

July • December 2007 *Inc.* Learning In Retirement

Thank You to the LIR Relay for Life Team

A big Thank You to all who contributed to the LIR Relay For Life Team. Fifteen LIR members made up a team and just prior to the event collected over \$2,265 for the American Cancer Society.

Since the Newsletter has to go to press prior to the actual event, we don't know how many casualties there will be from having a team member walking the track ALL NIGHT! If you haven't heard from some of the team members by the time you receive the Newsletter, they may still be trying to catch up on their sleep. Thank you again.

Thanks to our leaders: Judy Alexio and Sheily Larkin Scott



President's Et Cetera

by Mary Lou Gillilan

In six months, you will have a new president. Hooray! The 2008 officers will be announced at the Summer Dinner Meeting, July 27th. I have had the privilege of being your President for 2 years and it has been interesting, challenging, and enjoyable. Each president contributes different talents. The first LIR presidents laid the foundation for the organization, built the walls (committees) and put on the roof (office manager). They did it all!

Two - three presidents ago the work of the Board started to change and more and more detailed work was delegated to the committees. I have continued the effort toward the Board setting policy and the committees working out the details independently within the policies. Also, LIR is beginning to transition toward the expectations of the next generation.

Some things LIR has done in the past year to enhance the transition are:

1. Putting financial records on a computer so we can get more definitive information about our finances;
2. Purchasing a new computer in the office that gives us better record keeping and enhances our ability to communicate; and
3. A great team partnering, with Lincoln University, developing a quality web site. There will be a website display at the Summer Dinner meeting www.lincolnu.edu/pages799.asp. So many more exciting things can be done but it all takes volunteers to develop the ideas, do the planning and continue the work. One more time: I'm asking you to volunteer your talent(s). Volunteers are the life blood of this organization.

A BIG THANK YOU for the privilege of being your President.



Summer Membership

Dinner Meeting

Friday, July 27th, 2007
4:30 pm
Scruggs Student Center
Lincoln University Campus
(see parking directions, page 4)

Address: **Dr. Carolyn Mahoney**
Entertainment: "Show-Me Showboaters"



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COURSES:

Session I

Coffeehouse Conversations

Mondays, September 10, 17, 24, October 1

September 10, 1:30 - 3:30 pm

"Grow Native" and Next Generation of Conservation

Presenters: **Barbara Fairchild**,
Eric Kurzejeski, Outreach Program,
Missouri Department of Conservation,
at Runge Conservation Center



ElderHostels

September 17, 1:30-3:30 pm

Presenters: **Tom Odneal, Roy & Margaret Copeland**
This presentation will focus on the history, types of programs and personal experiences of the participants. Mature adults have an opportunity to explore fascinating places and topics of like-minded people and leading experts.



Budweiser Bldg,
2300 St. Mary Blvd.

Storytelling With Larry Brown

September 24, 4:30 pm

Come and share the experiences of a lifetime with a renowned storyteller and interaction with workshop components.

Johnny Butcher Shop
Bar-B-Que,

Route B, Lorenzo Green Blvd.



Wine Tasting With A Connoisseur

October 1, 4:30 pm

Presenter: **David Smith** Summit Lake Winery
1707 S. Summit Road, Holts Summit
Learn and explore the various types of wine and enjoy the view of fall scenery from the cliffs across the river.

Coordinator: Georganna Beachboard 635-1566

AARP Drivers Training

Wednesdays: September 12 and 19

8:30 - 12:30 am

Harry Kennedy

Cost: \$10 Materials plus \$12 course fee.
Lincoln University, Soldiers Hall, Rm 8
Coordinator: Bob Gillalan, 893-3547

Book of Judges

Thursdays, Sept. 13, 20, 27, Oct. 4

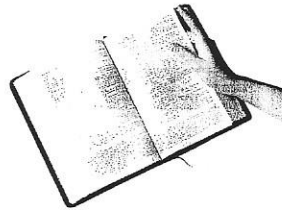
1:30 - 3:30 pm

Rm.8, Soldiers Hall, Lincoln University

Presenter: **Jim Nelson**

Read in class the stories of Jephthah, Barak, Gideon and Samson in early Israel. Learn how Jeremiah saw the preservation of those stories as part of the history of Israel and much more.

