



LIR, Inc.
NEWSLETTER

Soldiers Hall, Room 7
 Lincoln University

P.O. Box 105166
 (573) 681-6152

Jefferson City, MO 65110

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June 2003

Editor: Phyllis Von Der Bruegge

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COMING EVENTS

- Jul 29----Summer Membership Meeting
- Sept 12-----Springfield, MO
- Oct 3-----Float Trip
- Oct 2-3-----Missouri Parks and Springs
- Oct 28-Nov 1-----Vicksburg
- Sept: Four Short Courses
- Oct: Four Short Courses

LIR, INC SUMMER MEETING
Scheduled for JULY 29, 2003
at JEFFERSON CITY HIGH SCHOOL

The annual LIR, Inc. Summer Dinner and Membership meeting is scheduled for **Tuesday, July 29, 2003** in the cafeteria of the **Jefferson City High School** located at 609 Union Street. Doors will open at 5:30 pm so, dinner will be served at 6:00 pm.

To make your reservation for the dinner, please send a **separate check for \$4** (if you are a member) to the LIR Office. *There will be no reimbursement this year.* Non-members please send a **check for \$8**, \$4 of which will be applied to your \$40 membership dues if you join at this meeting. **Deadline for registering for the dinner is July 22.**

The meal will include: turkey & dressing, ham, potatoes, corn, green beans, lettuce salad, fruit salad, pies, tea and coffee. Mr. Charles Palmer of the Lewis & Clark Committee will be the guest speaker and The Mellowtones from First United Methodist Church will provide the entertainment.

President, Vera Rust will conduct the Business Meeting which will include election of officers for 2003-2004. Certificates and book vouchers will be presented to fall and spring presenters. **At the close of the Business Meeting** registration tables will be opened for those wishing to join LIR and to register for the short courses and trips. *However, current members are encouraged to register as soon as this Newsletter is received.* Some courses and trips have limits on the number who can participate, so do register early and note if you want your name placed on the waiting list. **To help with the bookkeeping, please be prepared to pay by check!!**

A map showing you where to park at the High School is on the back of the Newsletter. **Hang Tags for your car** need to be renewed before August 2003. An application for your new hang tag is enclosed with this newsletter. New members will receive their applications at the meeting.

EDUCATION TRAVEL

SPORTS/WONDERS OF WILDLIFE TRIP

Springfield, Missouri
Friday, September 12, 2003

Let us take a venture to Springfield, MO and visit the Missouri Sports Hall of Fame on Stan Musial Drive and the Wonders of Wildlife Living Museum and Aquarium. From the greatest superstars to the sharpest coaches to the unheralded underdogs, the Missouri Sports Hall of Fame has everything to which sports aspire. At the pitching cage, your eyes will be opened as your selected major league pitcher throws his best stuff at game speed—90 to 100 mph—right at you!

After a buffet lunch at Hemingways located in the Bass Pro shop, we will visit the Wonders of Wildlife Living Museum and Aquarium where you can be face-to-face with the white sharks, stingrays, and other fish in the huge aquarium. Enjoy the antics of playful otters, view more than 160 other live species in their natural habitats, and discover Nature at her finest as you take an enchanting Walk in the Ozarks on a self-guided tour.

The remainder of our time there will allow visiting or shopping in the Bass Pro Shop.

We will depart from the Wal-Mart parking lot promptly at **7:00 am on Friday, September 12** and return to Jefferson City around 7:00 pm.

A **non-refundable deposit of \$20.00** is due with your reservation form. **Final payment of \$15.00** is due **August 11, 2003**. Cost includes bus fare, buffet lunch, gratuities, and admission fees.

Trip Coordinators: Stan Neuner 893-2322 and Joe Bacon 893-3193.

ANNUAL FLOAT TRIP Friday, October 3, 2003

Cost of this year's Annual Float Trip includes lunch on the river and will be approximately \$18.00. Money will be collected the morning of the trip. Those who are signed up will be called before the trip regarding departure and return times. Plan for a

full day! If you have never floated, you don't know what you've been missing. No experience is required. For further information call the **Trip Coordinators:** Bob Gillilan 893-3547 or Judy Heady 635-1811.

