.m. Return: 7:00 p.m.

Escorts: Wendy Hansen 573-645-2031 Jane Rosell 253-921-2380 Janet Lepper 573-680-6703

Cost: \$130 Total due with registration

LET'S GO TO MEXICO

Mexico, **Missouri** – that is! Thursday, April 11

In its heyday, Mexico, Missouri, was a prosperous town known for being on the railroad, which included a huge livestock business, and was also renowned for its brick refractories. Its glory days have passed. However, some of its illustrious past remains. On this trip you have the opportunity to experience both its past and its present.

We begin our visit at 9:50 a.m. at the Audrain County Historical Society (Graceland Mansion). The museum collection is located in the nine-room mansion and contains displays that permit visitors to experience the rich history of the county. For example, the mansion was host to Colonel Ulysses S. Grant during the early days of the Civil War. In addition to seeing Graceland, we will be able to visit a church and one-room school located on the property.

At 11:30 a.m., we will arrive at Presser Hall Art Center for a tour. Presser Hall was originally part of the Hardin College Campus in Mexico. Founded in 1858, this was the first female seminary in the state of Missouri. Theodore Presser initially provided the funds for Presser Hall as a concert hall. He wanted to ensure that smaller communities had access to great performances, just like larger metropolitan communities. We will tour the 100-year-old hall and its backstage area, and we'll learn the building's history.

At 1:00 p.m., we will have lunch at the Missouri Military Academy (MMA) cafeteria, followed by a tour of the grounds. The Academy was established in 1889 to give boys the structure, responsibility, and love they needed to grow, compete, and thrive. MMA is a college-preparatory academy for grades 7-12 with core values of academic excellence, duty, honor, integrity, loyalty, respect, personal courage, selfless service, and leadership. We will walk through the Academy's beautiful grounds as we tour many of the buildings on the 200-acre campus.



Our final stop for the day will be Callaway Fields, LLC. Callaway Fields is a family-owned landscape nursery with a large selection of beautiful plants and shrubs available to enjoy or purchase, if you so choose. Our contact, John Graham, received early horticulture work experience at Disney World and could be the reason for their varied and beautiful inventory. Also, there are some quite unique outdoor decor items.

We will board the coach for Jefferson City at 4:30 p.m. and expect to arrive back in Jefferson City at approximately 5:30 p.m. We hope you will join us for a day in Mexico – Missouri, that is! SO, LET'S GO TO MEXICO!

Depart: 9:00 a.m. Return: 5:30 p.m.

Escorts: Kay Martellaro 573-680-6058 Janet Lepper 573-680 6703 Mike Rehagen 573-636-5789

Cost: \$60 Total due with registration

MASTODONS, MURDER, AND MILE-HIGH PIE

Kimmswick and St. Louis Area Tuesday-Wednesday, April 30-May 1

Intrigued by our title? We think you will be more than interested in this two-day, fun-filled trip.

An early morning start will find us at Grant's Farm shortly after the gates open. Grant's Farm celebrated its 120th anniversary in 2023. Our tour will begin with the Budweiser Clydesdale Close-Up Tour. We will see how they care for these magnificent horses, visit their stables, and get to know them. After our tour, you will have free time on your own to grab a bite to eat, feed the animals, and visit Grant's Cabin, the Deer Park, and the Bauernhof. There is a tram available to take you around the property if you wish. Don't forget to stop by the Anheuser-Busch Hospitality Center for your free beer. Please note: Grant's Farm is a cashless operation, accepting only debit and credit cards. You can convert cash to a no-cost VISA card on site.

Our next stop for the day is the Anheuser Estate and Home. The estate was gifted to Fred and Mable Ruth Anheuser in the 1940s. Fred was the last Anheuser to work at the brewery, retiring as Vice-President. Fred's great-grandfather, Eberhard Anheuser, was the founder of E. Anheuser Brewing Company. The estate was donated to the city of Kimmswick following Mable Ruth's death in 2000. The home, originally built in 1867, contains family and brewery artifacts as well as other memorabilia. The grounds feature splendid views of the river and its indigenous wildlife.

Following our tour of the estate, we will check into our overnight accommodations at the Arnold Drury Inn for a short rest before we are off to dinner. We have planned something very special for you as we head to Frontenac for a private performance at The Dinner Detective Murder Mystery Theater. We will be served a fantastic plated dinner before we enjoy the show by professionally trained actors. Oh, yes, and a few amateurs, because some of you will be chosen to participate. A full cash bar is available for you at your own cost. The show and meal are included in the price of the trip.

Continued on page 6

Day two begins with a tour of the museum at Mastodon State Historic Site. Learn about the extensive Pleistocene-age fossil deposits and see life-size replicas and displays, as well as view a short video explaining the site. From here we make our way to the Kimmswick Visitor Center to learn more about the area and get the lay of the land for the remainder of the day.