Coordinator: Warren Solomon



Session II

Mini-Courses of Local History

Wednesdays, 9:30 - 11:30 am

October 10, 17, 24, 31, Nov. 7

Clydesdale Room, Budweiser Bldg.
St. Mary's Boulevard

October 10 - Outlaws, Bandits & Thugs of Missouri

Dr. Gary Kremer

The presenter will discuss men and women who lived and women who operated on "the other side of the Law."

October 17 - Lincoln University History and Changes

Dr. Gary Kremer

The presenter will discuss Lincoln University's history from its establishment as a private institute of black soldiers through its many changes to a public university. The faculty will be highlighted.

*October 24- The Governor's Mansion and the Ladies
Who Lived in it.*

Roberta Hermann

The presenter will discuss the Mansion, many of its furnishings and other artifacts and many of the first ladies who lived there.



*October 31 - Missouri State Penitentiary,
History and Humour*

MarkSchreiber

The presenter will discuss the history of MSP and its relationship to the Jefferson City community.

Coordinator: Dr. David Linsenhardt, 636-3727

Session II...cont.

Plan B and/or Plan C

Issues of Health, Choosing Care, End of Life Issues, Advocacy for Aging

Thursdays, 1:30 - 3:30 pm

October 11, 18, 25, Nov. 1

October 11: **Choosing Care:** Nursing Home, Assisted Living, Home Health, Hospice, other. Beth Simpson, Area Agency on Aging

October 18: **Who Pays What?**
Diana Clark, CLAIM.

October 25: **Make Your Wishes Known:** Advance Directives, Durable Power of Attorney, Future information TBA.

Nov. 1: **Who Advocates for the Aging?** Panel-AARP, MASW. MCQC.

Rm. 8 Soldiers Hall, Lincoln University
Coordinator: Fern Lemasters, 893-4347



Late News Late News Late News Late News

Electronic Gadgets

Tuesday, September 11, 18, 25, 1:30 - 3:30 pm

September 11- **Camcorders, Blackberries,** car audio and video, cell phones, and video security
Dexter Oliver will demonstrate these and more.

September 18 -**Digital Cameras, 35 mm Cameras**
Jim Roach, Information Demonstration and Questions.

September 25 - **Tour T.V. station, KJLU, Lincoln University**
Dan Yeager, Chief Engineer.
Room 8, Soldiers Hall, Lincoln University,
Lafayette Street
Coordinator: Hal Hebert, 635-5380

Late News Late News Late News Late News



**"Wither China?"
Human Rights, Religion,
and Government Corruption"**

Tuesday, Oct. 9, 16, 23, 30, Nov. 6,

1:30 - 3:30 pm

Dr. Donald Scruggs,
Retired Stephans College Professor, has taught frequently in China.
Rm. 8, Soldiers Hall, Lincoln University
Coordinator: Dr. David Scherr, 635-1217

Mystery Poetry

with Dr. Linda Wyman

Thursdays, October 4, 11, 18, 25,

1:30 - 3:30 pm

Central United Church of Christ
118 West Ashley Street
Coordinator: Phyllis VonDeBrugge, 893-3868

There have been wonderful responses to our trips so either we have chosen the right locations or maybe each of you just want to get out and enjoy the day (or days) with good friends. We have planned an exciting calendar for the fall and winter and already are working on places to go in 2008.

When traveling with LIR we are always concerned for your safety. Please follow the coach rules given by the driver prior to departure. We ask that you report all unusual incidents or happenings to your trip escorts as soon as they occur. If you are leaving the group for a specific reason we ask that you inform the escorts also.