SPRINGS, STREAMS, AND AN OUTSTANDING CAVE Thursday, Oct 2-Friday, Oct 3, 2003

Take a spring trip in the fall to one of Missouri's most beautiful areas. The Ozark National Scenic Riverways lies in the southeastern part of our state and is the only area administered by the National Park Service.

On Thursday, we will leave the Wal-Mart parking lot **promptly at 7:00 am**. Our first stop will be at Montauk State Park near Licking. There we will have a coffee break and visit the Montauk Spring. A member of the Park staff will speak to us about the area.

Round Spring, near the Current River, will be our next stop. We will be met there by a National Park naturalist who will speak to us about the geology and the Karst cave system in the area.

In Eminence we will have a buffet lunch at Winfield's Restaurant located in an old soda fountain and store building.

Next, we will visit Alley Spring. A National Park naturalist will give us a tour of the old mill and schoolhouse and tell about the history of the area.

At Big Spring near Van Buren, we will be met by a National Park naturalist who will tell us about the area and the history of the work of the CCC in the 1930s.

We will spend the night at Rosecliff Lodge at the Landing in Van Buren. Our evening meal will be at the Blue Heron Restaurant at the motel.

Friday morning we will return to Big Spring Park for a buffet breakfast at the Dining Lodge, and then begin our scenic journey back to Cuba along I-44 where we will stop for lunch.

Onondaga Cave in Huzzah State Forest will be our next stop. Here we can take a guided 90-minute tour of the cave, which is one mile in distance and in places is steep and damp underfoot. Sturdy walking shoes and a jacket are a must. Those not wishing to tour the cave can view exhibits and a film in the Park bldg and/or walk along nature trails.

We will return to Jefferson City and should arrive at approximately **6:00 pm**.

A non-refundable deposit of \$35.00 is due with your registration form. **Final payment of \$75.00 double or \$120.00 single** is due **August 29**. The trip cost includes bus fare, lunch, motel, and breakfast.

Trip Coordinators: Joe and Marilyn Bacon 893-3193 and Jim and Sharon Nelson 635-2662.

HISTORIC VICKSBURG & NATCHEZ TOUR
Tuesday Oct 28—Saturday, Nov 1, 2003

Touring Vicksburg and Natchez, Mississippi, we will step back in time as we view some history of the Civil War era.

Day 1: We will leave Jefferson City at **6:30 am** and travel straight through to the historic Peabody Hotel, Memphis, arriving in time to watch the famous ducks parade through the lobby. Within walking distance of restaurants and famous Beal Street, you will be able to tailor your own dinner and evening entertainment. All meals this day are on your own.

Day 2: We will arrive at Vicksburg in time for lunch, then tour the Old Courthouse Museum and the privately owned Vicksburg Battlefield Museum, which includes the film *Vanishing Glory*. The Hampton Inn will be our resting place for the next two nights. The first evening we have planned an elegant dinner at Andrei's Restaurant at Cedar Groves. After dinner there will be a Ghost Tour on Cedar Groves grounds. Breakfast and lunch will be on your own.

Day 3: Will start with a free continental breakfast at the Hampton Inn, then tour the McRaven Home, which was built in 1797 with additions in 1836 and 1849. This was also the site of a Confederate

encampment. We will drive to Natchez via the historic Natchez Trace. After lunch we will see a film *Natchez Star*. A step-on guide will be with us as we tour historic Natchez, the Longwood Home, and the Roselee Home. This evening we will dine and be entertained at Magnolia Hall. We will return to the Vicksburg Hampton Inn for the night. Lunch will be on your own.

Day 4: After a free continental breakfast at the Hampton Inn we will load our luggage and head for the Vicksburg National Military Park. There we will view a short film and a step-on guide will join us as we tour the Battlefield, the Union Cemetery, the USS Cairo Museum, and the City of Vicksburg. After lunch we will start toward home, staying the night at the Drury Inn, Lake Horn, MS. This day lunch and dinner will be on your own.

Day 5: After a free continental breakfast we will drive back to Jefferson City. Lunch will be on your own and we will be in Jefferson City in time for dinner at home.

Hotel Phone Numbers: The Peabody 1-901-529-4000, the Hampton Inn 1-601-636-6100, and the Drury Hotel 1-662-349-6622.