Lunch is at the Blue Owl Restaurant in Kimmswick. You will choose from a limited menu which includes (you choose three) salad, soup, quiche, sandwich or dessert. The Blue Owl is known for its "Mile-High Pie" which is a meal in itself. After lunch, we have several hours to explore Kimmswick. The downtown area is easily walkable and boasts 25 unique shops and restaurants. Not into shopping? Walk over and check out the El Camino Real marker designating the oldest road in Missouri that was built by the Spanish in the 1700s. Or see the 1874 Windsor Harbor Bridge which is the oldest wrought iron bridge in the state. Just want to sit and rest? Check out the La Chance Winery. There is something for everyone on this trip.

We will depart Kimmswick late afternoon and arrive home about 6:30 p.m. with our minds and tummies full from our adventure. The trip cost includes transportation, all admissions, the dinner theater, lunch at the Blue Owl, overnight accommodations, and all gratuities.

Depart: 7:30 a.m., Tuesday, April 30 Return: 6:30 p.m., Wednesday, May 1

Escorts: Carole Spencer 573-694-5776 Cindy Stephens 573-280-0336

Cost: Single: \$410 \$250 due with registration

\$160 final payment due by March 27

Double: \$325 \$200 due with registration

\$125 final payment due by March 27

NATURE IN THE CITY

Exploring the Natural Side of Kansas City Friday, May 24

Join us as we explore some beautiful areas in Kansas City—places where we find some unexpected examples of nature within a metropolitan area. This trip was planned for July 2023 but had to be cancelled due to extremely hot temperatures. We are hopeful the May date will work out better!

To begin our day, we will meet the coach for an early departure of 7:00 a.m., stopping for a comfort and food break at the McDonald's in Knob Noster so you can grab a bite of breakfast if you wish.

Then, we head to the Missouri Department of Conservation's Anita B. Gorman Discovery Center, which is situated on Troost Avenue just to the east of the Country Club Plaza in Kansas City. Our group will be divided in half with one group going on an outside guided tour of natural areas with short paved and natural trails through forest, woodland, wetland, and prairie habitats. The area has demonstration beds showcasing how native plants can be used for home landscaping. If the birds cooperate, we might even get to do some bird watching. The other group will get a brief introduction to the educational nature exhibits and rooms inside the building, and then create a simple craft item made with natural components such as leaf painting or making a rope from plant fibers. The Discovery Center staff will surprise us that day with the exact craft, depending on what materials are available. The groups will switch places after an hour so everyone will get to participate in both activities.

Next, we will pick up box lunches at Whole Foods (selection of menu to come later) and ride to the Jacob L. Loose Park where we'll enjoy our box lunches in its covered pavilion. After lunch we will have time for a self-guided walk around the park. Loose Park is one of Kansas City's most popular and historical parks. It is known as the site for the Civil War Battle of Westport, where Confederate forces were routed by Union forces in the area in which the park is now located. A short distance from the pavilion is the Laura Conyers Smith Rose Garden. Today there are about 3,000 roses of nearly 130 varieties. If you want to know more about any rose while visiting the garden, bring your phone to scan the QR code provided on each rose sign.

Our last venue is the Ewing and Muriel Kauffman Memorial Garden. Diverse plant beds feature local and exotic botanicals that change with the seasons. Pruned foliage and flower plantings are framed by stone walls and shaped around fountains and sculpture pieces by Tom Corbin. A tropical greenhouse is the major architectural feature on the garden lawn. Before we enter the garden, an assistant will board the coach to discuss general topics and will be available for any questions as we explore the garden on our own.

We will be outside most of the day, so dress accordingly and wear comfortable walking shoes, as this trip will entail a considerable amount of walking. We will depart for Jefferson City with another comfort stop at McDonald's in Knob Noster and arrive in Jefferson City at approximately 6:45 p.m.

Depart: 7:00 a.m. Return: 6:45 p.m.

Escorts: Paula Hilkemeyer 816-518-9039 Wendy Hansen 573-645-2031

Cost: \$100 Total due with registration

IN THE STEPS OF TWAIN

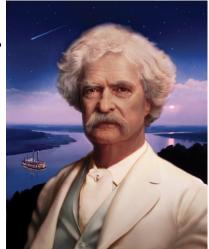
Hannibal Wednesday-Thursday, June 5-6

Samuel Clemens, aka Mark Twain, was born and raised in the small Mississippi river town of Hannibal, MO. Every year, Twain's hometown welcomes hundreds of thousands who come to pay homage to this prolific author. We will join this group of fans on June 5-6 to learn more about the man and his hometown.

Once we arrive in Hannibal (comfort stop on the way), we will stop at the visitor's center to get information about the area. Then it's off to lunch at Fiddlestiks. After lunch, we'll head to Rockcliffe Mansion, the home of a former lumber baron, for a guided tour. This 13,500 square-foot mansion was built from 1898-1900 and housed John Cruikshank, Jr. and family until 1924. Next, we will venture into the downtown area to visit Mark Twain's boyhood home, the famous whitewashed fence, the town museum, and various other buildings that featured in Twain's life.

To really know Mark Twain, we also must spend some time looking at and discussing the muddy Mississippi River. First, we'll check into our hotel to freshen up because the evening will be spent on the Mark Twain Riverboat for a dinner cruise. This replica of the paddleboats that used to ply the Mississippi offers a bit of nostalgia for what Mark Twain must have seen.

