

Learning in Retirement, Inc.



~ LINCOLN UNIVERSITY ~

Email: lir@lincolnu.edu

LIR, Inc.

NEWSLETTER

Soldiers Hall, Room 7
Lincoln University

Jefferson City, MO 65110

P.O. Box 105166
(573) 681-6152

Vol. 13. No. 2

July 2005

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COMING EVENTS

- July 29—Membership Mtg
- Sept 2—Canoe Float Trip
- Oct 5-8—Kentucky
- Nov 7-9—Branson
- Dec 11—St. Louis

*Eight short courses are
Offered in September and
October (see blue sheet)*

LIR, INC SUMMER MEETING FRIDAY, JULY 29, 2005 JEFFERSON CITY HIGH SCHOOL

Get ready for a super-duper Learning In Retirement, Inc. Summer Membership Meeting!!!

This year it is scheduled for **Friday, July 29, 2005** in the cafeteria of the Jefferson City High School, 609 Union Street. We will begin with fellowship at **5:00 pm** (*note that's half an hour earlier*). Then at **5:30 pm**, thanks to our Hospitality Chair Joyce Lewis, we will enjoy a sumptuous dinner with ample desserts.

The cost for this meal is \$9.50 for non-members and \$5.00 for members. If you are not a member, but join by the time of the dinner, your cost will be only **\$5.00**. To make your reservation for the dinner, please send a separate check for the correct amount to the LIR Office. Deadline is **Monday, July 18, 2005**.

Following the dinner, President Gordon Butler will conduct the Business Meeting during which introductions will be made of the new officers, and chairpersons who will take office in January 2006. Also introduced will be those presenters and coordinators who have served, or will be serving during 2005.

who will take office in January 2006. Also introduced will be those presenters and coordinators who have served, or will be serving, during the 2005 sessions. Certificates of Appreciation and book vouchers will be presented to the appropriate presenters.

The featured speaker will be **Beverly Graves**—you can read all about her and the program she will offer for our enjoyment on the special flyer that is enclosed with this Newsletter. She sounds hilarious so you won't want to miss her!!!

This year, we again will have **No Registration Tables**. To sign up for short courses and/or educational travel trips, please send in (or take in) your completed forms and money to the LIR Office as soon as you have looked over this Newsletter and decided in which events you want to participate. Remember, on some events it is 'first come, first served' so please don't procrastinate!

We will have **Travel and Curriculum Display Tables** at the meeting, in case you need help with anything related to LIR.

EDUCATIONAL TRAVEL

CANOE FLOAT TRIP

Friday, September 2, 2005

Once more, for your pleasure, we've made arrangements with the Department of Conservation for a canoe float trip on the Big Piney south of Rolla. This will be a day to relax, enjoy the outdoors, learn more about our Missouri streams, and have fun with friends.

You do not have to be an experienced canoeist to enjoy this trip. Someone who has experience will be responsible for your canoe. Lunch-on-a-sandbar will be provided.

We will leave from the **Runge Nature Center at 7:00 am** and will return home in the late afternoon.

The **non-refundable registration fee is \$10.00. Final payment will be approximately \$15.00** and is due on the day of the trip. You will be informed by telephone concerning final arrangements.

Trip Coordinators: Bob Gillilan 893-3547 and Vera Rust 893-2507.

EXPLORING KENTUCKY October 5, 6, 7, and 8, 2005

Come, let's explore Kentucky—there's lots to see and do! This trip has plenty of walking so please wear comfortable walking shoes and casual, layered clothing. There will be two breakfasts, one lunch, and one dinner provided.

Day 1: Leave from the Wal-Mart parking lot promptly at 6:00 am. A lunch break is planned for Mount Vernon, Illinois and of course, we will have a morning and afternoon stretch break. Our first Kentucky stop will be a self-guided tour of the Patton Museum, followed by a drive-by of Fort Knox—sorry, can't stop for samples! About 6:00 pm we should be in Bardstown—our home for the next two nights. The first evening is on your own—dinner options are close to the hotel.

