

January • June 2007 *Inc.* Learning In Retirement

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Winter Membership Meeting

Friday, January 26th, 2007
 1:30 pm
 Central United Church of Christ

(If Jefferson City Schools close
 postpone until Fri., Feb. 2)



Summer Membership Meeting
 Friday July 27th
 (Time & place to be announced)

President's Et Cetera *by Mary Lou Gillilan*

2006 has been a productive and busy year. Some leadership positions were changed and new ideas are percolating. It is exciting to work with seasoned and new LIR leaders who are looking to the future, exploring ideas and thoughtfully acting on decisions. Then there are the many committee members and other volunteers who make the LIR programs and activities possible.

As we move forward we frequently ask: What kind of programming is needed for quality learning opportunities? How do we recruit new members? How can we move forward within our budget constraints? What are the best ways to communicate to the membership? Some times there are no easy answers and as always we need you to do your part. Continue to let us know what you think. Tell your friends about LIR and invite them to become members. Volunteer to help with LIR activities. We need all kinds of talents. You will be given more information and opportunities at the Winter Membership Meeting, January 26, 2007. (Refer to the article on page 6.)

A huge thank you to the outgoing Board members, Don Alberti, Ed Little, and Rosemarie Turner for the tremendous amount of time and energy you have given to LIR. It is a better organization because you have served so well. I look forward to your continued involvement in other capacities.

Welcome new Board members Mary Grillos, Hal Hebert, and Barbara Swanson. All three are already involved and providing leadership. It is my pleasure to serve as your President in 2007.



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Cancer Relay for Life – Be a Part of a Great Cause

LIR is forming a team for the Cancer Relay for Life to be held June 1, 2007. This will involve a team of 10-15 men and women; collecting tax exempt donations to be given in the name of LIR; and more. Call Judy Alexiou (893-2256) or Sheila Larkin Scott (636-2054) Co-Team Leaders to volunteer, for more information or to give a donation. This is a great opportunity to have fun and give to the community. More information will be available at classes and meetings.

What's Old and New in Fulton?

Friday, February 23, 2007

We will leave the Wal-Mart parking lot promptly at 8:15 am, destination Fulton. Our first stop will be THE MISSOURI SCHOOL FOR THE DEAF, established in 1851. Students are enrolled, K-12 from every corner of the state. Our personalized WALKING tour begins at 9am and is completed at noon. There will be time for questions. This tour includes stairs, however there is a museum with seats available, where you can browse while you wait. A hearty BUFFET lunch will be served in the banquet room at Sir Winstons.

At 1:30 pm we will visit the newly renovated "state-of the art" CHURCHILL MUSEUM. We will enter the magnificent Christopher Wren designed Church of St.Mary the Virgin, Aldermanbury that was reconstructed stone by stone, from London England, onto the Westminster campus, along with it's handcrafted organ. If we are lucky, someone will be practicing on this 17th century organ. We will also be able to see a section of the BERLIN WALL. There are a few stairs into the museum with walking throughout, no benches are available. We should be ready to return home about 4 pm.



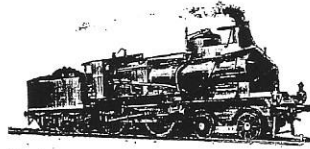
Your one time payment of \$44.00 is due with your registration form. The cost includes transportation, admission, donation to MSD, lunch and gratuities. Your trip coordinators are Dorothy Gieck-635 5947 and Vera Rust 893 2507.

*See you
Winter Membership Meeting,
(snow?...*

Scott Joplin Ragtime Festival

Friday, June 1, 2007

Join LIR for the Scott Joplin Ragtime Festival in Sedalia on Friday, June 1. Our first stop will be the Katy Depot for a concert and an opportunity to tour the Railroad Heritage Museum. We will then motor to the Historical District for the remainder of the day where there will be numerous venues featuring concerts, dance lessons and musical symposia. All activities are within a six block area.



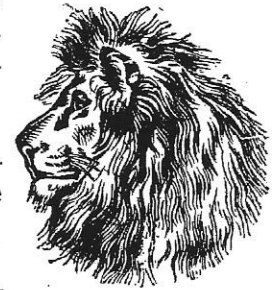
At 2:00 pm we have tickets for the concert at Liberty Center. Following the concert we will have about an hour to again enjoy the many free venues available before returning home. Lunch is on your own.