On our second day in Hannibal, we'll have breakfast at the hotel, then board our coach to head for more adventures that remind us of Mark Twain. First, we will have a guided tour of the Mark Twain Cave. This cave opened for tours in 1886, one year after it was made famous by the publication of *The* Adventures of Tom Sawver. We'll have the pleasure of visiting the Cave Hollow Winery on the grounds which



opened only a few years ago. After visiting the gift shop and having lunch at the winery, we will get to hear Mark Twain's words from a present-day impersonator. This live presentation conveys all that we have read about the witty and sardonically humorous writer and person.

Tired but knowing Mark Twain a bit better, we will board our coach for the trip home with a comfort stop on the way. The

cost of this trip includes coach, hotel, meals, venues, and gratuities. Join us as we walk in the steps of Mark Twain and learn more about Hannibal.

Depart: 8:30 a.m., Wednesday, June 5 Return: 5:00 p.m., Thursday, June 6

Escorts: John Gulick 573-536-1755 Cindy Stephens 573-280-0336

Cost: Single: \$410 \$250 due with registration

\$160 final pay due by May 8

Double: \$335 \$200 due with registration

\$135 final pay due by May 8

SPRINGFIELD CARDINALS

Minor League Baseball Wednesday, June 12

We've had quite a few requests to return to Hammons Field in Springfield, MO to attend a Springfield Cardinals baseball game. Your wish is our command!

There are very few day games scheduled, but we found something special in the spring called Educational Day, which just happens to fit our schedule. Learning in Retirement's main purpose is to advance our educational development, so it's a good match!

The Springfield Cardinals will be playing the NW Arkansas Naturals (a KC Royals affiliate) on a rare weekday DAY game (actually, it's a morning game) at 11:15 a.m. This makes it much easier to travel during the day and still get home before our bedtimes.

Accommodations at Hammons Field are great. We will be in the Champions Club (inside seating) with a furnished lunch/ snack buffet with beverages (4) included. There is also seating outside the air-conditioned Club room (first base side of diamond), for those who prefer to be outside.

This has been a very popular day trip in the past, and we hope you will join us this year!

Depart: 8:00 a.m. Return: 5:00 p.m.

Escorts: Vicki Ford 573-694-0014

Lee Bunch 573-797-3271 Mike Rehagen 573-636-5789

Cost: \$115 Total due with registration.

SQUABBLES

New Theatre, Overland Park, KS Wednesday, June 19

Come join us as we travel to the New Theatre in Overland Park to see SQUABBLES starring George Wendt (Norm from Cheers) and his real-life wife Bernadette Birkett. This comedy is about the good, the bad, and the in-laws. Jerry and Alice are happily married. Then her father moves in with them. Then his mother moves in with them. Then all hell breaks out...family style.



To begin our journey, we will depart at 7:45 a.m. with a comfort stop at McDonald's in Knob Noster. We will arrive at the New Theatre in Overland Park at 11:15 a.m.



In addition to the laughs, travelers will also enjoy the wonderful New Theatre lunch buffet prior to the matinee. At 3:30 p.m. we will depart from the New Theatre with another comfort stop at McDonald's in Knob Noster. We should arrive back at the Walmart parking lot at 7:00 p.m.

Depart: 7:45 a.m. Return: 7:00 p.m.

Escorts: Lee Bunch 573-797-3271 Martha Kleindienst 573-353-7582

Cost: \$95 Total due with registration

CHARLIE AND THE CHOCOLATE FACTORY

Arrow Rock Lyceum Theatre Thursday, July 25

Come join us for a visit to Willy Wonka's wonderful world of pure imagination. Five lucky young people find a golden ticket in their chocolate bars and win a tour of Willy Wonka's mysterious chocolate factory.

Charlie Bucket, an imaginative boy from a poor family; .gluttonous Augustus Gloop; spoiled Veruca Salt; chewing gum celebrity Violet Beauregarde; and over-amped computer hacker Mike Teavee soon learn that no one leaves the same way they arrived. Based on Roald Dahl's weird and wonderful novel, this fantastical adventure features original music from the songwriters of *Hairspray*, as well as unforgettable songs from the 1971 classic film: "Candy Man," "I've Got a Golden Ticket," "Oompa Loompa Song," and "Pure Imagination."



You won't want to miss this musical! To begin our journey, we will depart from Jefferson City at 11:30 a.m. and arrive at Arrow Rock's Main Street at 1:00 p.m. (where those who would like to shop may get off the coach and walk to the theater on their own which is just 2-3 blocks away).

After the show, we'll enjoy dinner at Olive Garden Italian Restaurant in Columbia, where you will be able to choose from several options. After dinner, we will head back to Jefferson City arriving at approximately 7:30 p.m.

Depart: 11:30 a.m. Return: 7:30 p.m.

Escorts: Kristin Eddy 571-217-9365 Lee Bunch 573-797-3271

Cost: \$110 Total due with registration

COURSES: JANUARY-MAY 2024

MISCELLANEOUS COURSE INFORMATION

Registration forms are provided in the LIR newsletter or on the LIR website.