Day 2: At 8:30 am following our complimentary breakfast at the hotel, a step-on guide will join us on the coach to give us a one-hour descriptive tour of Bardstown. This will help you to determine which of the many historic attractions you will choose to

visit. In the afternoon, we will board the coach again and travel 13 miles to tour Jim Beam Distillery and Home. Our evening will be spent aboard the Kentucky Dinner train for a scenic ride and dinner.

Day 3: At 8:15 am, following our complimentary breakfast and checkout, our destination is Shaker Village where we can investigate the Shaker legacy and have lunch in this unique village. After lunch we will drive through horse country toward Lexington to meet Margaret, our Kentucky Park Horse Farm tour guide—she will give us a three-hour tour into areas our coach cannot go. The evening will find us in downtown Louisville at the Galt House, three blocks from 4th Street, live with shopping and a food court with a variety of options for dinner.

Day 4: Breakfast on your own. At 9:00 am we will tour the Louisville Slugger Museum & Factory followed by a tour of Churchill Downs and the Kentucky Derby Museum. After lunch we will begin our homeward journey—we plan to be home by about 10:30 pm.

Total cost of this trip is \$350.00. A non-refundable deposit of \$100.00 is due with your registration form—Final payment of \$250.00 is due by September 1, 2005.

Trip coordinators: Rosemarie Turner 635-3175 and Vera Rust 893-2507.

BRANSON, MISSOURI

November 7, 8, and 9, 2005

WOW!!! You asked for it--now you've got it!!!

This exciting trip to Branson includes the following highlights:

- Two great shows: Bobbie Vinton and Daniel O'Donnell
- Tour of Veterans Memorial Museum
- A visit to Roy Rogers Museum and attendance at the Roy Rogers, Jr. Musical Show
- Guided Tour of Historic Branson (we'll get history and interesting stories)
- Dinner at Jim Owens Steakhouse
- Festival of Lights Tour (we understand it's a new route this year)

Lodging (two nights) will be at Best Western Music Capital Inn—and there will be two continental breakfasts.

We'll leave from the Wal-Mart parking lot promptly at 8:30 am. We'll stop at Lambert's Café for lunch (**on your own**) before arriving in Branson. We're looking forward to *kicking off the 2005 Holiday Season* with this fun-filled three days in Branson—so, send in your registration and *let's fill the bus!!!*

Total cost of this three-day trip is \$282.00. A non-refundable deposit of **\$55.00** is due with your registration form—**Final payment of \$227.00 is due by October 15, 2005.**

Trip Coordinators: Vera Rust 893-2507 and Rosemarie Turner 635-3175.

CHRISTMAS AT THE CATHEDRAL **Sunday, December 11, 2005**

What a special Christmas treat we've got planned for you!!! Please join us for the **first ever** "Christmas at the Cathedral" concert in the splendor of the St. Louis Basilica. The program will feature more than 200 singers from three choirs—the Cathedral Choir, the Archdiocesan Adult Choir, and the Children's Choir. Also you will hear from the Archdiocesan Handbell Choir and a twenty-piece orchestra. The performance will include beloved carols, both old and new, and the "Magnificat" by John Rutter. We are privileged to have obtained excellent seating.

Before the concert, there will be time to stroll about the Romanesque-Byzantine Cathedral, which contains the world's most extensive collection of mosaic art. Dinner will be in the Central West End at Duff's Restaurant (not a cafeteria) where the owner offers fine dining in an eclectic atmosphere.

We will leave the Wal-Mart parking lot promptly at 11:00 am and return at approximately 9:30 pm.

Total cost of this trip is \$87.75. A non-refundable deposit of **\$35.00** is due with your registration form. **Final payment of \$52.75 is due by November 14, 2005.**

Trip coordinators: Marilyn Miller 636-8233 and Frances Meyer 635-6425.

DON'T FORGET---you need to wear your nametag to all educational trips—all short course classes—and any other LIR function—we like to know who you are!!!! If you have lost your nametag, please call Rosemarie Turner at 635-3175.