Departure -Wal-Mart Parking, 7:30 am
Expected Arrival Home, Jefferson City, 6:30 pm
Reservation limit - 40
Total Cost-\$54.00 ** \$30.00 due with Registration
\$24.00 due April 1st, 2007
Coordinators-Frances Meyer 635-6425
Mary Kay Linsenbardt 636-3727

The Lion King

Wednesday, July 26, 2007

Departing promptly at 9:45 am from the Wal-Mart parking lot, we travel to the Fox Theater in St. Louis. Upon arrival we will enjoy a fabulous buffet lunch with an assortment of gourmet food items and desert. After lunch, The Lion King begins. All who have seen this show describe it as "Delightful", "Wonderful" and "Memorable".



Following the show, we will return home with a rest stop on the way. Arrival time about 6:30 pm.

Reserve the date and fill out registration. The cost of this trip is \$125. A nonrefundable deposit of \$50 is due with your registration form. Final payment of \$75 is due June 1, 2007
Coordinators: Mary Grillos 496-2955 and Vera Rust 893-2507

*at the
January 26, 2007
February 2)*

Day Trip to Mennonite Community, Versailles Area

Thursday, April 19, 2007

Join us as we explore the historic Mennonite community in the Versailles area with our Mennonite step-on guide, Wiesje ("Vesha") Guhr. We will start the day with coffee and donuts in the Bethel Church where Vesha will give us a brief history of the Mennonites. You will get a glimpse of the Mennonite lifestyle through our guided tour of the Prairie Valley Quilt Shop, Harness Shop, Bookstore, Excelsior Fabrics, Horse Shoeing and Stage Coach making. There will be time to shop at the famous Weaver Market .an old Country store. We will have a private dining room for our buffet lunch at Lehman's Restaurant at noon. Enjoy soup, salad, several meats, vegetables, home made breads and pies.

After lunch we will watch skillful hands perform a weaving demonstration in the World Craft and Thrift Store, browse and shop at the unique Village Shoppe, and there might be time to tour the Buggy Shop. At 3:00 we will tour the Pennsylvania Church and one-room Schoolhouse. We will end our trip with coffee or tea and home-baked cookies. Vesha will be available to answer your questions.



Reservation capacity - 44. Minimal walking required.

Departure time—Promptly at 8 am.

Return - 5:30 pm.

Trip Cost - \$38.00 payable with registration.

Trip Coordinators - Margaret Kremer 893-2691 and Marilyn Miller 636-8233

Cats- Winner of Seven Tony Awards

Including Best Musical

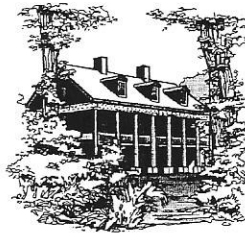
Wednesday, January 31, 2007

Having been seen by millions worldwide, CATS lives up to the motto, "Now and Forever." See it for the first time or see it again and let the haunting beauty of "Memories" and other top hit songs send you soaring.

After boarding the coach for Columbia at **3:45 pm** we will have an early dinner then on to Jesse Hall for a 7 pm performance of "CATS". We will be back in Jefferson City at approximately 11:15 pm.



Trip Cost is \$86 payable with registration - Hurry! There's little time to register. **Reservations must be made by January 11, 2007.** Trip Coordinators - Frances Meyer 635-6425. Rosemarie Turner 635-3175.



Arkansas Bound

May 15-19, Tuesday - Saturday

Tuesday morning we depart at 7:15 am for Little Rock, enjoying beautiful Missouri and Arkansas scenery as we head South. This evening we will experience true "Southern Hospitality" at Marlsgate

Plantation, Scott, Arkansas. Marlsgate, a thirty-two room plantation home illuminates the rich historical and cultural heritage of the South. Here we will experience fine Southern dining and tour the thirty-two room mansion. Lodging—Holiday Inn Presidential, Little Rock, AK. (2 nights) A full hot breakfast will be served each morning .

