

COURSES: JANUARY-MAY 2024

MISCELLANEOUS COURSE INFORMATION

Registration forms are provided in the LIR newsletter or on the LIR website.

There is a \$3 fee for each session of a course, i.e., \$12 for a four-week course; \$9 for a three-week course; \$6 for a two-week course; and \$3 for a single course.

Registration is required for all courses so that adequate seating is available, and presenters know how many handouts or other course materials are needed. Registration should be mailed to the LIR office.

Location of courses varies, depending on the topic and class size. Specific locations for each class are named in this newsletter or will be announced in the notification letter you receive. Location changes will also be indicated in the notification letter. Cancellations and other changes can also be found on the LIR website: [Learning in Retirement \(lirjc.org\)](http://Learning in Retirement (lirjc.org)) on the Announcement tab and the Calendar tab.

You will receive a copy of your registration form in the mail for your records. This will also inform you if you are on the WAIT List.

A reminder notification will be emailed unless circumstances require USPS mailing.

Changes to LIR Course Refund Policy/Procedure Effective 2024

Please contact one of the course coordinators or the LIR office if you cannot attend any session. If you must cancel a course for which you have enrolled, **the registration fee will be refunded with a voucher to be used on a course the next semester (instead of issuing refund checks)**, if the LIR office (573-681-6152) or course coordinator receives notice one week prior to the start date of the first class.

After the one-week deadline, should an emergency occur that prevents you from attending the course, the LIR office should be notified as soon as possible.

Vouchers will be mailed to members at the end of the semester and are non-transferable. Vouchers cannot be replaced if lost. Vouchers will only be issued for missing all sessions of a multi-session course.

To redeem the voucher, attach to the course registration form when registering for courses.

FOUR-WEEK COURSES

COLD WAR AFTERMATH — PROMISE OF A NEW WORLD ORDER

Time: 10:00 a.m. - 12 Noon

Dates: Wednesdays, March 6, 13, 20, 27, 2024

Place: The LINC, 1299 Lafayette Street, Room 204

The Cold War ended with the collapse of the Soviet Union and the dismantling of the Berlin Wall. Democracy and capitalism seemed to be on the rise, as socialism and communism declined. The New World Order stressed free trade and interdependence of nations upon each other. The United States led these efforts. However, the promises of a New World Order were stifled by events such as 9/11 and unsuccessful democratic rebellions in the Middle East.

Presenter: Darius Watson, Ph.D., LU Executive
Director of Academic Initiatives
Coordinator: Bill Gerling 573-220-4319
Asst. Coord.: Mentha Bolton-Bakari 414-736-4555

Cost: \$12

MOVIES — MORE THAN THE 3 R'S

Time: 1:30 — 3:30 p.m.

Dates: Wednesdays, April 3, 10, 17, 24, 2024

Place: Missouri River Regional Library,
214 Adams Street, 2nd floor

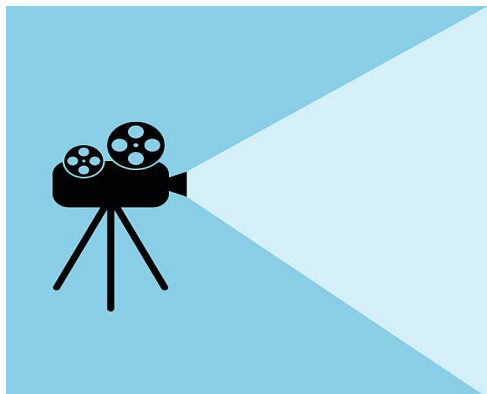
These movies are about teachers who taught more than **Reading, Riting, and Rithmetic**, and made a difference in their students' lives.

April 3: The Marva Collins Story is a 1981 Hallmark Hall of Fame film about the life of African-American teacher Marva Collins. In this touching story, a dedicated teacher in an inner-city school in Chicago faces tough odds in helping inner-city



April 10: *Dead Poet's Society* is a 1989 coming-of-age drama starring Robin Williams and set in 1959 at the fictional elite boarding school Welton Academy. It tells the story of an English teacher who inspires his students through his teaching of poetry. Painfully shy Todd Anderson has been sent to the school where his popular older brother was valedictorian. His roommate, Neil Perry, although exceedingly bright and popular, is very much under the thumb of his overbearing father. The two, along with their other friends, meet Professor Keating, who tells them of the Dead Poets Society, and encourages them to go against the status quo. Each does so in his own way and is changed for life.