A PREVIEW OF UPCOMING EDUCATIONAL TRAVELS

This column is just to whet your appetite for trips that are being planned for the first half of 2006. Naturally, they are still in the preliminary planning stages but Mary Lou and her committee already have some good ideas for these upcoming trips. Here's what they have in store:

March: *Oklahoma* at Jesse Hall Auditorium
April: Possibly touring Cape Girardeau
May: Touring St. Joseph
June: Prairies of southeastern Kansas
July: St. Louis University Art Museum

The registration information for these trips will be included in the LIR December Newsletter.

Remember you must wait to register for these 2006 trips until after the NEXT Newsletter is delivered.

HERE'S A SUGGESTION from Mary Lou: *If you think you would like to take one of the trips, but are not absolutely sure you will be able to make it, instead of registering and sending in your non-refundable deposit—register by putting yourself on the WAITING LIST instead—this way you will not lose your deposit—there is usually someone who can't make it at the last minute and the waiting list has to be consulted.*

LIR WEBSITE

LIR now has a Website! Thanks to Kathy Pabst, LIR/LU Liaison. You can access it at lincolnu.edu/~gscu/contedu.htm. It's still a work in progress, but if you have a computer give it a whirl and let us know what you think about it.

A MESSAGE
From Your President
GORDON H. BUTLER

We have set two concurrent goals for LIR in 2005, they are:

(1) How can the LIR membership be better served by expanding continuing learning opportunities?; and

(2) How can LIR enhance the relationship LIR has with Lincoln University's Division of Continuing Education?

The LIR Board and its Committees currently are discussing specific ways these mutually compatible goals can be achieved this year. The LIR Board of Directors' spirit of dedication in addressing the challenges and changes of the future should be applauded, and I am appreciative of their cooperation and input.

The schedules for the LIR short courses and educational travel have been completed for the rest of this year and you will find them listed elsewhere in this Newsletter—we hope you will find some that will add that extra special something to your lives.

Gordon H. Butler

SPECIAL OPPORTUNITIES
available at
LINCOLN UNIVERSITY for LIR MEMBERS

As a member of LIR, Lincoln University is pleased to extend to you special discounts and access to on-campus activities and services. As a valuable member of our LU community, LIR members can participate in any of the following programs:

*** LU Concert Series—If you purchase a season ticket for the LU concert series, you will receive a \$5.00 discount on the season ticket price. The regular cost of a season ticket is either \$35.00 or \$45.00 (depending on seating preference)—or individual performance tickets cost \$10.00. There are six performances scheduled for this school year. For more information please contact Harry Trickey at trickeyh@lincoln.edu

***Library Access—Visit the beautiful Page Library with convenient and accessible parking and check out up to three books during your visit. You must complete a "Library Patron Service Request" form in order to set up an account at the library. Stop by anytime during their regular hours of 7:30 am to 12:00 midnight Mondays through Thursdays, 8:00 am to 5:00 pm, Fridays, 9:00 am to 5:00 pm Saturdays, and 3:00 pm to 12:00 midnight Sundays. To help members understand the services and resources of this magnificent library, Elizabeth Brice Wilson, LU Librarian, will be teaching a short course for us on Wednesdays in September in the Ethnic Studies Room. She also has promised to give us a tour of the building.

***Bookstore Discount—If you need extra supplies or would like to purchase an LU imprinted item, the LU Bookstore can help. You will receive a 10 percent discount on your purchases, excluding textbooks. The bookstore is located in the Scruggs University Center.

Take advantage of these services available exclusively to LIR members. If you have any questions, please feel free to contact Kathy Pabst, LU/LIR Liaison, at (573) 681-5206.

CLUBS COLUMN

This is a new feature for the Newsletter to keep you up-to-date on the LIR Clubs that are available to you as LIR members. **June Glaser** (635-4254) has graciously consented to serve as the Clubs Coordinator—you can contact her if you have questions about any of these Clubs. Presently, we have five Clubs in operations:

Creative Writers Club—meets the second Mondays of each month at 9:30 am in Room 111, Soldiers Hall on Lincoln's Campus.