Wednesday morning we will have a guided tour of the Clinton Library and Museum. The Presidential Library features 20,000 square feet of museum space with state-of-the-art interactive exhibits and replicas of the Cabinet Room and Oval Office. Lunch will be at Murry's Dinner-Playhouse where we will see the "laugh out loud" comedy, Charley's Aunt. After lunch we will be entertained as we tour Little Rock with a twist - sightseeing with "1st class video animation and plenty of jokes." The tour includes the Old State House Museum, the Capital, Little Rock, Central High, the Old Mill, the Rivermarket District and other historical places. The evening is free to do as you like, perhaps tour the Rivermarket District on your own, experience White House and Presidential memorabilia displayed throughout our hotel or just relax pool-side.

Thursday morning there will be a short drive through the spectacular scenery of the Ouachita Mountains as we travel to Hot Springs. Our first stop will be Garvan Woodland Gardens for a self guided walking tour. The 210 acres of woodland gardens is surrounded by 4 1/2 miles of beautiful Lake Hamilton shoreline. Miles of quiet wooded trails, beautiful flowers and plants, waterfalls and unique bridges will present wonderful photo opportunities. A box lunch will be served before boarding our coach for the next adventure, Ron Coleman's Crystal Mine where we will watch the mining process of crystal by viewing a 20 minute film. Here we again will enjoy the beautiful Arkansas scenery and if you like, browse their gift shop filled with crystals.

The Arlington Resort Hotel and Spa in the historic downtown area of Hot Springs will be our home for the next two nights. This evening you are free to relax at the hotels heated cascading pools and Mountain Hot Tub, walk the Promenade in the beautiful National Forest across the street from the Arlington, explore Downtown and Historic Bathhouse Row, and find a quaint, interesting dining place. You may want to schedule a bath or spa treatment!

(..continued next page)

(Arkansas bound...continued...)

Friday morning we will walk (one block) to the Fordyce Bathhouse for a short film and guided tour of the Bathhouse followed by a city tour of Hot Springs with a step-on guide. We'll have a late lunch at the famous McClard's Barbeque (on your own) before returning to the Arlington for an evening to do as you wish. There will be music in the lobby of the hotel for your listening pleasure, dancing, or people watching.

Saturday, as we drive home we will have memories of a wonderful Arkansas adventure to share with friends and family. We expect to arrive in Jefferson City at 6:30. Reservations limited to 46. Activity levels vary depending on location (mostly flat surfaces). Golf carts are available at the Gardens for a small fee.

Full Cost: Double \$540. and Single \$715. The deposit with registration is \$175. Remainder due (double, per person) \$365 and (single person) \$540. on April 1, '07. Trip Escorts - Don Calvert 636-3826, Dorothy Gieck 635-5947, Rosemarie Turner 635-3175

Notice of Proposed Changes to the L.I.R. Inc. Constitution/By-Laws

The following proposed changes will be voted on by the membership at the Winter Meeting, January 26, 2007. The following is not the complete text of the Constitution/Bylaws. If you wish to read a copy, you may either read it at the LIR Office or pick up a copy. Further changes will not be entertained at the meeting since they must be published to all members. If you have any questions or comments please call Mary Lou Gillilan, President at 893-3547.

Key to the changes: New wording is written in **bold** letters and deleted wording written in *italic* with ().

Proposed Changes: 1. Article III- Membership: For the purpose of clarification, add **"Annual dues will follow the fiscal period from January 1 to December 31."**

2. Article V- Organization and Offices: For the purpose of editing for actions that have already taken effect, change "The Board of Directors, consisting of **18** (21) members,... (*Effective 1-1-2006 - The board of directors shall consist of 18 members*)"

3. Article V cont.: For the purpose of consistency in timing, change "The Nominating Committee shall present their recommendations to the Board of Directors by the (May) **June**

4. Article V cont.: For the purpose of making the organi-

zation less cumbersome, change from two Vice Presidents to one and change the duties of the Vice President. "The Nominating Committee shall present their recommendations for the offices of President, Vice President (*-Administration, Vice President-Program/Curriculum.*) Secretary, Treasurer and new Board Members to the Board of Directors by the June regular board meeting. Board Members (*shall*) then elect the President, Vice President(s), Secretary and Treasurer for the coming year. **Effective 1-1-2008 the officers will consist of one (1) Vice President.** The offices of President, Vice President, (*- Administration, Vice President - Program/Curriculum.*) Secretary, and Treasurer shall be filled from the current Board Members...