April 17: *Mr. Holland's Opus* is a 1995 drama film starring Richard Dreyfus in the title role of Glenn Holland, a dedicated high school music teacher who attempts to compose his own music while struggling to balance his job and life with his wife and profoundly deaf son. Dreyfuss was nominated for numerous awards, including the Academy Award for Best Actor. The film was nominated for the Golden Globe Award for Best Screenplay.



April 24: *Freedom Writer* is a 2007 film starring Hilary Swank. It is based on the 1999 book *The Freedom Writers Diary* by teacher Erin Gruwell and students who compiled the book out of real diary entries about their lives, written in their English class at a high school in Long Beach, California. Idealistic Erin is just starting her first teaching job at the high school, which two years earlier had implemented a voluntary integration program. In the view of many of the existing teachers, the integration ruined the school, whose previously stellar academic standing has been replaced with many students who will be lucky to graduate. Erin is unprepared for the nature of her classroom, whose students live by generations of strict moral codes of protecting their own at all cost.

Coordinator: Karen Sander 573-680-9045
Asst. Coord.: LaiLin Wilson 573-690-7874

Cost: \$12

ONE-WEEK COURSES

ORAL HISTORIES

Time: 1:30 — 3:30 p.m.
Date: Tuesday, February 6, 2024
Place: First Mid Bank & Trust, 303 Ellis Blvd.

Have you ever wished you had access to more knowledge about your past family members? Not only who they were and when/where they were born and lived, but why they lived there and did what they did? How did the events in our history and world affect and impact their lives?

Join us for an important presentation that will provide information on the importance of oral histories. How they are conducted, how they are preserved, how and why people can — and should — do them within their own families.

Presenters: Sean Rost, Ph.D., Assistant Director of Research, State Historical Society of Missouri
Donna Deetz, President, Historic City of Jefferson

Coordinator: Pamela Kormann 573-680-0106
Asst. Coord.: Carol Ellinger 573-230-4006

Cost: \$3

A MISSOURI FAMILY'S SUMMER IN MOZAMBIQUE

Time: 1:30 — 3:30 p.m.
Date: Monday, February 19, 2024
Place: The LINC, 1299 Lafayette Street, Room 204

Dr. Brian Norris (and his family!) will share tales of their adventures in Mozambique during the summer of 2023, while Dr. Norris conducted research on rural local governments for his Fulbright Global Scholar Award.

Presenter: Brian Norris, Ph.D., LU Associate Professor of Political Science, and his family

Coordinator: Bill Gerling 573-220-4319
Asst. Coord.: Mentha Bolton-Bakari 414-736-4555

Cost: \$3

THE TOP 7 THINGS YOU SHOULD KNOW ABOUT WILLS AND TRUSTS

Time: 10:00 a.m. — 12 Noon
Date: Tuesday, February 20, 2024
Place: Hawthorne Bank's Community Room,
3600 Amazonas Drive

This is a repeat of a well-received program on wills and trusts given in February 2023. LIR member and retired attorney Steve Newman will give an overview, followed by presentations from Central Bank and Hawthorne Bank trust administrators.

Presenters: Steve Newman, Retired Attorney and
LIR Member
Holly Schroer, Hawthorne Bank
Trust Administrator
Heather Conway, Central Bank
Trust Administrator
Coordinator: Chris Straub 573-230-4395
Asst. Coord. Eunice Straub 573-230-6707

Cost: \$3

TOTAL ECLIPSE EXCITEMENT FOR MISSOURI!

Time: 10:00 a.m. — 12 Noon
Date: Tuesday, February 27, 2024
Place: Clydesdale Room, Scheppers Distributing,
2300 St. Marys Blvd.