There is a \$3 fee for each session of a course, i.e., \$12 for a four-week course; \$9 for a three-week course; \$6 for a two -week course; and \$3 for a single course.

Registration is required for all courses so that adequate seating is available, and presenters know how many handouts or other course materials are needed. Registration should be mailed to the LIR office.

Location of courses varies, depending on the topic and class size. Specific locations for each class are named in this newsletter or will be announced in the notification letter you receive. Location changes will also be indicated in the notification letter. Cancellations and other changes can also be found on the LIR website: Learning in Retirement (lirjc.org) on the Announcement tab and the Calendar tab.

You will receive a copy of your registration form in the mail for your records. This will also inform you if you are on the WAIT List.

A reminder notification will be emailed unless circumstances require USPS mailing.

Changes to LIR Course Refund Policy/Procedure Effective 2024

Please contact one of the course coordinators or the LIR office if you cannot attend any session. If you must cancel a course for which you have enrolled, the registration fee will be refunded with a voucher to be used on a course the next semester (instead of issuing refund checks), if the LIR office (573-681-6152) or course coordinator receives notice one week prior to the start date of the first class.

After the one-week deadline, should an emergency occur that prevents you from attending the course, the LIR office should be notified as soon as possible.

Vouchers will be mailed to members at the end of the semester and are non-transferable. Vouchers cannot be replaced if lost. Vouchers will only be issued for missing all sessions of a multi-session course.

To redeem the voucher, attach to the course registration form when registering for courses.

FOUR-WEEK COURSES

COLD WAR AFTERMATH — PROMISE OF A NEW WORLD ORDER

Time: 10:00 a.m. - 12 Noon

Dates: Wednesdays, March 6, 13, 20, 27, 2024 Place: The LINC, 1299 Lafayette Street, Room 204

The Cold War ended with the collapse of the Soviet Union and the dismantling of the Berlin Wall. Democracy and capitalism seemed to be on the rise, as socialism and communism declined. The New World Order stressed free trade and interdependence of nations upon each other. The United States led these efforts. However, the promises of a New World Order were stifled by events such as 9/11 and unsuccessful democratic rebellions in the Middle East.

Presenter: Darius Watson, Ph.D., LU Executive

Director of Academic Initiatives

Coordinator: Bill Gerling 573-220-4319

Asst. Coord.: Mentha Bolton-Bakari 414-736-4555

Cost: \$12

MOVIES — MORE THAN THE 3 R'S

Time: 1:30 - 3:30 p.m.

Dates: Wednesdays, April 3, 10, 17, 24, 2024
Place: Missouri River Regional Library,
214 Adams Street, 2nd floor

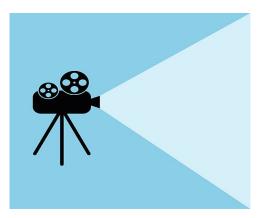
These movies are about teachers who taught more than Reading, Riting, and Rithmetic, and made a difference in their students' lives.

April 3: The Marva Collins Story is a 1981 Hallmark Hall of Fame film about the life of African-American teacher Marva Collins. In this touching story, a dedicated teacher in an innercity school in Chicago faces tough odds in helping inner-city



April 10: Dead Poet's Society is a 1989 coming-of-age drama starring Robin Williams and set in 1959 at the fictional elite boarding school Welton Academy. It tells the story of an English teacher who inspires his students through his teaching of poetry. Painfully shy Todd Anderson has been sent to the school where his popular older brother was valedictorian. His roommate, Neil Perry, although exceedingly bright and popular, is very much under the thumb of his overbearing father. The two, along with their other friends, meet Professor Keating, who tells them of the Dead Poets Society, and encourages them to go against the status quo. Each does so in his own way and is changed for life.

April 17: Mr. Holland's Opus is a 1995 drama film starring Richard Dreyfus in the title role of Glenn Holland, a dedicated high school music teacher who attempts to compose his own music while struggling to balance his job and life with his wife and profoundly deaf son. Dreyfuss was nominated for numerous awards, including the Academy Award for Best Actor. The film was nominated for the Golden Globe Award for Best Screenplay.



April 24: Freedom Writer is a 2007 film starring Hilary Swank. It is based on the 1999 book *The Freedom Writers Diary* by teacher Erin Gruwell and students who compiled the book out of real diary entries about their lives, written in their English class at a high school in Long Beach, California. Idealistic Erin is just starting her first teaching job at the high school, which two years earlier had implemented a voluntary integration program. In the view of many of the existing teachers, the integration ruined the school, whose previously stellar academic standing has been replaced with many students who will be lucky to graduate. Erin is unprepared for the nature of her classroom, whose students live by generations of strict moral codes of protecting their own at all cost.

Coordinator: Karen Sander 573-680-9045 Asst. Coord.: LaiLin Wilson 573-690-7874

Cost: \$12

ONE-WEEK COURSES

ORAL HISTORIES

Time: 1:30 — 3:30 p.m.

Date: Tuesday, February 6, 2024

Place: First Mid Bank & Trust, 303 Ellis Blvd.