5. Article VII - Duties of Officers: For the purpose of making the organization more efficient change the duties of the Vice President. "The President, (*in conjunction with the Vice Presidents*) shall appoint appropriate committee chairpersons.

(*The Vice President-Administration shall assume the duties of the President during his/her absence and shall assist the President. V. P. Administration oversees the nominating, resolutions, finance, membership/publicity and volunteer committees.*)

(*The Vice President- Program/Curriculum oversees the Curriculum and Educational Travel committees.*)

The Vice President shall assume the duties of the President during his/her absence and assist the President as directed by the President.

6. Article VII cont.: For the purpose of efficiency, change "The Treasurer shall, with the assistance of (*the finance committee*) **Presidential appointees** prepare the annual budget by the November Board meeting for Board approval."

7. Article VIII - Committees: For the purpose of clarity and functionality, make the following changes. "The President shall appoint all Committee chairpersons. Committee Chairpersons shall serve one-year terms, and shall be eligible for reappointment. Standing Committees shall be as follows: Nominating, Membership/ (*Publicity*) **Marketing**, Curriculum, Educational Travel, (*Finance*) (*Volunteer*), (*Resolutions*), **Newsletter**

Appointed Committees/**Positions**: (*History*), **Historian**, Hospitality, (*Newsletter, Photography, Registration*) and Sunshine."

Courses - First Session

News Media

MONDAYS 9:30 - 11:30 am.

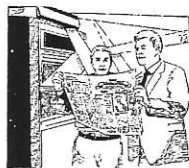
February 5, 12, 19, 26

February 5 - Newscaster

February 12 - Dick Preston, KRCG

February 19 - Tour KRCG

February 26 - Tour News TRIBUNE



Room 215, Soldiers Hall, Lincoln University.

This seminar will focus on the different aspects of collecting and reporting the daily news plus tour of KRCG.

Coordinator: Hal Hebert, 635-5380

Energetic in Missouri

TUESDAYS, 9:30 - 11:30 am.

January 30, February 6, 13, 20, or 27

Room 8, Soldiers Hall, Lincoln University, Lafayette Street

January 30 - Show Me Rock - Edie Starbuck

DNR, General Geology and Earthquake
Possibility in Missouri.

February 6, Ethonal and Offal

Presenter-Roger Korenburg, DNR

February 13 - Missouri Blowhards I Have Known

presenter Rick Anderson, DNR.
"Bug Power"

February 20 - Missouri Water Quality,

Presenter - Bob Schultz or
Mark Van Patten, MDC

Coordinator: Dr. David Scherr, 635-1217

Writing Life Stories

THURSDAYS, 9:30 - 11:30 am.

February 1, 18, 15, 22 or March 1

Presenter: Richard Sandler

Room 8, Soldiers Hall, Lincoln
University, Lafayette Street

Explore themes from your life; learn
simple storytelling techniques; receive/exchange ideas;
no writing experience necessary.

Coordinator: Dr. James Leslie,
635-5254



Travelogues

THURSDAYS 1:30-3:30 pm.

February 1, 8, 15, 22 or March 1

February 1 - England's Stately

Homes & Gardens -

Bob Angerer

February 8 - History of Parks-

John Cuning, DNR

Mid-Missouri Generals

February 15 - Fall Foliage Tour -

Stan & Teresa Nuener

February 22 - New Zealand and More -

Bill & Barbara Wolkoff

Second floor, Missouri River Regional Library

Coordinator - June Glaser, 635-4254



Courses - Second Session

Coffee House Conversations

MONDAYS 9:30 - 11:30 am.

MARCH 5, 12, 19 26 or April 2

March 5 Things to Come

Presenter: Rev. Cecil Culverhouse

Conference Room, Paneras, Missouri Boulevard

Discuss the changing religious, political and environ-
mental issues and effect they have on the future.

March 12: New Ways to Feel Good

Presenter: Jim Weiberg

Conference Room, Paneras, Missouri Boulevard

Discuss "Peace of Mind;" exploring interests ; carving out
a life of your own; connecting with friends and commu-
nity.

March 19: To Move or Not to Move

Presenter: Rev. Barbara Gulick, Associate Minister, First
Christian Church with her parents.