Many of us will remember the amazing total solar eclipse of 2017 that created a nationwide sensation and brought people from around the world to our state. Well, it's going to happen again! On April 8, the path of totality will cross southeastern Missouri in the early afternoon, covering the sun for more than four minutes, twice as long as in 2017. Our session will cover this event in detail, what will likely be seen, and where the best places will be to see it. We'll also have time to take a look ahead to the important sky events of 2024, including a brilliant Super Moon. After the April eclipse, there won't be any other events of this type visible here for many, many decades to come, so a little preparation and planning will be very worthwhile.

Presenter: Mr. Valentine H. Germann, Observing
Assistant, U. of Mo. Laws Observatory
Coordinator: Sheila L. Scott 573-821-0162
Asst. Coord.: LaiLin Wilson 573-690-7874

Cost: \$3

NUTRITION AND LONGEVITY

Time: 1:30 — 3:30 p.m.
Date: Thursday, March 7, 2024
Place: Health, Wellness & Nutrition Center LLC,
3234 W. Truman Blvd., first floor

Dr. Dianna Richardson will delve into the science of nutrition and its profound impact on aging and well-being. Explore dietary choices, superfoods, and meal-planning strategies that promote longevity and vitality. Gain practical insights into optimizing your diet to support a robust and active lifestyle well into your golden years.

Presenter: Dianna Richardson, N.D., Owner —
Health, Wellness & Nutrition Center
Coordinator: Tom Piper 573-230-5350
Asst. Coord. Mentha Bolton-Bakari 414-736-4555

Cost: \$3

MEMORIALS OF THE DEAD: PERSPECTIVES ON MUMMIFICATION

Time: 10:00 a.m. — 12 Noon
Date: Tuesday, March 12, 2024
Place: The LINC, 1299 Lafayette Street, Room 204

Death, and coping with death, are concerns people throughout time and space have had to address. Cross-culturally, mortuary patterns vary from the simple to the complex. Mummification practices fall within the latter category, as the act of preserving the dead is often also an act of memorialization.



In this class, Dr. Christine Boston will discuss various aspects of mummification, from the different types and methods of creating mummies found around the world, the meanings and motivations of mummification in the past, to why we study mummies, and how that information is used to better human cultures, biology, and more.

Presenter: Christine Elisabeth Boston, Ph.D.,
LU Associate Professor of Anthropology &
Sociology
Coordinator: Sheila L. Scott 573-821-0162
Asst. Coord.: Carol Ellinger 573-230-4319

Cost: \$3

SHOW-ME BEEKEEPERS ASSOCIATION

Time: 1:30 — 3:30 p.m.
 Date: Thursday, March 21, 2024
 Place: Clydesdale Room, Scheppers Distributing,
 2300 St. Marys Blvd.



Gail Severance and Adam Benne will discuss the essential skills and knowledge necessary to become a successful beekeeper. Discover the importance of honeybees in pollination, agriculture, and ecosystems. Learn about hive management, bee biology, and honey production. This class offers valuable insights into the art and science of beekeeping.



Presenters: Gail Severance, Apiary Manager,
 Hard Wood Hills Apiary
 Adam Benne, Owner, Benne’s Bees
 Coordinator: Tom Piper 573-230-5350
 Asst. Coord.: Pamela Kormann 573-680-0106

Cost: \$3

**DID YOU KNOW?
 “BLACK WALL STREET”**

Time: 1:30 — 3:30 p.m.
 Date: Tuesday, April 9, 2024
 Place: Catholic Charities, 1015 Edmonds Street