Book Club—meets the fourth Monday of each month at 1:00 pm in the LIR Office, Room 7 of Soldiers Hall on Lincoln's Campus.

Bridge Club #1—meets on the Second Monday of each month at 1:00 pm in the LIR Office, Room 7 of Soldiers Hall on Lincoln's Campus.

(continued on Page 7)

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Friday, July 29 LIR Membership Meeting 5:00 pm JC High School			1 Family History & Genealogy 1:30-3:30 pm Coca Cola Bldg	2 Canoe Float Trip	3
4	5	6 Pride & Prejudice By Jane Austen 1:30-3:30 pm Central UCC	7 Library Services & Resources at LU 9:30-11:30 am Lincoln Library	8 Family History & Genealogy 1:30-3:30 pm Archives Bldg	9	10
11	12 Creating Life Satisfaction 1:30-3:30 pm Central UCC	13 Pride & Prejudice By Jane Austen 1:30-3:30 pm Central UCC	14 Library Services & Resources at LU 9:30-11:30 am Lincoln Library	15 Family History & Genealogy 1:30-3:30 pm Archives Bldg	16	17
18	19 Creating Life Satisfaction 1:30-3:30 pm Coca Cola Bldg	20 Pride & Prejudice By Jane Austen 1:30-3:30 pm Central UCC	21 Library Services & Resources at LU 9:30-11:30 am Lincoln Library	22 Family History & Genealogy 1:30-3:30 pm Archives Bldg	23	24
25	26 Creating Life Satisfaction 1:30-3:30 pm Coca Cola Bldg	27 Pride & Prejudice By Jane Austen 1:30-3:30 pm Central UCC	28 Library Services & Resources at LU 9:30-11:30 am Lincoln Library	29	30	

2005

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Creating Life Satisfaction 1:30-3:30 pm Coca Cola Bldg	4 Renaissance, Latin Linguista, et al 1:30-3:30 pm Coca Cola Bldg	5 <i>Kentucky Trip</i>	6 <i>Kentucky Trip</i>	7 <i>Kentucky Trip</i>	8 <i>Kentucky Trip</i>
9	10 Duplicate Bridge 1:30-3:30 pm LIR Office ROTC Bldg, LU	11 Renaissance, Latin Linguista, et al 1:30-3:30 pm Coca Cola Bldg	12 Church History 1:30-3:30 pm Stain Glass Theatre	13 Poets of the Feminine Persuasion 1:30-3:30 pm Central UCC	14	15
16	17 Duplicate Bridge 1:30-3:30 pm LIR Office ROTC Bldg, LU	18 Renaissance, Latin Linguista, et a 1:30-3:30 pm Coca Cola Bldg	19 Church History 1:30-3:30 pm Stained Glass Theatre	20 Poets of the Feminine Persuasion 1:30-3:30 pm Central UCC	21	22
23	24 Duplicate Bridge 1:30-3:30 pm LIR Office ROTC Bldg, LU	25 Renaissance, Latin Linguista, et a 1:30-3:30 pm Coca Cola Bldg	26 Church History 1:30-3:30 pm Stained Glass Theatre	27 Poets of the Feminine Persuasion 1:30-3:30 pm Central UCC	28	29
30	31 Duplicate Bridge 1:30-3:30 pm LIR Office ROTC Bldg, LU		November 2 Church History 1:30-3:30 pm Stained Glass Theatre	November 3 Poets of the Feminine Persuasion 1:30-3:30 pm Central UCC	Nov 7-9 <i>Branson Trip</i>	Sunday, Dec 11 <i>St. Louis Trip</i> <i>Christmas at the Cathedral</i>

2005

Bridge Club #2—meets weekly on Thursdays at 1:30 pm—the venue varies because they meet at the pleasure of the host—members take turns being host.

Please Note: Both Bridge Clubs need 'substitutes' i.e. someone to be available to fill in now and then when a member is absent—if you are interested, please call June.