Accommodations: For a **single** room the total trip cost is \$599.00. For a **double** room the total trip cost is \$410.00. **A non-refundable deposit of \$145.00** is due with your registration. **Final payment of \$454.00 for single room, or \$265.00 for double room** is due **September 15, 2003**. All tips, gratuities, entrance fees, and meals listed in narrative are included in the cost.

When considering your physical ability for the trip, remember three days of touring mean walking and standing, getting on and off the coach, and climbing stairs in historic buildings.

If you need further information, you **Trip Coordinators** are: Rosemarie Turner 635-3175 and Mary Lou Gillilan 893-3547.

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ALWAYS REMEMBER TO WEAR

YOUR NAME TAGS ON EVERY TRIP!!!
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**A MESSAGE
From
YOUR PRESIDENT
Vera Rust**

Our spring short courses were great and well attended. The Curriculum Committee has the fall short courses planned and are offering some interesting and diversified subjects.

The Education Travel Committee still has a couple of spring/summer trips to complete and their plans for fall trips are described in this newsletter. They already are beginning plans for 2004.

Hats off to both these volunteer groups who continue to provide the organization with a variety of learning opportunities. We remain one of the few communities with an educational organization dedicated to the retired people of our area. What a wonderful way to learn and make new friends.

Our thanks to June Glaser for the many years as Vice President of Programs and to Phyllis Von Der Bruegge who will step into that role next year. It takes many hands and heads to make a successful organization—we encourage *your* involvement!

Our chairpersons will be glad to give you more information regarding their committees. For Educational Travel call Mary Lou Gillilan at 893-3547. For more information about the Curriculum Committee meetings call David Scherr at 635-1217.

If you are interested in helping with the Hospitality Committee call Mary Kay Duckworth at 636-8055. To offer your help in the Office, call Sharon Nelson at 681-6152. If you would like to serve a term on the Board of Directors call Vera Rust at 893-2507.

Learning In Retirement can only be as good as we make it! *You* are challenged to take an active role in the continued success of this great organization. A special *Thank You* to those who initiated this program under the auspices of Elderhostel.

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A Special Note: New members need our help in identifying who we are—let's remember to wear our Name Tags at all LIR functions!!!
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**A FEW REMINDERS
From
YOUR V -P FOR PROGRAMS
June Glaser**

***Always read your Newsletter carefully as you prepare to register for the Short Courses and Educational Travel.

***This year, if you are interested in taking Short Courses, especially watch the dates on *Remembering Jefferson City* (begins Sept 30); *Drawing* (no classes on the 15th and 29th—the final class is Nov 6); and *Poetry* (begins Oct 9—no class Oct 30—final class Nov 6). These changes are made to accommodate the educational travel and the presenters. We want you to be able to take part in every activity in which you are interest.

***Travel Guidelines are printed on the lower half of the reverse side of the *green* Educational Travel Registration Form.

***Additional information about the Courses is on the reverse side of the *blue* Enrollment form.

***We have not listed all venues for the Courses. For the ones where there is no venue, that information will be given to all who register by the Coordinator.

***Coordinators will be selected from those who sign-up for the Courses—if you would like to volunteer, please call Phyllis Von Der Bruegge at 893-3868, or e-mail at ourmum@midamerica.net.

***Don't forget to fill out your Evaluation Forms—these and the many volunteers are what keep LIR the vibrant organization is has become. *Thanks to all for your continued cooperation!*

**INTERESTED IN TAKING A COURSE
AT LINCOLN UNIVERSITY**

Lincoln University provides an opportunity for individuals 60 years or age and over to enroll in college courses at a reduced rate of tuition. Seniors are charged \$12 per course up to a maximum of 12 credit hours during the fall and spring semesters and 9 credit hours during the summer session. For more info call Continuing Education Office 681-5206.