About separate insurance coverage - for trip cancellation and interruption: Trip insurance covers your trip investment if you must cancel or interrupt your trip for reasons such as sickness, injury, severe weather, family illness and much more. Many local Insurance firms will assist you if you are interested.

Thank you for being wonderful travelers and may we see you again very soon!
The Travel Committee - Rosemarie Turner, Chair



Membership Meeting

Mark **Friday, July 27**, on your calendar, and quickly return the enclosed registration form for the Membership Meeting. The full and fun evening will begin at 4:30 pm with exhibits in the ballroom of Scruggs Student Center on the Lincoln University Campus.

Highlighting the evening will be a welcome address by Dr. Carolyn Mahoney, President of Lincoln. Entertainment following the buffet dinner will be provided by the Sho-me Show Boaters, the popular men's vocal group. L.U. student scholarship recipients of LIR scholarships will be recognized, and presenters of courses during this year will be special guests. A brief business meeting and door prizes will round out the meeting {see parking directions below}.

Lincoln University Parking

for Summer Membership Meeting

Enter the LU campus on Chestnut (off Leslie Blvd.) driving past Dwight Reed Stadium to the intersection of Chestnut & Atchison at the top of the hill. Parking is available on the left in front of Allen and Foster Halls, and to the right in Collier-Hatcher-Parks Parking Plaza. Walk north to Scruggs Student Center and enter on the south directly to the 2nd floor lobby and ballroom. Or drive past Scruggs and park between it and Parks Library off Chestnut. Enter Scruggs on the north and take the elevator to the 2nd floor ballroom. Additional parking is available on the east side of the library. Parking guides will be present.

LIR Awards Scholarship

Learning in Retirement annually awards an \$800 scholarship to a deserving junior or senior Lincoln University student who is also a Missouri resident with a 3.0 or better grade point average.

This year's recipient exceeded these requirements with the ambition to become a researcher and professor. **Tyrone Nixon's** career goal includes pursuing his PhD. in Experimental Psychology, to teach and to perform research. He also wants to be a mentor for students, especially African-American males, to encourage their pursuit of college and career goals. "This scholarship will help me to concentrate more energy on academics and less on financial issues," Nixon stated in his essay.

New Web Site

The Learning in Retirement, Inc. web site has recently undergone a facelift to better serve its members and to provide information for seniors and/or retirees in the Jefferson City area. The home page of our web site (www.lincolnu.edu/pages/799.asp) now contains several links that provide additional information about meetings, educational trips, courses, special interest groups and activities.

A special link for Announcements and Reminders will highlight some of the upcoming events and remind members of current activities that may be of interest to them. The monthly Calendar of Events will list all meetings, trips and courses being offered and the Current Newsletter (published semiannually) will be available for anyone to download. As in the past, forms will be available to be downloaded and printed for membership and course/trip registration. A handy email link is also provided to contact the LIR office.

We are appreciative of Lincoln University for hosting our web site and the many LIR members that provide the information and technical expertise for this communication tool. We invite everyone to try the new web site!

Eureka! I Found it!

Thursday, August 16

It is said that as builders of the railroad came around the bend on the East side of the present site of Eureka and looked westward at the level land with no rocks and very little dirt to remove, they cried out "EUREKA" which translated from Greek, means "I've found it". This is how Eureka received it's name.

On Thursday, August 16, we will **board the coach at 7:15 am** and head to Eureka, with a rest stop in Union. Our first stop will be at the Black Madonna Shrine and Grottos a galaxy of magnificent multi-colored rock grottos and a unique outdoor Chapel of the Hills with beautiful mosaics created by renowned artist Frederick Henze.