Evergreen Investment Club—meets the third Wednesday of each month at 1:00 pm at the First United Methodist Church on Monroe Street. *Please note: This is not an LIR Club per se—it did begin as an LIR Club, but they now have some members who do not belong to LIR and since they do not meet at Lincoln this is permissible. If you are interested, please call Bob Gruner at 635-3253.*

We are contemplating organizing new Clubs—several members have expressed interest in a **Pinochle Club, Biking Club, and Chorus**—If any of these appeal to you, please call June and give her your name and address. If enough members are interested, June will organize the Club and get you started.

I'm sure there are other interesting subjects that would make good Clubs—if you have any bright ideas, please call June and let her know where your interests lie.

SENIOR CITIZEN DISCOUNTS FOR COURSES AT LINCOLN UNIVERSITY

Lincoln University has a program in which senior citizens can take regular academic courses at a discount cost. Here are the guidelines:

1. You must be 65 years old or older.
2. Enrollment is on an audit status only—that means you will not earn credits—however it also means you do not have to take tests.
3. Acceptance in the class is on a space available basis.

4. Cost for each course is \$20.00 per semester.

The reason credits cannot be earned for this reduced cost is because it would not be fair to those students who are paying full price to earn their credits.

I'm sure you will agree, \$20.00 is a wonderful bargain for the opportunity to learn at the university level—and think of the pleasure this new knowledge will give you as well as the health benefits—they say as long as you keep your little gray cells active old man Al-Zimer will stay away!

REVISED EVALUATION FORMS

We are trying a new method of gathering information about what short courses you would like to see your Curriculum Committee scheduling. With this Newsletter, we are enclosing an Evaluation form with suggested short courses, and many pertinent questions for you to answer to give us some guidelines of the types of courses that will please you.

We are asking every member to complete this form and get it back to the LIR Office—either by mailing or taking it in—or you can give it to a Board Member at the Summer Membership Meeting.

If you do not wish your name to show on the upper portion of the form, please cut it at the appropriate place and send in the two halves separately.

We will continue to use a simplified Evaluation Form on the last class of each short course to let us know your views on that particular course and presenter. There will also be an Educational Travel Evaluation Form for each trip taken.

TIME FOR HANGTAG RENEWAL

Note to All Members: Please fill out the enclosed hangtag form and return it to the LIR Office. Renewal of LIR hangtags follows the Lincoln U year, which is September 1 through August 31. If you don't have a current tag you will get a ticket.

Learning In Retirement, Inc.
Post Office Box 105166
Jefferson City, MO 65110

Return Service Requested

VOLUNTEERING WITH LIR

As you all know, LIR is run by volunteers—and we have an abundance of members willing to give their time and talents by helping in the office, serving as coordinators and presenters for the short courses, organizing the educational travel trips, serving on various committees, and doing all manner of important tasks for our organization—and we appreciate of everyone of you!!!!

But there is another avenue for volunteers to serve—at Lincoln University! Here are some of the departments who have expressed desires to have LIR volunteers help:

Business/Professional Studies: need 20-50 volunteers as mentors for the New Family Life Center.

Center for Assessment, Institution Research and Planning: need volunteers to send GET notification mailings, proctor tests and surveys, and distribute test results.

Early Childhood: need volunteers to type minutes and do secretarial work.

Education: need volunteers to answer phones, take message, and greet people during the lunch hour.

JCTV: need volunteers to update the Community Calendar and/or help produce programs.

Library: need volunteers for Ethnic Studies on Sundays.

LU Foundation: need volunteers to help with large mailings, data entry, and 'phonathons.'

If you are interested in serving in any of these capacities, please call Sharon Nelson at the LIR Office (573) 681-6152.

OFFICE HOURS FOR REGISTRATION

***In person: Mondays through Thursdays
10:00 am to 1:00 pm***

By mail: Any time

You may start registering for short courses and/or trips as soon as you receive this Newsletter.

LEARNING IN RETIREMENT, INC.