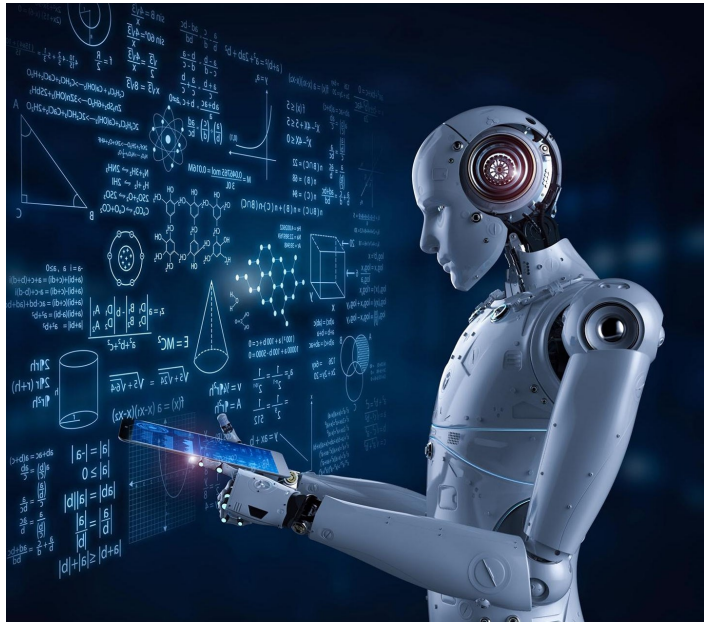
The Greenwood District in Tulsa, Oklahoma, was a thriving self-sufficient community known as the “Black Wall Street.”



But it went up in flames! We’ll explore the history of conditions that led to this situation.

Presenter: Mentha Bolton-Bakari, LIR Member
 Coordinator: Mentha Bolton-Bakari 414-736-4555
 Asst. Coord.: Chris Straub 573-230-6707

Cost: \$3



**TECHNOLOGY:
 ARTIFICIAL INTELLIGENCE**

Time: 1:30 — 3:30 p.m.
 Date: Thursday, April 11, 2024
 Place: Clydesdale Room, Scheppers Distributing,
 2300 St. Marys Blvd.

Gain an understanding of Artificial Intelligence principles, algorithms, and applications. Discover how AI is revolutionizing education, healthcare, finance, and technology. Develop practical skills in machine learning, neural networks, natural language processing, and more.

Presenter: Tom Piper, LIR Member
 Coordinator: Tom Piper 573-230-5350
 Asst. Coord.: Karen Sander 573-680-9045

Cost: \$3

FAMOUS MISSOURIANS, CHAPTER 4

Time: 1:30 — 3:30 p.m.
 Date: Tuesday, April 16, 2024
 Place: Clydesdale Room, Scheppers Distributing,
 2300 St. Marys Blvd.

Yes, there are definitely more famous Missourians! Come hear of more — the good, the bad, maybe even the ugly!

Presenters: LIR Members
 Coordinator: Tom Piper 573-230-5350
 Asst. Coord.: Carol Ellinger 573-230-4006

Cost: \$3



Walt Disney

Kevin Kline

TECHNOLOGY: VIDEO CALLING

Time: 1:30 — 3:30 p.m.
 Date: Thursday, April 18, 2024
 Place: Clydesdale Room, Scheppers Distributing,
 2300 St. Marys Blvd.

Learn the essential skills and techniques for phone calls, seamless online meetings, interviews, and virtual collaborations. Explore various video conferencing platforms, and discover tips for enhancing your presence, presentation, and engagement during virtual interactions.

Presenter: Tom Piper, LIR Member
 Coordinator: Tom Piper 573- 230-5350
 Asst. Coord.: Eunice Straub 573-230-6707

Cost: \$3

“FORGOTTEN SHADOWS” — MSP

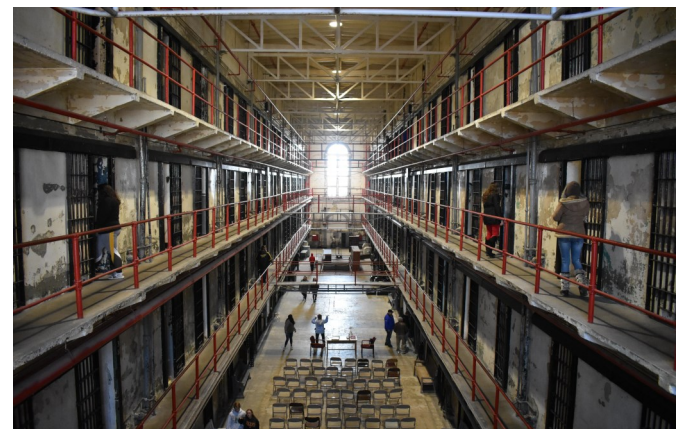
Time: 1:30 — 3:30 p.m.
 Date: Thursday, April 25, 2024
 Place: Center for Soy Innovation,
 734 S. Country Club Drive

The Missouri State Penitentiary was a prison in Jefferson City, Missouri, that operated from 1836 to 2004. It served as Missouri’s primary maximum security institution. Before it closed, it was the oldest operating penal facility west of the Mississippi River.