At noon, we will have lunch at Joe Baccardi's Italian Restaurant in downtown Eureka. A few blocks away, Father Anderson will lead a tour and provide history of Sacred Heart Church and art work provided by local artists. On this site, Michelle "Mike" Ochonicky, is an award winning artist and master of the early American art form of Scrimshaw. She will demonstrate her scrimshaw work and will provide us with a history of carving on ivory. We should be ready to return around 3:30 pm. Arrival time in Jefferson City at approximately 6 pm. The charge for this day covers all registration fees, lunch, coach and gratuities. A one time charge of **\$46.00 is due** with your registration form.

Your coordinators are Mary Grillos 496 2955

Vera Rust 893 2507

Kansas City - Here we Come!

Enjoy the magic of the Country Club Plaza
with a Holiday Trip to remember!

Friday (6:30 am depart) -

Saturday, December 14-15

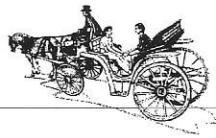
There's nothing more enchanting than Country Club Plaza during the Christmas holidays. Ablaze with millions of lights, the Plaza radiates warmth and good cheer.



Relive the magic of the "NUTCRACKER" and enjoy this outstanding performance at the newly renovated Music Hall.

What better way to celebrate the holiday season than starting Friday at the Bingham-Waggoner Estate in Independence with lunch and a "Spirit of Christmas, Christmas Past" guided tour featuring

each room of the mansion festively decorated with a specific theme. We then motor to the Liberty Museum to tour the World War One Museum and Tower, one of the most powerful memorials in the country. We spend the night at the Holiday Inn on the Country Club Plaza, where we can enjoy the millions of twinkling lights, the Old World architecture, the magnificent fountains and fine art-tour. Shop the world class stores and choose your place to dine at one of the many fine restaurants. Carriage rides are fun and available if you wish to further enjoy the magic of the season-(we've ordered soft snowflakes for the occasion!) After dark we will board our coach for a short sightseeing glimpse of the millions of lights on the Plaza.



On Saturday we tour the "Hallmark Visitors Center" with lunch at the famous and historical "Savoy Grill" with it's turn-of-the-century decor. This afternoon we attend Kansas City's annual production of the "Nutcracker" at the Music Hall. It will be transformed into a winter wonderland featuring elaborate scenery, stunning choreography, dazzling costumes and full orchestra music. We're excited about this holiday event. Hope you will join us.

COST-Double Room Occupancy - \$240.
Single Room Occupancy - \$300.
Deposit required with registration - \$75.

cont. next column



Final payment due November 1, 2007

Double - \$165. Single - \$225.

Departure Time-Friday, December 14, 6:30 am

Return to Jefferson City-Saturday,
December 15, 7:45 pm (ETA)

Number of registrations accepted - 48

Activity Level - Moderate. Questions-give us a call

Escorts - Mary Grillos, 496-2955,
Rosemarie Turner, 635-3175

Beautiful Shrine & Historic Indian Mounds

Visiting Our Neighbor - Illinois

Wednesday - 7:15 am, September 26,

Looking for something to do today? Join your LIR friends as we travel to Illinois to visit two very interesting and historical sites. First we will have a bus tour of Our Lady of the Snows Shrine, a 200 acre outdoor shrine in Belleville. We then will enjoy a hearty buffet lunch in their dining room.

After lunch, we will board the coach for a 15 minute drive to the Cahokia Mounds in Collinsville, Illinois*. The afternoon will be spent at Cahokia, North America's largest prehistoric city. Cahokia was the center of Mississippi culture from about 900 to 1350 A.D. At its peak, Cahokia occupied nearly six square miles and had a population of 20,000 and 120 mounds. An orientation show, "City of the Sun", a 15 minute introduction will be shown.

Please wear comfortable shoes, especially those of you who wish to climb the stairs to the top of the mound.

Total cost of the trip will be \$52. payable with registration.