Have you ever wished you had access to more knowledge about your past family members? Not only who they were and when/where they were born and lived, but why they lived there and did what they did? How did the events in our history and world affect and impact their lives?

Join us for an important presentation that will provide information on the importance of oral histories. How they are conducted, how they are preserved, how and why people can — and should — do them within their own families.

Presenters: Sean Rost, Ph.D., Assistant Director of

Research, State Historical Society

of Missouri

Donna Deetz, President, Historic City of

Jefferson

Coordinator: Pamela Kormann 573-680-0106 Asst. Coord.: Carol Ellinger 573-230-4006

Cost: \$3

A MISSOURI FAMILY'S SUMMER IN MOZAMBIQUE

Time: 1:30 — 3:30 p.m.

Date: Monday, February 19, 2024

Place: The LINC, 1299 Lafayette Street, Room 204

Dr. Brian Norris (and his family!) will share tales of their adventures in Mozambique during the summer of 2023, while Dr. Norris conducted research on rural local governments for his Fulbright Global Scholar Award.

Presenter: Brian Norris, Ph.D., LU Associate

Professor of Political Science, and

his family

Coordinator: Bill Gerling 573-220-4319

Asst. Coord. Mentha Bolton-Bakari 414-736-4555



Time: 10:00 a.m. — 12 Noon Date: Tuesday, February 20, 2024

Place: Hawthorne Bank's Community Room,

3600 Amazonas Drive

This is a repeat of a well-received program on wills and trusts given in February 2023. LIR member and retired attorney Steve Newman will give an overview, followed by presentations from Central Bank and Hawthorne Bank trust administrators.

Presenters: Steve Newman, Retired Attorney and

LIR Member

Holly Schroer, Hawthorne Bank

Trust Administrator

Heather Conway, Central Bank

Trust Administrator

Coordinator: Chris Straub 573-230-4395 Asst. Coord. Eunice Straub 573-230-6707

Cost: \$3

TOTAL ECLIPSE EXCITEMENT FOR MISSOURI!

Time: 10:00 a.m. — 12 Noon Date: Tuesday, February 27, 2024

Place: Clydesdale Room, Scheppers Distributing,

2300 St. Marys Blvd.

Many of us will remember the amazing total solar eclipse of 2017 that created a nationwide sensation and brought people from around the world to our state. Well, it's going to happen again! On April 8, the path of totality will cross southeastern Missouri in the early afternoon, covering the sun for more than four minutes, twice as long as in 2017. Our session will cover this event in detail, what will likely be seen, and where the best places will be to see it. We'll also have time to take a look ahead to the important sky events of 2024, including a brilliant Super Moon. After the April eclipse, there won't be any other events of this type visible her for many, many decades to come, so a little preparation and planning will be very worthwhile.

Presenter: Mr. Valentine H. Germann, Observing

Assistant, U. of Mo. Laws Observatory

Coordinator: Sheila L. Scott 573-821-0162 Asst. Coord.: LaiLin Wilson 573-690-7874

Cost: \$3

NUTRITION AND LONGEVITY

Time: 1:30 — 3:30 p.m.

Date: Thursday, March 7, 2024

Place: Health, Wellness & Nutrition Center LLC,

3234 W. Truman Blvd., first floor

Dr. Dianna Richardson will delve into the science of nutrition and its profound impact on aging and well-being. Explore dietary choices, superfoods, and meal-planning strategies that promote longevity and vitality. Gain practical insights into optimizing your diet to support a robust and active lifestyle well into your golden years.

Presenter: Dianna Richardson, N.D., Owner —

Health, Wellness & Nutrition Center

Coordinator: Tom Piper 573-230-5350

Asst. Coord. Mentha Bolton-Bakari 414-736-4555

Cost: \$3

MEMORIALS OF THE DEAD: PERSPECTIVES ON MUMMIFICATION

Time: 10:00 a.m. — 12 Noon Date: Tuesday, March 12, 2024

Place: The LINC, 1299 Lafayette Street, Room 204

Death, and coping with death, are concerns people throughout time and space have had to address. Cross-culturally, mortuary patterns vary from the simple to the complex. Mummification practices fall within the latter category, as the act of preserving the dead is often also an act of memorialization.



In this class, Dr. Christine Boston will discuss various aspects of mummification, from the different types and methods of creating mummies found around the world, the meanings and motivations of mummification in the past, to why we study mummies, and how that information is used to better human cultures, biology, and more.

Presenter: Christine Elisabeth Boston, Ph.D.,

LU Associate Professor of Anthropology &

Sociology

Coordinator: Sheila L. Scott 573-821-0162 Asst. Coord.: Carol Ellinger 573-230-4319

SHOW-ME BEEKEEPERS ASSOCIATION

Time: 1:30 — 3:30 p.m.

Date: Thursday, March 21, 2024

Place: Clydesdale Room, Scheppers Distributing,

2300 St. Marys Blvd.

Gail Severance and Adam Benne will discuss the essential skills and knowledge necessary to become a successful beekeeper. Discover the importance of honeybees in pollination, agriculture, and ecosystems. Learn about hive management, bee biology, and honey production. This class offers valuable insights into the art and science of beekeeping.