Our local MSP historian, Mark Schreiber, will talk to us about his latest book, *Forgotten Shadows*, published in 2023. The book focuses to a significant degree on prison labor and industrial development, and its relationships to Jefferson City. We will hear many familiar names and how they and their families contributed to Jefferson City industry, and their use of convict labor.

Presenter: Mark S. Schreiber,
 Former Deputy Warden of Operations,
 MSP/Jefferson City Correctional Center
 Coordinator: Karen Sander 573-680-9045
 Asst. Coord.: Tom Carr 573-230-0443

Cost: \$3



READING NONFICTION

Time: 1:30 — 3:30 p.m.
 Date: Monday, April 29, 2024
 Place: Knowles YMCA, 424 Stadium Blvd.,
 Knowles Annex

If you've ever read a newspaper or magazine, you've read nonfiction (although it may not seem like it)! We may or may not be reading any textbooks either... Nonfiction is a broad genre of writing that encompasses all books that aren't rooted in a fictional narrative.

Come join with members of our LIR Book Club to find out what sort of nonfiction we have read. Once again, you might learn of a topic or author that you could explore further.

Presenters: Members of the LIR Book Club
 Coordinator: Pamela Kormann 573-680-0106
 Asst. Coord.: Karen Sander 573-680-9045

Cost: \$3

MEMORIES OF LIFE DURING WW II

Time: 10:00 a.m. — 12 Noon
 Date: Thursday, May 2, 2024
 Place: Heisinger Bluffs Senior Living, 1002 West Main

World War II wasn't just battles. Life was changed. It was bombing, rationing, censorship, V-mail, war bonds, music — and more. The war began in 1939 in Europe, the United States entered in 1941, and the war ended in 1945. Some of those still with us share their memories of living during the war. Life during the incessant bombing of London, life on the home front, hearing from loved ones in the military, and using music to keep spirits up are part of memories shared, before we forget.

Presenters: John Carron — *Survivor of the London bombings*
 Carol Ellinger, Doris Stout, Deril Harms — *Growing up during the war*
 Connie Hubble — *Letters from her father to her mother, sent while serving in the military*
 Debra Walker and Kim Vogel — *The Boogie Woogie Babes*
 Coordinator: Carol Ellinger 573-230-4006
 Asst. Coord.: Sheila L. Scott 573-821-0162

Cost: \$3
 Limit: 50 enrollees

EYES ON THE MOVE — “MEXICO”

Time: 10:00 a.m. — 12 Noon
 Date: Thursday, May 9, 2024
 Place: El Puente - Hispanic Ministry,
 2709 Industrial Drive, Suite B

El Puente staff will engage us on an historical journey through ancient Mexico. Additionally, we will explore modern-day nuances that will challenge our long-held perceptions.

Presenters: El Puente Staff
 Coordinator: Mentha Bolton-Bakari 414-736-4555
 Asst. Coord.: Bill Gerling 573-220-4319

Cost: \$3

EATING UP MISSOURI!

Time: 1:30 — 3:30 p.m.
 Date: Wednesday, May 22, 2024
 Place: Clydesdale Room, Scheppers Distributing,
 2300 St. Marys Blvd.

We've all heard the expression, “You are what you eat.” Come and hear a program that provides a little variation on this theme. An overview of the history, the foods and the people that have made Missouri a place where no one leaves hungry. PLUS — as a special bonus — a cooking class will be included that features a few of Missouri's iconic dishes through time.

Presenter: Suzanne Corbett, Food Historian
 and Culinary Teacher
 Coordinator: Pamela Kormann, 573-680-8245
 Asst. Coord.: LaiLin Wilson 573-690-7874

Cost: \$3