Departure Wal - Mart 7:15 am

Return Jefferson City about 6:15 pm

Escorts: Mary Grillos 496-2955

Mary Kay Linsenbardt
636-3727



Exploring Oklahoma

October 17 - 21, Wednesday - Sunday

Cowboys, Indians, History, Museums, Memorials – What more could you ask? "Exploring Oklahoma" is sure to be a fun and exciting tour! **Departure is at 7 am.**

Wednesday, October 17 - Today we will be spending most of the day on the road enjoying the beautiful Fall foliage and chatting with our LIR friends as we motor south. We will stop near Vinita, Oklahoma at the "over the highway" McDonald's for lunch, then on to Bartlesville to tour the restored home of Frank Phillips, founder of Phillips Petroleum Company.

By five o'clock we should be in Tulsa where we will have dinner at Jamil's. Next stop will be our "home away from home" for three nights, Hyatt Place in Oklahoma City.

Thursday, October 18 - After breakfast at the Hyatt, the day is filled with History. We will visit the National Cowboy and Western Heritage Museum, the State Capitol and the Oklahoma History Center. A visit to this city without dinner at the Cattleman's Steakhouse in Stockyard City would be out of the question. The Steakhouse has been an area tradition since 1910. Dinner at this well known steakhouse will be served about five p.m.



Friday, October 19 - This morning we will visit the Oklahoma City National Memorial and Museum. The Outdoor Symbolic Memorial consists of the Gates of Time, Field of Empty Chairs, The Survivor Tree, Reflecting Pool, Memorial Fence, Rescue Orchard, Children's Area. Also we see the memorial, And Jesus Wept, and the Journal Record Building. The memorial offers comfort, peace, strength, hope and serenity. A Park Ranger will give us an informative tour. What a powerful and emotional experience this should be! A Quilt Show is scheduled to be in the Museum as we visit, so if you are a quilter this could be very interesting.

At noon our coach will chauffeur us to Bricktown, Oklahoma City's historic warehouse district. The area was renovated in the early 90's with major additions being completed for Oklahoma City's Centennial Celebration this year. Tour boats chug down the Bricktown Canal, a mile long pedestrian waterway that cuts through the heart of Bricktown. Tickets for a ride on the "Water Taxi" are already reserved—what fun this will be! You will have a leisurely afternoon to enjoy the area, it's restaurants, shops, clubs, galleries and beautiful, interesting surroundings.



Saturday, October 20 - "Indian Day" - It's good-bye to Oklahoma City this morning as we journey to Muskogee, Oklahoma to visit the Five Civilized Tribes Museum with displays and artifacts depicting the culture of the Cherokee, Chickasaw, Choctaw, Creek and Seminole Indians. A Cherokee Historian and Genealogist will be our guide as we tour the Adams Corner Village, Ancient Village and the Cherokee National Museum. A buffet lunch will be served in the Persimmon Hill building. We will drive by the Murrell Home, the only building in the community to escape destruction during the Civil War. Mid afternoon will find us on the coach heading north to Claremore where we will have dinner at the Hammett House, famous for their freshly baked rolls and pies. Tonight we relax and sleep at the Day's Inn in Claremore.

Sunday, October 21 - Early morning will find us at the Will Rogers Memorial Museum in Claremore. Personal items are exhibited in nine galleries and dioramas highlight Rogers life and various stints as a rodeo performer, vaudeville sensation, columnist, author and star of 70 films.

And then it's time to begin our journey home with fantastic Oklahoma memories. We will stop for lunch in Joplin or Springfield, depending on time. Our plan is to be back in Jefferson City by 6:30 p.m.

This trip involves extensive walking, stairs and steps and getting off and on the bus numerous times each day. Reservations accepted for 48 travelers.

Cost: Single \$740, Double \$550.

Deposit required at registration - \$200.