Presenters: Gail Severance, Apiary Manager,

Hard Wood Hills Apiary

Adam Benne, Owner, Benne's Bees

Coordinator: Tom Piper 573-230-5350 Asst. Coord. Pamela Kormann 573-680-0106

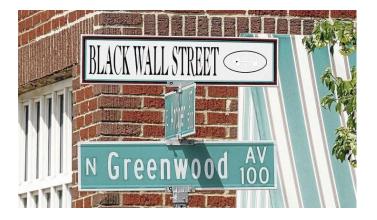
Cost: \$3

DID YOU KNOW? "BLACK WALL STREET"

Time: 1:30 — 3:30 p.m. Date: Tuesday, April 9, 2024

Place: Catholic Charities, 1015 Edmonds Street

The Greenwood District in Tulsa, Oklahoma, was a thriving self-sufficient community known as the "Black Wall Street."

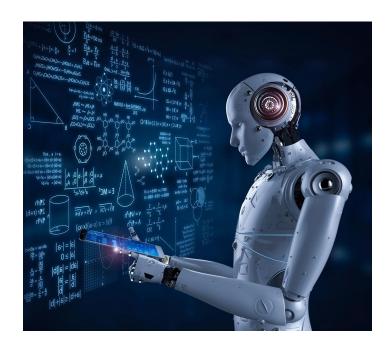


But it went up in flames! We'll explore the history of conditions that led to this situation.

Presenter: Mentha Bolton-Bakari, LIR Member Coordinator: Mentha Bolton-Bakari 414-736-4555

Asst. Coord.: Chris Straub 573-230-6707

Cost: \$3



TECHNOLOGY: ARTIFICIAL INTELLIGENCE

Time: 1:30 — 3:30 p.m.

Date: Thursday, April 11, 2024

Place: Clydesdale Room, Scheppers Distributing,

2300 St. Marys Blvd.

Gain an understanding of Artificial Intelligence principles, algorithms, and applications. Discover how AI is revolutionizing education, healthcare, finance, and technology. Develop practical skills in machine learning, neural networks, natural language processing, and more.

Presenter: Tom Piper, LIR Member Coordinator: Tom Piper 573-230-5350 Asst. Coord.: Karen Sander 573-680-9045

FAMOUS MISSOURIANS, CHAPTER 4

Time: 1:30 — 3:30 p.m. Date: Tuesday, April 16, 2024

Place: Clydesdale Room, Scheppers Distributing,

2300 St. Marys Blvd.

Yes, there are definitely more famous Missourians! Come hear of more — the good, the bad, maybe even the ugly!

Presenters: LIR Members

Coordinator: Tom Piper 573-230-5350 Asst. Coord.: Carol Ellinger 573-230-4006

Cost: \$3



Walt Disney

Kevin Kline

TECHNOLOGY: VIDEO CALLING

Time: 1:30 — 3:30 p.m.

Date: Thursday, April 18, 2024

Place: Clydesdale Room, Scheppers Distributing,

2300 St. Marys Blvd.

Learn the essential skills and techniques for phone calls, seamless online meetings, interviews, and virtual collaborations. Explore various video conferencing platforms, and discover tips for enhancing your presence, presentation, and engagement during virtual interactions.

Presenter: Tom Piper, LIR Member
Coordinator: Tom Piper 573- 230-5350
Asst. Coord.: Eunice Straub 573-230-6707

Cost: \$3

"FORGOTTEN SHADOWS" — MSP

Time: 1:30 — 3:30 p.m.

Date: Thursday, April 25, 2024
Place: Center for Soy Innovation,
734 S. Country Club Drive

The Missouri State Penitentiary was a prison in Jefferson City, Missouri, that operated from 1836 to 2004. It served as Missouri's primary maximum security institution. Before it

closed, it was the oldest operating penal facility west of the

Mississippi River.

Our local MSP historian, Mark Schreiber, will talk to us about his latest book, *Forgotten Shadows*, published in 2023. The book focuses to a significant degree on prison labor and industrial development, and its relationships to Jefferson City. We will hear many familiar names and how they and their families contributed to Jefferson City industry, and their use of convict labor.

Presenter: Mark S. Schreiber,

Former Deputy Warden of Operations, MSP/Jefferson City Correctional Center

Coordinator: Karen Sander 573-680-9045 Asst. Coord.: Tom Carr 573-230-0443





READING NONFICTION

Time: 1:30 — 3:30 p.m. Date: Monday, April 29, 2024

Place: Knowles YMCA, 424 Stadium Blvd.,

Knowles Annex

If you've ever read a newspaper or magazine, you've read nonfiction (although it may not seem like it)! We may or may not be reading any textbooks either... Nonfiction is a broad genre of writing that encompasses all books that aren't rooted in a fictional narrative.

Come join with members of our LIR Book Club to find out what sort of nonfiction we have read. Once again, you might learn of a topic or author that you could explore further.