Conference Room, Paneras, Missouri Boulevard

Discuss the issue of moving to be near your children and
loved ones or remain with your current network of sup-
port connections of friends and doctors.

March 26: Gospel Singing

Presenter: Glen Gonder and Band

Johnny's Butcher Shop, 2314 Route B, jefferson City

Sing along or just enjoy the music to warm your soul on a
cold winter day.

Coordinator: Georganna Beachboard, 635-1566

Join the Relay for Life - call Judy 893-2256 or
Sheila 636-2054

Intermediate Bridge

(Note: \$4 charge per meeting day at the door)

TUESDAYS, 9:30 - 11:30 am.

March 6, 13, 20, 27 or April 3

Presenter: Jerri Cunningham
Intermediate Bridge (No trump, Leads, Defensive play)
Downstairs, Knights of Columbus,
Tanner Bridge Road

Cost: \$12

Coordinator: June Glaser, 635-4254

Interesting History

WEDNESDAYS 9:30 - 11:30 am..

March 7, 14, 21, 28, or April 7

Clysdale Room Budweiser Building,
St. Mary's Boulevard

March 7 - Missouri Courthouses

Presenter: Dennis Weiser

March 14 - 1904 World's Fair

Presenter: Bob Herman

March 21 - Holocaust

Presenter: To be announced

Coordinator: Dr. David Linsenbardt

March 28 - Orphan Trains

Presenter: Shirley Andrews

Coordinator: Dr. David Linsenbardt, 636-3727

Issues of Aging

THURSDAYS - 9:30-11:30 am.

March 8, 15, 22, 29 or April 5

Clysdale Room, Budweiser Building,
St. Mary's Boulevard.

March 8 - How the Body Ages, Finding Dr. Right, Tests, etc.

March 15 - Medications, Forgetfulness, Alzheimer's

March 22 - Legal Issues of Aging, Patient Bill of Rights,
Psychological Issues of Aging.

March 29 - Physical Fitness, Nutrition.

Coordinator: Dr. David Linsenbardt, 636-3727



WANTED!

The Curriculum Committee needs new members. The Committee members recommend subjects they think are interesting, help put together the course and volunteer to coordinate courses. Everybody helps out and they meet only when needed. It is a great way to meet people and contribute to the organization. Call Georganna Beachboard for more information 635-1566. — ML:



Winter Membership Meeting

It has been decided that the Winter Membership Meeting will primarily be a business meeting. We have had comments that the membership does not know what is going on in LIR. LIR has 2 membership meetings per year and the amount of information given regarding LIR operations has become minimal. Consequently the meeting January 26, 2007 will focus on giving you information about the organization and giving you an opportunity ask questions and make recommendations.

One of the items that will be addressed is the 2007 budget. You will also be voting on the amendments to the Constitution/Bylaws. We will be taking questions & comments from the floor, in small groups and in writing.

Note on your calendar - 1:30 pm, January 26, 2007, United Church of Christ (Snow Day - February 2, Friday;) send in your registration and attend to help guide this great organization.



LIR Club Report

Pinochle: Meets 4th Monday, 2 pm

Bridge Club: Meets second Monday 1 pm

Book Club: meets 4th Monday 1 pm

Creative Writers Society: meets 2nd Thursday 9:30 am
You are invited to join and there is no added charge for LIR club membership but members must have paid current LIR dues.

Coordinator June Glaser, 635-4254

Quick Notes for LIR Travelers



Rosemarie Turner, Educational Travel Chair

All coaches will leave from the Wal-Mart parking lot unless otherwise specified in the travel narrative.

TIME is of essence! Please set two alarms, rely on a friend for a wake-up call, but NEVER, NEVER be late. The maximum time a coach will wait for a traveler is 10 minutes from assigned departure time. Sorry, but that's the rule! There are schedules to meet.

IF you do not have a roommate for overnight stays, don't hesitate to register for that trip. We will do our best to find a compatible roommate for you. If you plan for single room occupancy reservations, please indicate this on the registration form.

BEGINNING with this issue, we are listing the number of travelers we can accommodate and activity levels for each trip. Activity levels are as follows.

MODERATE ACTIVITY--includes walking short-to-intermediate distances over relatively level terrain and possibly some steps. MORE STRENUOUS ACTIVITY--includes walking intermediate to long distances and climbing stairs. Those with physical limitations should take this into consideration.