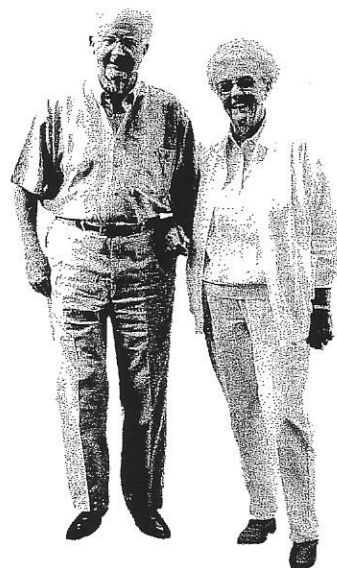
Remaining balance due September 10,

Single - \$540, Double - \$350.

Escorts - Dorothy Gieck 6355947

Henry Dahl 635-2139

Frances Meyer 635-6425



Places of Worship in West County

Friday, November 16, 2007

Join LIR for an extraordinary trip to St. Louis county. We will learn about Hindu beliefs and customs while visiting the imposing and beautiful new Hindu Temple.

Following a delicious buffet lunch served at the Assumption Greek Orthodox Church, we will tour the Assumption sanctuary and view the gorgeous new iconography.

Next, we will tour Temple Israel and learn about Reform Jewish traditions and worship services. There we will view the 3000 lb. sanctuary sculpture which depicts events in the Book of Exodus.

Our last stop will be the Daar ul Islam Mosque to hear about Islamic worship and customs. Our step-on guide will be available at all locations to point out items of interest. We promise there will be no test at the end of the day but it will be an informative and interesting trip. There will be some stairs involved but no strenuous walking.

Trip Cost - \$66.00 payable with registration

Departure Time - 7:30 am

Return Home - 6:30 pm

Reservation Limit - 40

Escorts - Mary Kay Linsenbardt 636-3727

Marilyn Miller 636-8233



Drop-in Coffee Hour

The Membership/Marketing Committee has initiated a casual monthly social for members and potential members at **9 am on the third Tuesday** of each month in the Fireside Room at the **Truman Hotel. No registration is required**, just drop in, order from the menu, individual bills. Bring a friend to chat and make new friends,



Help! Help! Help!

The **Curriculum Committee** members work hard racking their brains for course subjects that are interesting and grab your attention. They work even harder filling the faculty slots. Each of you have a wealth of life and professional experience, some of which are unique. Also, each of us know different people whose talents or knowledge would be of interest to others.

Please help the Curriculum Committee members by:

1. Letting them know a subject you would like to explore or an activity that you would like to know more about.
2. Volunteer to share your talent with others -from one to eight hours.
3. Provide names of people you know who might be a presenter. Identifying resources is an all year activity. Don't wait until later.

Pickup the phone and call or email the LIR office as soon as you have an idea. Give your idea, name and phone number or email address and a committee member will get back to you. (573-893-3547 or lir@lincolnu.edu).

LIR Club Report

Book Club, Carolyn Lott, 635-2967, Meeting is 4th Monday, 1 pm.

Bridge Club, Carolyn Lott/Marilyn Graham, 634-7918 meeting is 2nd Monday, 1pm.

Creative Writers' Society, Richard Sandler, meeting is 2nd Thursday, 9:30 am.

Hiking & Biking, Jean Werth, 893-3368. Hikes are scheduled for Thursdays. Meet at 8:30 am at Runge Conservation Center.

You are invite to join LIR Clubs. There is no added charge but members must have paid current LIR dues.





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Tele. 573/681-6152

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P.O. Box 105166
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Jefferson City, MO 651110

www.lincolnu.edu/pages/799.asp

Fast Forward 2008

The Spring extended trip will be to our neighboring state, **Kansas**, with the Fall trip being planned for **Nashville, Tennessee** and the surrounding area. Day trips include **Grants Farm, Budweiser Brewery and the Souldard district, Saint Louis**; A tour of **Jefferson City**; Theater events; Holocaust Museum; A military base, and more. We look forward to planning trips for your enjoyment.