Presenters: Members of the LIR Book Club Coordinator: Pamela Kormann 573-680-0106 Asst. Coord.: Karen Sander 573-680-9045

Cost: \$3

MEMORIES OF LIFE DURING WW II

Time: 10:00 a.m. — 12 Noon Date: Thursday, May 2, 2024

Place: Heisinger Bluffs Senior Living, 1002 West Main

World War II wasn't just battles. Life was changed. It was bombing, rationing, censorship, V-mail, war bonds, music — and more. The war began in 1939 in Europe, the United States entered in 1941, and the war ended in 1945. Some of those still with us share their memories of living during the war. Life during the incessant bombing of London, life on the home front, hearing from loved ones in the military, and using music to keep spirits up are part of memories shared, before we forget.

Presenters: John Carron — Survivor of the

London bombings

Carol Ellinger, Doris Stout, Deril Harms —

Growing up during the war

Connie Hubble — Letters from her father to her mother, sent while serving in the

military

Debra Walker and Kim Vogel — The

Boogie Woogie Babes

Coordinator: Carol Ellinger 573-230-4006 Asst. Coord.: Sheila L. Scott 573-821-0162

Cost: \$3

Limit: 50 enrollees

EYES ON THE MOVE — "MEXICO"

Time: 10:00 a.m. — 12 Noon
Date: Thursday, May 9, 2024
Place: El Puente - Hispanic Ministry,

2709 Industrial Drive, Suite B

El Puente staff will engage us on an historical journey through ancient Mexico. Additionally, we will explore modern-day nuances that will challenge our long-held perceptions.

Presenters: El Puente Staff

Coordinator: Mentha Bolton-Bakari 414-736-4555

Asst. Coord.: Bill Gerling 573-220-4319

Cost: \$3

EATING UP MISSOURI!

Time: 1:30 — 3:30 p.m.

Date: Wednesday, May 22, 2024

Place: Clydesdale Room, Scheppers Distributing,

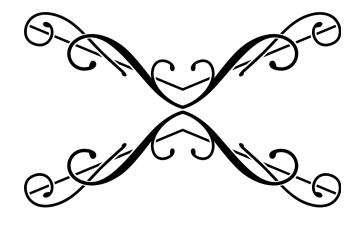
2300 St. Marys Blvd.

We've all heard the expression, "You are what you eat." Come and hear a program that provides a little variation on this theme. An overview of the history, the foods and the people that have made Missouri a place where no one leaves hungry. PLUS — as a special bonus — a cooking class will be included that features a few of Missouri's iconic dishes through time.

Presenter: Suzanne Corbett, Food Historian

and Culinary Teacher

Coordinator: Pamela Kormann, 573-680-8245 Asst. Coord.: LaiLin Wilson 573-690-7874



Club News

Liverpool Rummy

We have a new card club called Liverpool Rummy. The game is played at Lincoln University's, Soldier's Hall on the first and third Tuesdays at 10 a.m. If you are interested in joining this club, contact the facilitator, Sue Barnes. You can reach her by email at suebarnes53@gmail.com or by phone at 573-291-3467.

Liverpool Rummy is played with a minimum of 3 players and a maximum of 8 players who play 7 rounds of rummy. The object of each round is to complete a specific set of melds, known as a contract. Melds come in the form of sets and sequences (runs). A set is three cards of the same value (example: 5-5-5). A sequence, or run, is four cards of the same suite and consecutive value (example: 10, J, Q, K). In each round, the contract will increase with difficulty.

Contracts by Rounds:

Round	Dealt	Contract
No.	Cards	Requirement
1	10	Two Sets
2	10	One Set and One Sequence
3	10	Two Sequences
4	10	Three Sets
5	12	Two Sets and One Sequence
6	12	One Set and Two Sequences
7	12	Three Sequences (all cards in 3
		Sequences must be laid down at once
		with that player going out)

Liverpool Rummy is scored by calculating the sum of the remaining cards in each player's hand after a player has won a round. When a player wins a round, that player's score for that round is zero. The player with the lowest score at the conclusion of all seven rounds wins the game.

Clubs: They're fun and they're free! Check out the schedule below to see when our clubs meet.

			CLUBS		
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	AM	Bocce Ball - 9 am	Liverpool Rummy - 10 am	Thread Heads - 9:30 am	Walking - 8:30 am/9:30 am
		Dominoes - 10 am			Canasta - 10 am
		Jammers - 10:00 am			
	PM	Bocce Ball - 12:15 pm	Mah Jong - 1:30 pm	Pitch - 1 pm	Scrabble - 1 pm
		Bridge - 1 pm			Sketchers - 1 pm
Week 2 AM	AM	Bocce Ball - 9 am	Canasta - 10 am	Pinochle - 10 am	Walking - 8:30 am/9:30 am
					Writing - 10 am
	PM	Bocce Ball - 12:15 pm			Hand & Foot 1:30 pm
		Bridge - 1 pm			
Week 3	AM	Bocce Ball - 9 am	Liverpool Rummy - 10 am		Walking - 8:30 am/9:30 am
		Dominoes - 10 am			
		Jammers - 10:00 am			
	PM	Bocce Ball - 12:15 pm	Mah Jong - 1:30 pm	Pitch - 1 pm	
Week 4	AM	Bocce Ball - 9 am		Pinochle - 10 am	Walking - 8:30 am/9:30 am
	PM	Bocce Ball - 12:15 pm	1		Hand & Foot 1:30 pm
		Book Club - 1:30 pm			



Bocce Ball: Mondays, Apr-Jun & Sep-Nov

Morning Session: 9:00 a.m.