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Try Your Hand at Drawing 1:30-3:30 pm	2 no class today <i>Springs, Streams, and a Cave Trip-----</i>	3 <i>Annual Float Trip</i>	4
5	6 Genealogy 1:30-3:30 pm	7 Remembering Jefferson City 1:30-3:30 pm	8 Try Your Hand at Drawing 1:30-3:30 pm	9 Poetry Walt Whitman 1:30-3:30 pm	10	11
12	13 Genealogy 1:30-3:30 pm	14 Remembering Jefferson City 1:30-3:30 pm	15 no class today	16 Poetry Walt Whitman 1:30-3:30 pm	17	18
19	20 Genealogy 1:30-3:30 pm	21 Remembering Jefferson City 1:30-3:30 pm	22 Try Your Hand at Drawing 1:30-3:30 pm	23 Poetry Walt Whitman 1:30-3:30 pm	24	25
26	27 Genealogy 1:30-3:30 pm	28 -----	29 Historic Vicksburg & ---Natchez Tour-----	30 no class today -----	31	Nov 1 -----
			Nov 5 Try Your Hand at Drawing 1:30-3:30 pm	Nov 6 Poetry Walt Whitman 1:30-3:30 pm		

2003

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Labor Day No Classes	2 George Rogers Clark 1:30-3:30 pm	3 Nutrition for the Mature Person 1:30-3:30 pm	4 Current Affairs 1:30-3:30 pm	5	6
7	8 More Biblical Characters 1:30-3:30 pm	9 George Rogers Clark 1:30-3:30 pm	10 Nutrition for the Mature Person 1:30-3:30 pm	11 Current Affairs 1:30-3:30 pm	12 <i>Sports/Wonders of Wildlife Trip</i>	13
14	15 More Biblical Characters 1:30-3:30 pm	16 George Rogers Clark 1:30-3:30 pm	17 Nutrition for the Mature Person 1:30-3:30 pm	18 Current Affairs 1:30-3:30 pm	19	20
21	22 More Biblical Characters 1:30-3:30 pm	23 George Rogers Clark 1:30-3:30 pm	24 Nutrition for the Mature Person 1:30-3:30 pm	25 Current Affairs 1:30-3:30 pm	26	27
28	29 More Biblical Characters 1:30-3:30 pm	30 Remembering Jefferson City 1:30-3:30 pm				

2003

LEARNING IN RETIREMENT, INC.
ABILITY TO TRAVEL POLICY
3/2003

Introduction

The following policy has been developed to guide the LIR Inc. Educational Travel Committee Chair and the Executive Committee in determining when a member is considered unable to travel on planned LIR Inc. trips.

The LIR travel trips are for persons able to travel. Some accommodations may be made for a member to have assistance if the person has a physical, emotional or mental disability that affects their ability to travel.

This policy does not apply to a person who becomes ill or has an accident on the trip that causes disruption of the trip or major inconvenience to fellow travelers. Nor does this policy apply to a person solely because of need to travel with a service animal.

Purpose

The purposes of this policy are to assure the safety of both the persons with the disability and other participants and to avoid major disruption of the trip or major inconvenience to fellow participants.

Criteria For Travel

The member must be able to travel independently or with another member who has agreed to and is able to meet the person's need for assistance.

The person's behavior(s) or needs shall not be cause for reasonable persistent concern regarding: the person's safety; the safety of others; or major disruption of the trip.

Some examples of behaviors or needs that are cause for concern or considered disruptive.

- Persistent need for assistance (not met by assistant) in making decisions
- Persistent need for assistance (not met by assistant) in following the itinerary
- Wandering from the group without informing a group member and causing a major search or persistent searching for the person.
- Persistent need for physical assistance (not met by assistant) that is cause for concern regarding the person's safety or is a major disruption of the trip or causes fellow traveler(s) to provide unplanned assistance that is disruptive to their trip.

OR

A one time event when the person thoughtlessly or deliberately demonstrates behavior that causes an imminent threat to the safety of person(s) on the trip or thoughtlessly or deliberately causes major disruption to the trip.

Process

1. The process to implement the policy may be started by fellow traveler(s) bringing the concern to the attention of the trip coordinator(s) or by the trip coordinators responsible for the trip(s) when problem(s) arose.
2. Trip coordinator(s) must document concern(s) and specific incident(s). (See Incident Report Form)
3. Trip coordinator(s) take the concern to the Travel Committee Chair.
4. The involved person's name, cause for concern, and final outcome is to be kept confidential to the extent possible.

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Learning In Retirement, Inc.
Post Office Box 105166
Jefferson city, MO 65110

Return Service Requested

**Parking directions for
The Annual Summer Meeting**