MOST STRENUOUS TRIPS--participants should be physically fit to enjoy all the activities.

WE, as a committee, love to plan trips for you. Please let us know your interests and how we can better serve you.

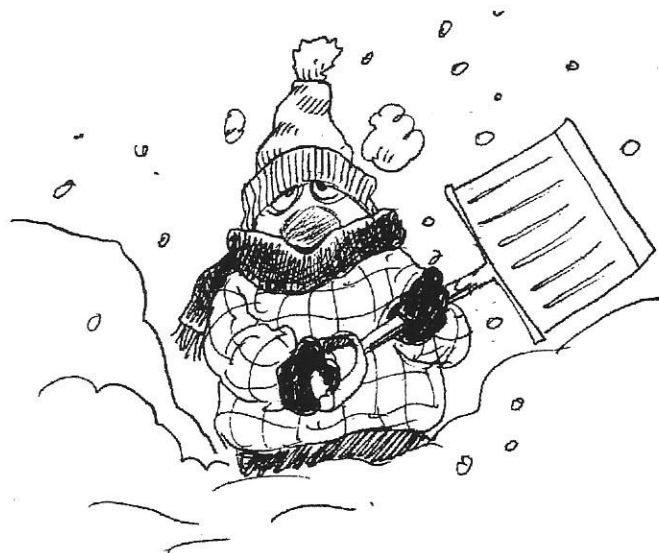
Breaking News

Relay for Life LIR Team

Just as the Newsletter is being put to bed (see story on page 2) we have received more information about the American **Cancer Society Relay for Life**. It will be held starting June 1, 2007, 6:pm - 6:am at the Jaycees Fairground. Judy Alexiou and Sheila Larkin Scott are putting together a team of 15. As a team will be responsible for collecting a minimum of \$1500. They also will be responsible for having someone walking through out the night, and having fun activities at the LIR tent to help past the time.

You will be hearing more about this at the Winter Membership Meeting and at the classes. You can support the team by giving, helping with activities, or walking. Come to the opening ceremony, you won't regret it. Please call **Judy (893-2256)** or **Sheila (636-2054)** and offer your support.

SNOW POLICY:
NO SCHOOL -
NO PROGRAM





E-mail: lir@lincolnu.edu
Tele. 573/681-6152

NONPROFIT ORG.
U.S POSTAGE
PAID
Jefferson City, MO
Permit No. 364

P.O. Box 105166
Soldiers Hall, Room 7
Lincoln University
Jefferson City, MO 651110

Fast Forward--Mark your Calendar 2007

Registration will be in the next newsletter

August 16, 2007 – Eureka Missouri. We will visit the Black Madonna Shrine and Grottos, a galaxy of multi-colored rock grottos and unique outdoor Chapel of the Hills with beautiful mosaics created by renowned artist Frederick Henze. The area has seating in a covered pavilion. At noon, lunch at Joe Baccardi's in downtown Eureka. A few blocks away, Father Anderson will lead a tour and provide the history of Sacred Heart Church and the art work provided by local artists. On this site Michelle "Mike" Ochonicky, will demonstrate her scrimshaw art form, and will provide the history of carving on ivory.

September 26, 2007 - Cahokia Mounds State Historic Site and National Shrine of Our Lady of Snows. We will travel to Belleville, Illinois for a motor coach tour of the National Shrine of our Lady of the Snows, a 200 acre outdoor shrine. Lunch will be served at the Oatman House Tea Room, built in 1875 and stands as a historic landmark of downtown Collinsville, Illinois. The afternoon will be spent at Cahokia mounds State Historic Site, an ancient natural American Indian City.

October 2007 - Exploring Oklahoma

Every city has its own unique culture, whether it's Native American artifacts, Cowboy Museums or oil wells. We will explore the Oklahoma City National Memorial where the bombing of the Alfred P. Murrah Federal Building took place in 1995 and much, much more. Mark your calendar for this fall trip. You won't want to miss it!

December 2007 - Holiday Event

Plans to celebrate the season with an overnight in Kansas City, MO. are in the making. We're searching for a great theater event and other places of interest. For sure we will see the legendary holiday lighting on the Plaza.