Facilitator: Barb Wolkoff, 573-636-3088,

bnbwolkoff@mediacombb.net Afternoon Session: 12:15 p.m.

Facilitator: Lori Brooks, 573-636-6829,

loribrooks100@gmail.com

Location: Prison Brews, 305 Ash St. **Book Club:** 4th Monday, 1:30 p.m. Facilitator: Barb Maxwell, 573-619-1497,

maxwellbarb0806@gmail.com Location: LIR Classroom 204/205

Bridge Club: 1st & 2nd Monday, 1:00 p.m. *Facilitator:* Gene Noe, 573-635-2118,

noejcmo@mchsi.com

Location: LIR Classroom 8

Canasta I: 2nd Tuesday, 10:00 a.m. Facilitator: Barb Barnard, 573-619-1497,

sunfairebarb@gmail.com Location: LIR Classroom 8

Canasta II: 4th Thursday, 10:00 a.m.

Facilitator: Karen Wesselmann, 940-597-5796,

kswess48@gmail.com Location: LIR Classroom 8

Dominoes: 1st & 3rd Monday, 10:00 a.m. Facilitator: Cecil Caulkins, 573-634-4198,

cecil.caulkins@gmail.com Location: LIR Classroom 8

Hand and Foot: 2nd & 4th Thursday, 1:30 p.m.

Facilitator: Debbie Cramer, 573-694-1650.

debraellencramer@outlook.com Location: LIR Classroom 8

Jammers: 1st & 3rd Monday, 10:00 a.m. Facilitators: Jenny Smith, 573-230-8245,

tpsmithster@centurylink.net

Location: Chapel, St Joseph Bluffs, 1306 W Main **Liverpool Rummy:** 1st & 3rd Tuesday, 10:00 a.m.

Facilitator: Sue Barnes, 573-291-3467,

suebarnes53@gmail.com Location: LIR Classroom 8 **Mah Jongg:** 1st & 3rd Tuesday, 1:30 p.m. Facilitators: Rose Dey, 573-230-5553

rosie.dey@gmail.com

& Louise Hune, 573-291-4492

lhune70@gmail.com Location: LIR Classroom 8

Pinochle: 2nd & 4th Wednesday, 10:00 a.m. Facilitator: Linda Amick, 573-782-3566,

porchview17@gmail.com Location: LIR Classroom 8

Pitch: 1st & 3rd Wednesday, 1:00 p.m.

Facilitators: Denise Kliethermes, 573-395-4662,

1952DeniseK@gmail.com & Betty Richey, 573-635-2590, birdwatcher114@gmail.com Location: LIR Classroom 8

Scrabble: 1st Thursday, 1:00 p.m.

Facilitator: Theresa Sullivan, 573-230-5367,

Sullitherm1@gmail.com Location: LIR Classroom 8

Sketchers: 4th Tuesday, 10:00 a.m. Facilitator: Rita Schaefer, 573-690-0922.

Schaebc5@gmail.com Location: LIR Classroom 8

Thread Heads: 1st Wednesday, 9:30 a.m. Facilitators: Julie Cook, 573-230-4914,

cook.julieret@yahoo.com & Jean Pace, 573-636-7090, pace2647ja@gmail.com Location: LIR Classroom 8 Walking/Hiking: Thursdays,

8:30 a.m. Summer, 9:30 a.m. Winter

Facilitators: John & Ellen Richardson, 573-893-4909,

johnellen@mchsi.com Location: Varies

Writers: 2nd Thursday, 10:00 a.m. Facilitator: Barb Maxwell, 573-619-5921,

maxwellbarb0806@gmail.com Location: LIR Classroom 8

LEARNING IN RETIREMENT, INC **MEMBERSHIP BENEFITS**

EDUCATION.....Short courses planned for LIR members' interests

TRAVEL..... Educational trips with old and new friends

CLUBS...... A complete list of clubs and meeting times can be found

on page 16 of the summer or winter newsletter on the LIR website.

GATHERINGS......Membership meetings twice annually, Holiday Social COMMUNICATION......Semiannual newsletters, LIR website, periodic emails,

Spring and Fall newsletter updates

LIBRARY ACCESS..... Access to library cards for L.U.'s Page Library

PARKING.....Tag required for L.U. campus CONTACT INFO...... 573-681-6152 or www.lirjc.org EMAIL.....lirlearning@outlook.com OFFICE HOURS...... 10 a.m -1 p.m., Mon. - Thurs.

OFFICE LOCATION......903 Lafayette Street, Soldiers' Hall, Rm 7, L.U. Campus

MAILING ADDRESS.....Learning in Retirement, Inc., PO Box 105166, Jefferson City, MO 65110