Detailed Descriptions of Autumn 2005 Short Courses

SEPTEMBER:

1. **CREATING LIFE SATISFACTION** to be taught by Dr. Rita Esterly 65109
525 Esterly Estate 65
Mondays—Sept 12, ~~19~~, 26 & Oct 3rd—1:30 pm to 3:30 pm **Venue:** Coca Cola Community Bldg for the last 3 classes—the first class will be held at Central United Church of Christ. *Please note: we're starting on the second Monday because the first Monday is Labor Day.* Details: Class 1: The New Field of Positive Psychology—introducing the new field of optimism. Class 2: The Life Satisfaction Model—discussing research on what composes life satisfaction and applying to your life. Class 3: Signature Strengths—research on what composes life satisfaction and applying to your life. Class 4: **(computer access needed for this unit)**—using our strengths can lead to more satisfying life. Class 4: Optimism and Resilience—tips on keeping positive outlook and being resilient in face of adversity.
Coordinator: Dr. David Scherr

2. **PRIDE AND PREJUDICE** by Jane Austen to be taught by Barbara Gage. 11934 Windriver Dr
65701
Tuesdays—Sept 6, 13, 20 & 27—1:30pm to 3:30 pm. **Venue:** Central United Church of Christ
NOTE: Please sign up early for this course—we will have a book for you and Barbara would like you to read the first couple of chapters before the course begins.
Coordinator: June Glaser

3. **LIBRARY SERVICES & RESOURCES AT LU** to be taught by Elizabeth Brice Wilson 218 Page Lib
Wednesdays—Sept 7, 14, 20 & 27—9:30 am to 11:30 am. *(Please note the time carefully)*
Venue: Ethnic Studies, Page Library, LU *(Note time carefully)* As LIR members we are afforded many privileges at this magnificent library—Ms Wilson is LU's Librarian and will tell us of the services and resources and give us a tour.
Coordinator: Celia Smith

4. **FAMILY HISTORY AND GENEALOGY** to be taught by Lola Rice and Connie Reichardt 1825 Ellis St 65109
P.O. Box 15
Westphal
Thursdays—Sept 1, 8, 15 & 22—1:30pm to 3:30pm. **Venue:** Coca Cola Community Bldg for the first class—the rest of the classes will be in the Archives Bldg.
Coordinator: Mary Kay Linsenhardt

OCTOBER:

1. **DUPLICATE BRIDGE** to be taught by Geri Cunningham 4036 Cambridge Circle 65709 *(Note: this class is limited to 17—that's 4 tables and one spare)*
Mondays—Oct 10, 17, 24 & 31—1:30pm to 3:30 pm. *(We're starting on the second Monday because the September Monday classes spill over to the first Monday in October)*
Venue: LIR Office, ROTC Bldg, Lincoln University.
Coordinator: tba

2. **RENAISSANCE, LATIN LINGUISTA, CLASSICAL MYTHOLOGY, ROME TODAY** to be taught by James Farris. 1815A Cedar Ridge Ct 65709
Tuesdays—Oct 4, 11, 18 & 25—1:30pm to 3:30 pm.
Venue: Coca Cola Community Bldg
Coordinator: Mary Lee Wyss

3. **CHURCH HISTORY** to be taught by the Rev. Dr. Cecil Culverhouse 306 W. Main, Fulton
65251
Wednesdays—Oct 12, 19, 26 & Nov 2—1:30 pm to 3:30 pm. *(We're starting on the second Wednesday because the Travel Committee has scheduled a trip on the first Wednesday)*
Venue: Stained Glass Theatre.
Coordinator: Bob Heidbreder

4. **POETS OF THE FEMININE PERSUASION** to be taught by Dr. Linda Wyman 420 MLK Hall
Thursdays—13, 20, 27 & Nov 3—1:30pm to 3:30pm. *(We're starting on the second Thursday because the Travel Committee has scheduled a trip on the first Thursday)*
Venue: Central United Church of Christ
Coordinator: Phyllis Von Der Bruegge

1-800-275-8777